

272
HISTORIC
QUEEN
PICTURES

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FREE MAGAZINE

FEUDING ROYALS IN SHOW OF UNITY

By MATT WILKINSON, Royal Editor

PRINCES William and Harry and wives Kate and Meghan dramatically reunited yesterday in tribute to the Queen. The brothers put aside their differences as the four inspected flowers outside Windsor Castle. A royal source said: "It was an important show of unity for the Queen."

Full Story — Pages Two and Three

United in grief
... Princes and
wives yesterday

ALL 4 ONE



● CHARLES MADE KING ● FUNERAL DETAILS REVEALED ● 29 PAGES OF COVERAGE

ELIZABETH II: 1926-2022



ASTONISHING

Wills olive branch to Meg and Harry

PEACEMAKER William reunited with brother Harry in an astonishing show of unity for their beloved grandmother yesterday.

The Princes and their wives Kate and Meghan chatted warmly to crowds and marvelled at the sea of flowers for the Queen during an emotional 45-minute walkabout.

William's olive branch was delivered, and accepted, less than an hour before the "Fab Four" gathered outside Windsor Castle.

Only William and Kate – newly appointed Prince and Princess of Wales – were expected to meet the public from 4.30pm. But the walkabout was delayed until 5.15pm to include Harry and Meghan.

The brothers had barely spoken for 2½ years after the Sussexes left for the US. And it was the first time the couples have been seen in public as a foursome since Commonwealth Day in March 2020.

Yesterday shocked crowds cheered Harry, 37, and there were no boos for him or Meghan after the quartet stepped out on to the Long Walk.

A senior Palace source said: "The Prince of Wales invited the Duke and Duchess of Sussex to join him and the Princess of Wales earlier."

"The Prince of Wales thought it was an important show of unity for the Queen at an incredibly difficult time for the family."

But it is understood past wounds haven't fully healed, and the walkabout was more a temporary truce.

Well-wisher Winnie Davidge, 13, from Godalming, Surrey asked Harry: "Are you missing the Queen?" He replied: "The castle

By **MATT WILKINSON**, Royal Editor and **MIKE RIDLEY** and **ROB PATTINSON** in Windsor

feels so quiet. You can feel her presence in every room."

Harry told others in the crowd it was "a lonely place up there now without her".

Banita Ranow, 28, said she heard Kate tell children next to her about what her youngest son Louis, four, had said about the Queen's death.

She said Kate told them: "Louis said at least Granny is with great grandpa (Philip) now."

Ms Ranow said Kate was "welling up" as she spoke to the children. Her mother Baljinder Ranow, 64, said: "I felt so emotional. The Queen would have loved it. I just hope in the future they remain like that and that the brothers come together, and the families."

Crowds had queued for hours and crammed ten-deep at barriers in hope of seeing the royals.

The quartet initially appeared strained as they turned left through the gate to look at the thousands of flowers. As the crowd applauded, a nervous-looking Meghan, 41, held Harry's hand for reassurance.

Harry shook hands with four-year-old Emily Stamp from Molesey, Surrey, perched on the shoulders of her aunt Katherine Stamp.

Meghan told the little girl: "Thank you, sweetheart."

Mum Jacqui Carbery, 48, of Bourne End, Bucks, who spoke to William, said: "I told him I was so sorry for his family's loss."

"I told him his grandmother was such a remarkable woman."

"He said to me, 'It's difficult to put into words how much she meant to me and to everyone.'"

Retired nanny Diane Bishop, 54, from Twickenham, South West London, said: "Harry asked me my name which I felt a bit awkward about. After I said Diane, he just smiled and laughed."

"I shook hands with Meghan and asked her how the children were. She said they were doing great. To see them all together was such a shock. But hopefully it means they've now buried the hatchet."

At one stage Kate tenderly touched William's back, and Meghan did the same with Harry as they read heartfelt notes among the flowers.

William chatted cordially to Meghan and appeared to lead all four in waving goodbye to the crowds.

He told them: "Thank you everyone, thank you so much."

At 6pm the group got into a waiting vehicle with William heard asking Harry, "Are you coming in our car?"

Additional reporting: ANDY ROBINSON

Fab Four reunited
... Kate, William, Harry, Meghan arrive to greet well-wishers



A bond of brothers... chat yesterday

PRINCE OF

REUNION OF FEUDING ROYALS



It's a lonely place without her...we felt her presence in every room

— HARRY ON QUEEN



SO TOUCHING

Meghan and Harry support each other



KATE'S SUPPORT

Kate reassures William as he looks at messages from public



HUG FOR MEG

Well-wisher hugs the duchess on her walkabout in Windsor

PEACE

ELIZABETH II: 1926-2022



WILLIAM'S



A gran gesture . . .
William and his family
celebrate the Platinum
Jubilee with the Queen

Our life without Grannie

PRINCE OF WALES STATEMENT

“On Thursday, the world lost an extraordinary leader, whose commitment to the country, the Realms and the Commonwealth was absolute. So much will be said in the days ahead about the meaning of her historic reign.

I, however, have lost a grandmother. And while I will grieve her loss, I also feel incredibly grateful. I have had the benefit of The Queen's wisdom and reassurance into my fifth decade. My wife has had twenty years of her guidance and support. My three children have got to spend holidays with her and create memories that will last their whole lives.

She was by my side at my happiest moments. And she was by my side during the saddest days of my life. I knew this day would come, but it will be some time before the reality of life without Grannie will truly feel real.

I thank her for the kindness she showed my family and me. And I thank her on behalf of my generation for providing an example of service and dignity in public life that was from a different age, but always relevant to us all.

My grandmother famously said that grief was the price we pay for love. All of the sadness we will feel in the coming weeks will be testament to the love we felt for our extraordinary Queen. I will honour her memory by supporting my father, The King, in every way I can.”

Back in black
... Harry,
Meg, Kate and
Wills together
again for the
walkabout

PRINCE William last night paid tribute to the Queen by thanking “Grannie” for being by his side and supporting his young family.

The new Prince of Wales, 40, used the pet name as he hailed her as an “extraordinary leader” and praised her “service and dignity”. William, speaking for the first time since Her Majesty died, highlighted the crucial support she had given him, his wife Kate, now the Princess of Wales, and their children Prince George, nine, Princess Charlotte, seven, and four-year-old Prince Louis. He also recalled how

By **MICHAEL HAMILTON** and
MATT WILKINSON, Royal Editor

the Queen famously used the line “Grief is the price we pay for love” in a condolence message after the September 11 terror attacks. Today marks the 21st anniversary of the atrocities in the US.

A source said: “The Prince always referred to the Queen as ‘Grannie’. It was a term of great affection.”

William vowed to support his father, King Charles III, and spoke of his gratitude at having Her Majesty in his life.

In an emotional statement, issued by Kensington Palace, he said: “On Thursday, the world lost an extraordinary leader, whose commitment

to the country, the Realms and the Commonwealth was absolute.

“So much will be said in the days ahead about the meaning of her historic reign. I, however, have lost a grandmother. And while I will grieve her loss, I also feel incredibly grateful.

“I have had the benefit of the Queen's wisdom and reassurance into my fifth decade.

“My wife has had 20 years of her guidance and support. My three children have got to spend holidays with her and create memories that will last their whole lives.

“She was by my side at my happiest moments. And she was by my side during the saddest days of my life. I knew this day would come, but it will be some time

before the reality of life without Grannie will truly feel real.

“I thank her for the kindness she showed my family and me. And I thank her on behalf of my generation for providing an example of service and dignity in public life that was from a different age, but always relevant to us all.

“My grandmother famously said that grief was the price we pay for love. All of the sadness we will feel in the coming weeks will be testament to the love we felt for our extraordinary Queen.

“I will honour her memory by supporting my father, The King, in every way I can.”

William and the Queen had a special bond. He was only 15 when his mother Diana died, and he has

always praised the way his grandmother ensured he and Harry had time and space to mourn.

Speaking in 2017, he said: “At the time, you know, my grandmother wanted to protect her two grandsons, and my father as well.”

William and Kate, also 40, recently moved to Windsor, partly to be closer to the Queen, as he took on more of her duties.

Last night, he was hailed for his tribute after it was posted online.

One Twitter user, Barbara Flynt, said: “Such a heartfelt and sincere sentiment.”

Another tweeted: “We mourn with you and your lovely family and know that you and your father, our new King, will take forward the legacy of your grandmother

MOVING SALUTE TO QUEEN



Thank you for your kindness . . . Harry shakes the hands of well-wishers



Oh, boy . . . William greets child



Warmth . . . Meghan with little girl



Pleased to greet you . . . Kate's spirits are lifted by a group of young fans

and serve the realm in a way that would make her proud." Prince William's statement came after the King made a moving first address to the nation on Friday night.

The new King pledged his life-long service to the nation and spoke of losing his "darling Mama". King Charles also confirmed that William and Kate would be the Prince and Princess of Wales.

He said of William: "I am proud to create him Prince of Wales."

"With Catherine beside him, our new Prince and Princess of Wales will, I know, continue to inspire and lead our national conversations."

Additional reporting: Stephen Moyes, Isaac Crowson and Amir Razavi
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MOST INCREDIBLE REUNION

IN death, the Queen appeared to do the impossible by bringing brothers William and Harry back together.

When they emerged from the same vehicle for a walkabout in Windsor, accompanied by their wives, a nation held its breath.

It was the most incredible reunion I have ever seen. The warring brothers appeared united in grief.

It would have been a huge comfort to the Queen who, at times, appeared to be the only thread tethering Harry to his family. They have



By
INGRID SEWARD
Editor-in-Chief Majesty mag

been thrust together and until the funeral the two boys will surely rub shoulders more than once.

There is no way William, Harry, Catherine or Meghan will allow anyone to see between the gaps they so carefully papered over yesterday.

Is it fantasy to imagine that emotions will be running so high the

brothers could become friends again? Everyone would like to see hugs all round, amid the tears, as they decide to bury their differences for their grandmother. How nice it would be to see Archie and Lilibet playing with their English cousins.

It may not be a fantasy, as grief does bring families together. And it might have been one of the Queen's fervent last wishes that her family be reunited. But King Charles will have no time to deal with spats between his sons. It was William

who invited the Sussexes to Windsor — a touching and generous gesture.

William knows his father needs all the support he can give and would so like to begin his reign without the family scandals and unpleasantness they have dealt with since that interview with Oprah Winfrey.

But Harry has to co-operate, too, if this is to work. William has offered an olive branch. His father has offered an olive branch. It is now Harry's turn. In death there is life and in life there may be forgiveness.

ELIZABETH II: 1926-2022



NEW HEAD

ALL HAIL T



PERSONAL ADDRESS

“I, Charles III by the grace of God of the United Kingdom of Great Britain and Northern Ireland and of my other realms and territories, King, Defender of the Faith, do faithfully promise and swear that I shall inviolably maintain and preserve the settlement of the true protestant religion”

By **MATT WILKINSON**, Royal Editor, and **ELEANOR SHARPLES**

HISTORY was made yesterday as Charles was proclaimed King in the first TV ceremony of its kind.

The secret rituals of the 419-year-old Accession Council ceremony were broadcast for the first time.

The proclamation was followed by three cheers by the King's Guard outside St James's Palace, and a rendition of God Save the King.

As he was formally declared King Charles III at the palace, the new monarch described the late Queen's reign as “unequalled in its duration, its dedication and its devotion”.

And he praised Queen Consort Camilla, saying he was “profoundly encouraged by the constant support of my beloved wife”.

Two cameras captured the ceremony. A hushed silence fell in the 486-year-old palace as the new King entered the Throne Room with his son William, the new Prince of Wales, and Camilla.

Lord President of the Privy Council Penny Mordaunt opened the proceedings.

The King, 73, then paid tribute to his mother and the “irreparable loss we have all suffered”.

He said: “It is the greatest consolation to me to know of the sympathy expressed by so many to my sister and brothers, and that such overwhelming affection and support should be extended to our whole family in our loss.”

“To all of us as a family, as to this kingdom and the wider family of nations of which it is a part, my mother gave an example of lifelong love and of selfless service.”

“My mother's reign was unequalled in its duration, its dedication and its devotion. Even as we grieve, we give thanks for this most faithful life.”

“I am deeply aware of this great inheritance and of the duties and heavy responsibilities of sovereignty which have now passed to me.”

He added: “In taking up these responsibilities, I shall strive to follow the inspiring example I have been set in upholding constitutional government and to seek the peace, harmony and prosperity of the peoples of these islands and of the Commonwealth realms and territories throughout the world.”

“In this purpose, I know that I shall be upheld by the affection and loyalty of the peoples whose sovereign I have been called upon to be, and that in the discharge of these duties I will be guided by the counsel of their elected parliaments.”

“In all this, I am profoundly encouraged by the constant support of my beloved wife.”

“I take this opportunity to confirm my willingness and intention to continue the tradition of surrendering the hereditary revenues, including the Crown Estate, to my Government for the benefit of all, in return for the Sovereign Grant, which supports my official duties as head of state and head of nation.”

“And in carrying out the heavy task that has been laid upon me, and to which I now dedicate what remains to me of my life, I pray

● **Charles is proclaimed monarch in historic act**

● **Millions see secret rituals for first time**



Sign heir . . . Charles signs declaration which confirms he is King. Inset, grimace over pens

OF STATE CONFIRMED ON TV

HE KING

Support . . . the King, taking oath with bible in his hand, joined by Prince of Wales and Queen Consort, right,



On his metal . . . King's CR tie pin

for the guidance and help of Almighty God."

For the first time he used a new signature for the declaration – writing Charles R – and wore a tie pin with the initials "CR".

At one stage he grimaced and asked an aide to remove a tray of pens to give him more room.

More than 200 privy councillors witnessed the declaration. Among them were six former Prime Ministers: Sir John Major, Sir Tony Blair, Gordon Brown, David

Cameron, Theresa May and Boris Johnson. New PM Liz Truss stood at the head of the council with Camilla, William, Archbishop of York Justin Welby and other figures.

Following convention, His Majesty did not attend the first part of the ceremony when the clerk of the council Richard Tilbrook read the proclamation.

He said: "Prince Charles Philip Arthur George is now, by the death of our late Sovereign of happy memory, become our only lawful and rightful

liege lord, Charles III." To publicly declare the new King, David White, Garter Principal King of Arms, read the proclamation of the new King from a balcony at St James's Palace.

After his personal declaration about the death of his mother the King took the oath to preserve the Church of Scotland – because in Scotland there is a division of powers between the Church and State.

Buckingham Palace confirmed he had declared: "I, Charles III, by the grace of God of the United Kingdom of Great Britain and Northern Ireland and of my other realms and territories, King, Defender of the Faith, do faithfully promise and swear that I shall inviolably

maintain and preserve the settlement of the true protestant religion as established by the laws made in Scotland in prosecution of the Claim of Right, and particularly by an Act intitled 'An Act for securing the Protestant Religion and Presbyterian Church Government' and by the Acts passed in the Parliament of both Kingdoms for Union of the two Kingdoms, together with the Government, worship, discipline, rights and privileges of the Church of Scotland."

In the palace's Friary Court, the national anthem was performed by the band of the Coldstream Guards alongside eight state trumpeters of the Household Cavalry, who stood on the balcony. Among those watch-

ing outside was construction worker Glen O'Connell, 39, from Kent. He said: "The ceremony was lovely and it was great to see a bit of British history and tradition in person."

A second proclamation was read out at the Royal Exchange in the City of London, and further ones will be made in Scotland, Northern Ireland and Wales today.

King Charles was also officially announced as the monarch of Commonwealth country Canada in a ceremony in Ottawa.

Flags were flown at full mast on public buildings yesterday to mark Charles becoming King. They will return to half-mast today to continue to mark the Queen's death.

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Praised . . . Queen



ELIZABETH II: 1926-2022

6 EX-PMs AT



Proclaimed King... Charles at the historic gathering

TONY BLAIR
1997-2007

GORDON BROWN
2007-2010

BORIS JOHNSON
2019-2022

DAVID CAMERON
2010-2016

Familiar faces... former PMs at the ceremony yesterday

By PAUL SIMS

CHARLES was yesterday formally proclaimed as King in a centuries-old ceremony — which showed just how long his mother had reigned.

The Accession Council performed the ritual but no one who attended its last meeting in 1952 to place the Queen on the throne is alive today.

The ceremony has been shrouded in secrecy for more than 400 years. But the pomp was laid bare in fascinating detail on live TV.

The Accession Council was first formed in 1603, when Elizabeth I died without a child.

It has met just 21 times since — and always in private — to proclaim formally a new sovereign.

Seventy years ago the privy councillors — the most senior advisers to the monarch — included only what were termed "Principal Gentlemen of Quality". No women were among them.

Yesterday, all six of the former prime ministers who are still alive were joined by archbishops, lords of the realm and scores of other high-ranking dignitaries.

They assembled within the Picture Gallery at St James's Palace — as the sombre ceremony began on the dot of 10am before finishing in the Throne Room.

Moments after members cried "God Save the King", His Majesty signed the official oath Charles R from a silver inkpot touchingly gifted to him by his sons, Princes William and Harry.

TV historian Professor Kate Williams said: "We were given a front row seat on history."

"These may seem like archaic formalities but they are extremely important. And to see it take place for the very first time, it's something quite special."

"What a historic moment. No one has ever seen this before — unless they were actually in the room."

"This was a meeting of different ages — the ancient and the modern."

"The archaic words of the proclamation were heard and then transmitted on rolling news channels and across social media."

Traditionally, all members of the Privy Council are summoned to the accession ceremony. But their numbers swelled from 175 to more than 700 during Queen Elizabeth's reign.

Following a review, a letter was sent to all members in early 2022 informing them that attendance had been significantly scaled back — and that their presence was far from guaranteed.

Only 200 were invited.

Hat... Rees-Mogg yesterday

with priority given to current Cabinet ministers, former PMs and senior judges, as well as the Archbishops of Canterbury and York. Others had to enter a ballot for one of the remaining 50 seats.

Ex-PMs Boris Johnson, Theresa May, David Cameron, Gordon Brown, Tony Blair and John Major took centre stage, standing side by side in the front row.

Labour leader Sir Keir Starmer was also among the dignitaries — but his hard left republican predecessor

Jeremy Corbyn was invited but failed to attend. The

newly appointed Business Secretary, Jacob Rees-Mogg, was seen leaving the event wearing a top hat.

Those present watched intently as the Queen Consort and then Prince William followed Liz Truss into the Picture Gallery.

Penny Mordaunt, appointed Leader of the House of Commons when Ms Truss became PM only last week, also inherited the role of Lord President of the Council.

However, owing to her failing health, the Queen was unable to formalise the appointment at the privy council — thereby creating a constitutional conundrum.

As a result, Miss Mordaunt began the meeting as acting Lord President. In line with tradition she

opened the meeting with the words: "My Lords, it is my sad duty to inform you that her most gracious Queen Elizabeth II has passed away on Thursday, September 8, 2022, at Balmoral Castle."

Prince William and the Queen Consort watched on a few feet away as the meeting progressed, as tradition dictates, initially without the King.

They were joined by the Archbishop of Canterbury, the Lord Chancellor, the Archbishop of York, the Prime Minister, the Lord Privy Seal, the Lord Great Chamberlain and the Earl Marshal.

Miss Mordaunt handed over to the clerk who read the proclamation aloud. During the 40-minute

ceremony the King pledged to be "defender of the faith" and acknowledge "all faith".

Appearing at the balcony above Friary Court in St James's Palace, the Garter Principal King of Arms, David White, shouted out the 197-word proclamation.

He finished with a shout of "God Save the King". It was echoed by gathered royals, including the Duke of Kent, 86, along with the household staff and public, as the state trumpeters sounded the royal salute.

Applause and cheers broke out outside St James's Palace before a crowd of thousands sang the chorus of the National Anthem and gave three cheers for the new monarch.

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Inside ancient chamber of royal secrets

FIRST MONARCH SIGN-IN FOR 70YRS



START OF CHARLES REIGN

THERESA MAY
2016-2019

JOHN MAJOR
1990-1997



Document ... PM Liz Truss signs as Prince William and Camilla, the Queen Consort, look on



Official ... William signs the proclamation



Ceremony ... Penny Mordaunt at the table

VIP TREAT IN HEAT

OUTSIDE it was cold and threatening rain. But it was stiflingly hot inside the St James's Palace Throne Room.

Six former PMs, awestruck politicians, archbishops and aristocrats jockeyed for position to see Charles III proclaimed king.

They were the lucky 200 privy councillors — whittled down from 700 — to be in the room.

One of those present, former Tory leader Iain Duncan Smith,

By KATE FERGUSON

said: "It is remarkable to be part of history. Some may think it is archaic, all this ritual and ceremony."

"There are a lot of important people in that room but for that morning they were not important. All of us were just swearing allegiance to the King."

Lib Dem leader Sir Ed Davey wept when Charles III was pro-

claimed King. He said: "You could hear a pin drop. There was such a sense of history."

"I thought of my own family, my grandfather who fought in the war, and what the Royal Family meant to them."

Former Tory minister Theresa Villiers added: "It was one of the greatest privileges of my life. But I was worried someone was going to keel over in the hot room — possibly me."

THE CITY PROCLAMATION



Trumpet fanfare ... Clarenceux King of Arms, right, after the reading

THE PROCLAIMERS

THOUSANDS cheered and shouts of "God save the King" were heard after the first readings proclaiming Charles' accession to the throne.

Coldstream Guards stood to attention as the first Accession Proclamation was read from the Friar Court balcony of St James's Palace at 11am.

An hour later, Timothy Duke, the

By ELEANOR SHARPLES

Clarenceux King of Arms, read the second in front of dignitaries and crowds outside the City of London's Royal Exchange.

Further proclamations will be read across England, Scotland, Northern Ireland and Wales today.

ST.JAMES'S PALACE PROCLAMATION



Hats off ... Coldstream Guards join in three cheers for the new King

ELIZABETH II: 1926-2022



EMOTIONAL

Smiling through . . . Princess Beatrice, Lady Louise, Sophie Wessex, Peter Phillips, Prince Andrew, Zara Tindall and Prince Edward at Balmoral

Grief is the price they're paying for love

● ROYALS WEEP AS THEY SEE MESSAGES



Hard to bear . . . an emotional Sophie and Princess Eugenie, left

THE Queen's grief-stricken granddaughters wept yesterday as they read floral tributes on a walkabout at Balmoral.

Heartbroken Zara Tindall, 41, was overcome with emotion while Princess Eugenie, 32, was comforted by her dad Prince Andrew.

Their grief stirred memories of a line the Queen used after the 9/11 terror attacks in the US when she said: "Grief is the price they pay for love."

Prince William referred to her use of those words in his own tribute yesterday.

The royals, including Princess Anne, Princes Andrew and Edward and his wife Sophie, spoke to crowds after they attended a prayer service at Crathie Kirk

By **OLIVER HARVEY** and **RYAN PARRY**, at Balmoral, and **ROBIN PERRIE**

— a church often visited by The Queen. It was the first time they had been seen together in public since the Queen's death on Thursday.

Grief was etched on the face of Prince Andrew — often described as the Queen's favourite son. He told mourners at the gates of Balmoral: "We've been allowed one day. Tomorrow, we start the process of handing her on."

Looking drawn and pale, the Duke of York, 62, then hugged weeping Eugenie as she viewed floral tributes left at the estate's wrought-iron gates.

The Duke, banished from royal duties in disgrace, waved to the crowds, which prompted his fellow royals to follow suit. Well-wishers then broke out in a

MOMENTS AT WALKABOUT



Loving memories... Princess Anne reads tributes with son Peter and tearful daughter Zara. Inset, sad Anne

PRINCE ANDREW COMFORTS EUGENIE



Comfort... Prince Andrew gives daughter Eugenie a helping hand

FLORAL TRIBUTES SWAMP BALMORAL



Bunches of love... flowers outside the gates of Balmoral

spontaneous round of applause. Andrew clasped his hands together as if in prayer as a gesture of thanks to those paying their respects.

John Coutts, 49, from Aberdeen, said: "At the end of the day, it is his mum and he is quite entitled to grieve along with everyone else."

The Duke had arrived with family members including older sister Anne, 72, and brother Edward, 58, for the prayer service.

They were joined at the church by Edward's wife Sophie Wessex, 57, and Anne's husband, Vice Admiral Sir Tim Laurence, 67.

The Queen's grandchildren Peter Phillips, 44, and Zara, Princesses Beatrice, 34, and Eugenie and Edward and Sophie's daughter Lady Louise Windsor, 18, also attended.

After a 20-minute service, the royal party left their cars to walk across a bridge over the Dee and passed hundreds of mourners and tributes on their way back to the castle.

One tribute read: "A mother, a grandmother, a great grandmother, our Queen. Your job here is done. Rest easy." Another quoted a Robert Burns poem, *My Heart's In The Highlands*, before adding: "Our gracious noble Queen, rest in peace."

A child's hand-drawn image of the Queen was accompanied by the message: "Thank you Queen Elizabeth II for your service to our nation." One visitor left a copy of Michael Bond's book *Paddington At The Rainbow's End*, with a note saying: "One last story Ma'am. X"

Andrew paused to chat to Elaine

Rose, 59, from Nuneaton, Warks, telling her: "Thank you for coming."

Clutching flowers, Rose, on holiday in Inverness with husband Julian, 65, and son Marc, 34, replied: "I'm so sorry for your loss." Prince Andrew added: "You're so kind."

Jackie McIntosh, 69, travelled from Aberdeen with partner John Coutts, 49, and sister Aileen Mitchell, 66, to pay their respects.

Prince Andrew asked her: "Where have you come from? How long have you been waiting?"

Airport worker Jackie said: "It is very sad to see them."

The respectful crowd — standing behind metal barriers — also included Matthew Roland-Page, 25, who had come to Balmoral with his 18-month-old baby Ezra. Princess

Beatrice, who gave birth to daughter Sienna last September picked him out and commented on how well Ezra was behaving.

Matthew said: "She said he was being very patient and she wasn't sure her children necessarily would."

Meanwhile, Donna Crompton, 58, clutched Princess Eugenie's hand and patted her on the back after spotting her tearing up.

Donna had travelled more than 300 miles from Liverpool with husband Andy, 63, to pay her respects.

When she told Prince Edward, walking alongside wife Sophie, how far she had travelled, he replied: "Crikey, that's a long way!"

Donna said later: "Sophie was also noticeably upset. She said, 'Thank you for coming. It means a

lot.' Prince Edward learnt one group had come from Glasgow to show their support, and said: "Thank you very much for coming all that way, we appreciate it."

Earlier, crowds had queued to deliver tributes at the estate's entrance after taking shuttle buses from nearby Ballater. An army of council volunteers in high-vis vests ushered the mourners to the site.

Armed police stood guard at the gates and officers closed verges and side roads off the A93 which runs past the estate.

The royals had remained at Balmoral Castle after arriving on Thursday on news that the Queen was fading. They had spent Friday in "quiet reflection".

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ELIZABETH II: 1926-2022



DETAILS OF

4 DAYS LYING

By MATT WILKINSON, Royal Editor,
SCARLET HOWES and
ROBIN PERRIE

TEARFUL King Charles gave well-wishers a sombre wave outside Buckingham Palace yesterday — as it emerged the Queen will lie in state in London for four days.

The new monarch was visibly moved by the huge outpouring of public grief as thousands gathered to pay their respects to Her Majesty.

He admired tributes including a sea of flowers and balloons as he arrived back from a Privy Council meeting, at which he was officially declared King.

Cheers of "God Save The King" rang out as his car appeared.

And in a moving moment outside Clarence House — the royal residence he shares with Camilla — he told mourner Rabena Din of his mother's death: "These things happen and you don't expect it. I didn't expect it."

Rabena, 52, from Manchester, said: "I was surprised he was so candid with me. I told him I was sorry for his loss and to please accept my condolences."

"He said, 'That's very kind of you'. And then he stopped and looked at me and said although he knows these things happen, he didn't expect it to."

King Charles and his wife spent five minutes greeting well-wishers.

Billy Monckton and his family, who travelled from Crawley, West Sussex, spoke with Camilla.

She shook hands with his children Jacob, five, Joshua, seven, and two-year-old Freya.

Wife Bethany said: "Camilla and Charles made the effort to speak to people. It was overwhelming but worth the wait."

The scenes came as detailed funeral plans released last night revealed the Queen's final wishes for her own poignant send-off.

They included her casket lying in state at Westminster Hall, with a continuous vigil, until 6.30am on Monday September 19 — the day her funeral takes place at 11am.

Up to one million mourners are expected to file past the oak coffin after it arrives on a gun carriage on Wednesday, bearing the Imperial State Crown.

Last night, the Queen's casket remained in the ballroom at her Balmoral retreat, where she passed away on Thursday.

A Royal Standard and wreath of flowers had tenderly been placed on top. A senior official called it a "scene of quiet dignity", allowing royal staff to pay quiet respects.

At 10am this morning, six estate gamekeepers were due to carry the Queen's coffin to a waiting hearse, before it began a six-hour journey to Edinburgh.

Members of the public will be paying their respects along the route, before Her Majesty is received by a guard of honour at the Palace of Holyroodhouse.

The coffin is to be placed in the Throne Room, where it will stay until tomorrow afternoon.

Tomorrow from 2.35pm, the King and members of the Royal Family will follow on foot, with Camilla and other loved ones in cars, in a procession to St Giles' Cathedral.

The crown of Scotland will be placed in the coffin and a service will be held. The Queen will rest



One's comforted . . . Charles takes time to speak to mourners



Touching . . . Queen Consort Camilla shakes hands in London



Carpet of flowers . . . bouquets and balloons outside palace

there for 24 hours so people can pay respects amid continuous vigils by the Royal Company of Archers.

A 3pm service at the Edinburgh cathedral tomorrow will be attended by the King. In the evening, he and family members will mount their own vigil for the Queen's coffin at St Giles' at 7.20pm, before staying overnight.

Mourners from across the globe had already gathered in the Scots capital yesterday.

Thousands are expected to line the streets tomorrow to watch the procession as she is taken along the Royal Mile. The Highlanders, Royal Regiment of Scotland, and the Royal Company of Archers, the

monarch's bodyguard north of the border, will accompany her coffin.

Shalin Brough, 32, from Sri Lanka, laid flowers in the city and said a prayer. He added: "As much as anyone, the Queen made us feel welcome and allowed us to build a life here. She meant something to people around the world."

Chemist Donna Labayo, 26, of Vancouver, added: "People in Canada think so much of her. We like being in the Commonwealth."

"She was such a monumental figure and played a hugely important part in all our histories."

At 5pm on Tuesday, Her Majesty's coffin will be taken to Edinburgh Airport. An hour later, at 6pm, it is

● **Up to 1m people to file past coffin**

● **Charles tearful at public support**

to be flown by RAF aircraft to Northolt in London. The Queen will be accompanied by her only daughter, Princess Anne.

The casket is expected to arrive at 6.55pm in the capital and be carried to a state hearse with an RAF guard of honour, before departing for Buckingham Palace.

The King, Queen Consort and other royals will join in prayer as they watch the King's Guard and Grenadier Guards marking Her Majesty's final homecoming.

On Wednesday, the coffin will be adorned with the Imperial State Crown and a wreath of flowers.

At precisely 2.22pm, there will be a procession of royals and the cas-

ket will be taken by gun carriage to the Palace of Westminster.

The route will include The Mall, Horse Guards Parade, Whitehall and Parliament Square. Royal salutes, guns at Hyde Park and Big Ben's chimes will mark the journey, though the walk will be silent.

The full-scale state procession will be on the day of the funeral.

At 3pm the Queen's coffin will arrive at Westminster Hall and, after a short service, members of the Royal Family will return to Buckingham Palace by car.

Her Majesty's four days lying in state will then begin. The Palace was yesterday unable to confirm which members of the Royal

QUEEN FUNERAL REVEALED IN STATE



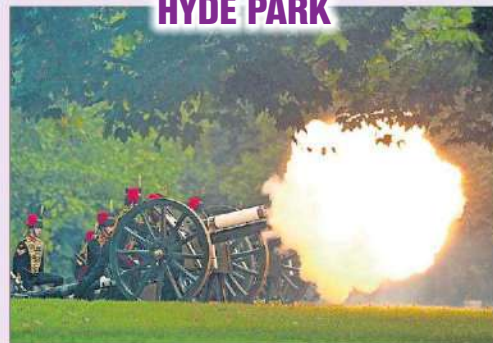
Misty-eyed . . . grieving Charles waves to huge crowd of wellwishers as he returns to Buckingham Palace in the Royal car



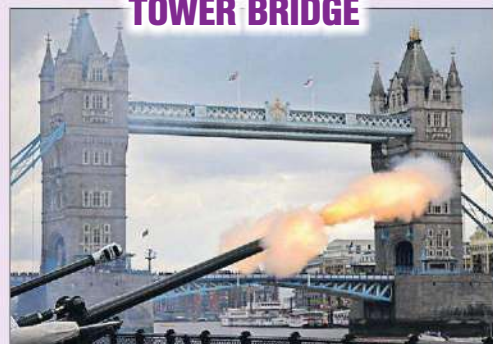
Family, including Harry and Meghan, will be in the processions. Earl Marshal Edward Fitzalan-Howard, the Duke of Norfolk, is responsible for the Queen's funeral. He said: "With colleagues from the Royal Household, Armed Forces, police and other institutions of church and state, we will carry out our duty with the heaviest hearts. "But also with the resolve to ensure a fitting farewell to one of the defining figures of our times. "We owe her the most heartfelt debt. I think we can in some way repay that in carrying out her last wishes in delivering for Her Majesty the Queen's state funeral."

matt.wilkinson@the-sun.co.uk

HYDE PARK



TOWER BRIDGE



GUNS FOR NEW KING

GUN salutes yesterday greeted the accession of King Charles III.

Sixty-two rounds were fired near Tower Bridge by the Honourable Artillery Company and 41 at Hyde Park.

Units at Edinburgh and Cardiff castles and at

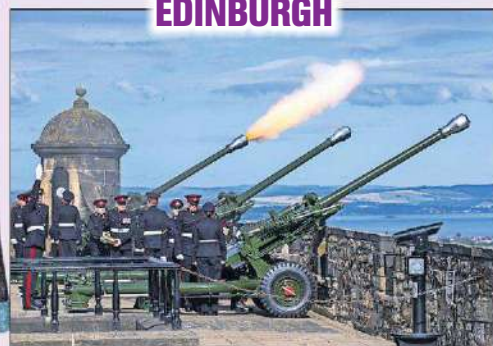
By LEN READ

Hillsborough in Belfast all fired a 21-round salute.

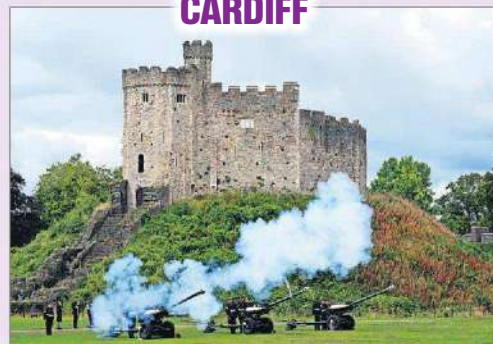
Royal Navy ships in the United Arab Emirates and Portugal also took part.

The salutes coincided with the official proclamation at St James' Palace.

EDINBURGH



CARDIFF



ELIZABETH II: 1926-2022



YOUR GUIDE

TODAY

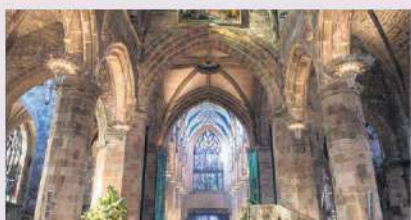
Palace of Holyroodhouse



The Queen's oak coffin, draped in a Royal Standard of Scotland, rests in the Ballroom at Balmoral Castle. At 10am, six of the estate's gamekeepers will carry it to a waiting hearse. It will travel 170 miles by road at just under 20mph to Holyroodhouse, Edinburgh, where it will lie in the Throne Room.

TOMORROW

St Giles' Cathedral



A 20-minute procession including King Charles and members of the Royal Family will convey the coffin at 2:35pm to St Giles' Cathedral, Edinburgh, where it will rest guarded by The Royal Company of Archers, so the people of Scotland can pay their respects. A vigil will be mounted by the King and Royal Family members at 7:20pm

TUESDAY

Buckingham Palace



At 6pm an RAF jet will fly the coffin from Edinburgh Airport to RAF Northolt, accompanied by Princess Anne. At 6:55pm the coffin will travel by road to Buckingham Palace, where it will lie in the Bow Room.

WEDNESDAY

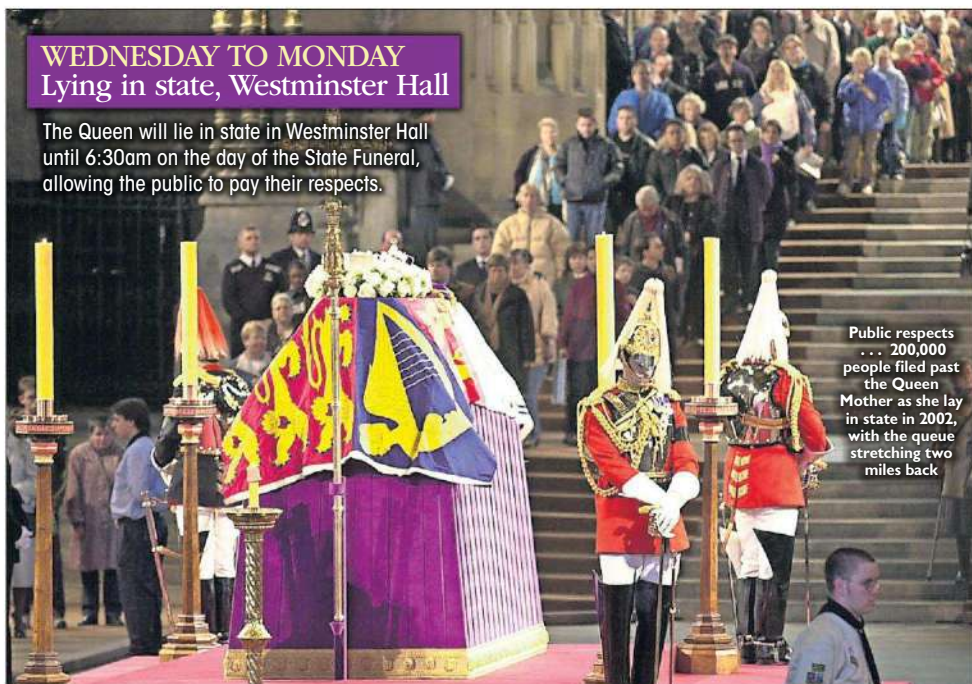
Westminster Hall

At 2:22pm the King's Troop Royal Horse Artillery will carry the coffin on a gun carriage to the Palace of Westminster, travelling via Queen's Gardens, The Mall, Horse Guards and Horse Guards Arch, Whitehall, Parliament Street, Parliament Square and New Palace Yard. The silent procession, without music, will be accompanied by gun salutes on the minute from Hyde Park. Big Ben will also toll. The Archbishop of Canterbury will conduct a short service assisted by the Dean of Westminster, attended by The King and members of the Royal Family.

Step by step, Her Majesty's 9-day journey to rest with her beloved Philip

WEDNESDAY TO MONDAY
Lying in state, Westminster Hall

The Queen will lie in state in Westminster Hall until 6:30am on the day of the State Funeral, allowing the public to pay their respects.



Public respects
... 200,000
people filed past
the Queen
Mother as she lay
in state in 2002,
with the queue
stretching two
miles back



TO STATE FUNERAL BUILD-UP

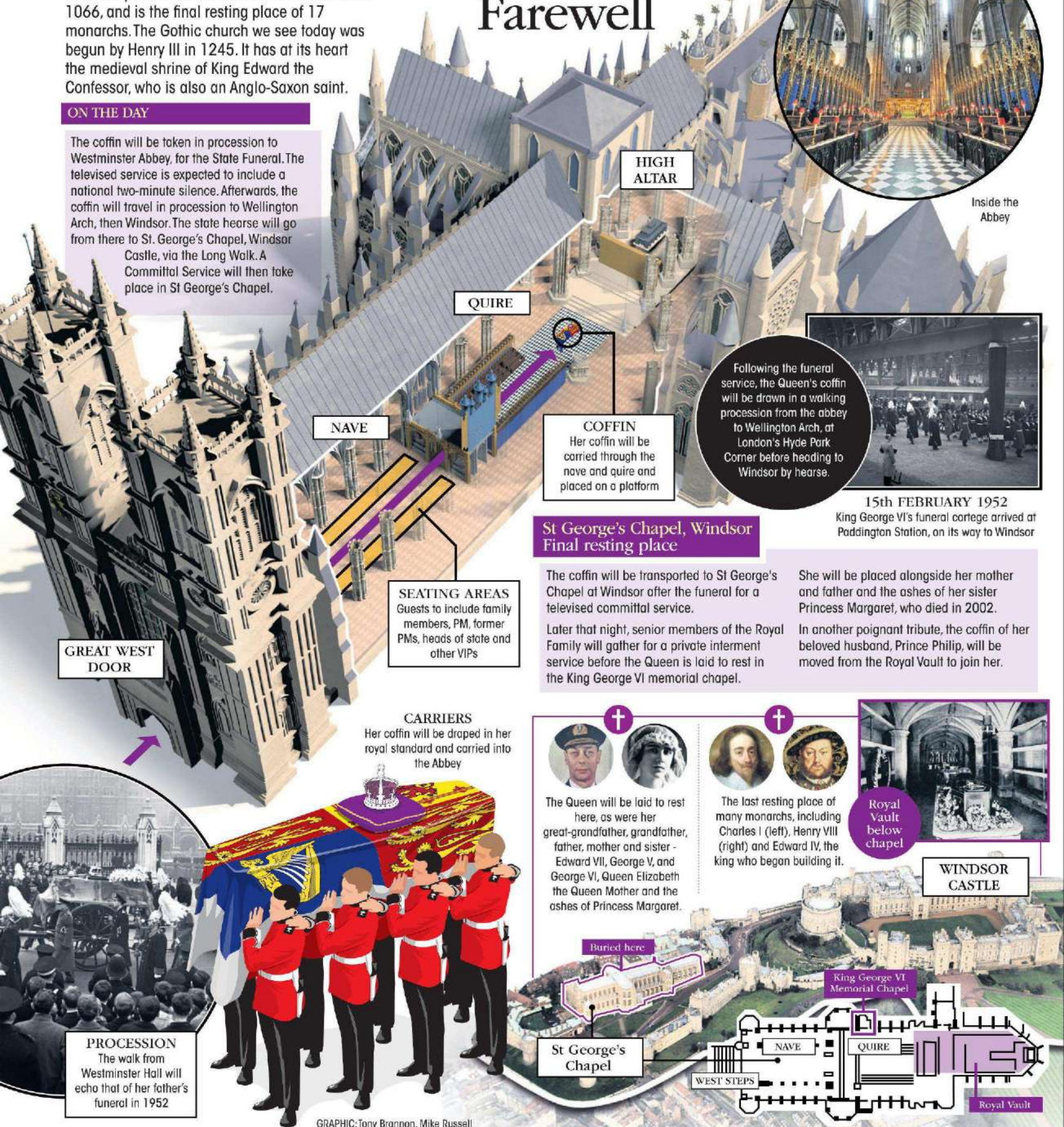
MONDAY SEPT 19 State Funeral, Westminster Abbey

The Abbey has been the coronation church since 1066, and is the final resting place of 17 monarchs. The Gothic church we see today was begun by Henry III in 1245. It has at its heart the medieval shrine of King Edward the Confessor, who is also an Anglo-Saxon saint.

ON THE DAY

The coffin will be taken in procession to Westminster Abbey, for the State Funeral. The televised service is expected to include a national two-minute silence. Afterwards, the coffin will travel in procession to Wellington Arch, then Windsor. The state hearse will go from there to St. George's Chapel, Windsor Castle, via the Long Walk. A Committal Service will then take place in St George's Chapel.

The Final Farewell



GREAT WEST DOOR

NAVE

QUIRE

HIGH ALTAR

COFFIN
Her coffin will be carried through the nave and quire and placed on a platform

SEATING AREAS
Guests to include family members, PM, former PMs, heads of state and other VIPs

CARRIERS
Her coffin will be draped in her royal standard and carried into the Abbey

Following the funeral service, the Queen's coffin will be drawn in a walking procession from the abbey to Wellington Arch, at London's Hyde Park Corner before heading to Windsor by hearse.

15th FEBRUARY 1952
King George VI's funeral cortege arrived at Paddington Station, on its way to Windsor

St George's Chapel, Windsor Final resting place

The coffin will be transported to St George's Chapel at Windsor after the funeral for a televised committal service.

Later that night, senior members of the Royal Family will gather for a private interment service before the Queen is laid to rest in the King George VI memorial chapel.

She will be placed alongside her mother and father and the ashes of her sister Princess Margaret, who died in 2002.

In another poignant tribute, the coffin of her beloved husband, Prince Philip, will be moved from the Royal Vault to join her.



The Queen will be laid to rest here, as were her great-grandfather, grandfather, father, mother and sister - Edward VII, George V, and George VI, Queen Elizabeth the Queen Mother and the ashes of Princess Margaret.



The last resting place of many monarchs, including Charles I (left), Henry VIII (right) and Edward IV, the king who began building it.



Royal Vault below chapel

WINDSOR CASTLE

Buried here

St George's Chapel

WEST STEPS

NAVE

QUIRE

Royal Vault

PROCESSION
The walk from Westminster Hall will echo that of her father's funeral in 1952

GRAPHIC: Tony Brannon, Mike Russell

ELIZABETH II: 1926-2022



RAF PLANE'S

ROYAL JET



Landed... senior royals in Aberdeen

EXCLUSIVE by MATT WILKINSON and MICHAEL HAMILTON

SENIOR royals faced a mysterious hour-long delay as they raced to be with the dying Queen.

Their RAF jet is at the centre of a riddle as it took off for Balmoral at 2.39pm on Thursday – but had been scheduled to leave at 1.30pm.

It was not clear what caused the last-minute hold-up but Princes William and Andrew, as well as Prince Edward and his wife, Sophie, were on board.

Prince Harry was not on the RAF Dassault Falcon – with experts suggesting it was down to fears of a constitutional crisis should it have crashed.

The Duke of Sussex had to make his own way to Scotland, arriving two hours after his grandmother died. He was said to be furious that he did not make it in time.

But royal watchers say aides did not want Harry and William to travel together in case they were both killed in a crash.

Constitutional expert and royal author Brian Hoey said: "There is a strong constitutional reason that William and Harry do not fly together – and that is to do with the line of succession."

"Royal aides have to consider everything, and this is very likely to have been a factor."

"While events happened very quickly, they have had years to plan for all eventualities."

"The speed of events caught everyone off-guard and could have affected travel plans – but it still would have been unwise for William and Harry to fly together. I don't think we will see them fly together again for constitutional reasons."

Today, The Sun on Sunday can detail the royals' frantic rush to be at the dying Queen's bedside.

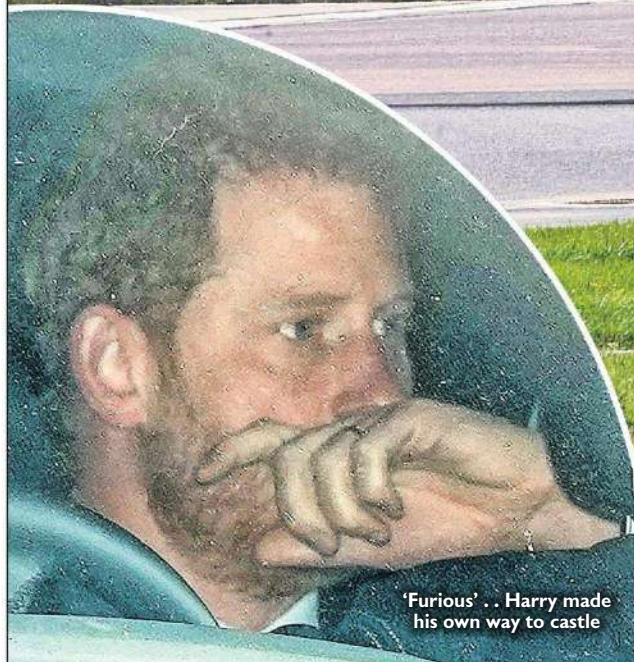
Health fears were first raised on Wednesday when doctors ordered the Queen to postpone her Privy Council meeting – 24 hours after raising herself to perform her final duty of swearing in new Prime Minister Liz Truss.

There was what insiders describe as a "flurry of activity" on the estate on Wednesday.

The Queen remained comfortable and was supervised by doctors who were on hand throughout the night.

Meanwhile, the Dassault Falcon flew into RAF Northolt from Benbecula, a tiny island in the

● **Extra 1hr airport delay**
● **Dash to dying Queen**



'Furious'... Harry made his own way to castle

Outer Hebrides, at 9.49pm. It was unclear why the plane had been there. It was made ready in case family members in London or Windsor needed to head north.

The insider added: "This was a common-sense move and meant it would be on stand-by if senior royals needed to move at short notice."

Princess Anne was already at Balmoral where she had a series of engagements.

On Thursday morning, Charles cancelled a string of meetings at Dumfries House in Ayrshire then jumped in a Balmoral-bound helicopter at 10.30am. His team also raced the 150 miles north. He

landed at about 11.30am shortly after Camilla, 75, cancelled a visit – planned for six months – to a cancer hospital.

Then an hour later, at 12.32pm, with rumours circulating, Buckingham Palace released its first statement of the day. It said: "Following further evaluation this morning, the Queen's doctors are concerned for Her Majesty's health and have recommended she remain under medical supervision."

"The Queen remains comfortable and at Balmoral."

The statement provoked a frantic family rush to be by her side.

A spokesman for William con-

firmed at about 12.46pm the prince was travelling to Balmoral.

He was seen leaving Windsor by car at about 1.10pm.

His wife Kate stayed at Adelaide Cottage to pick up their children, George, Charlotte and Louis from their first day at school.

Prince Andrew was seen in his Bentley in Windsor driving towards RAF Northolt at 1.30pm.

A spokesman later confirmed he was travelling to see his mother.

Five minutes later it was confirmed by the palace that the Earl and Countess of Wessex were also travelling to Scotland.

Flight records show the Dassault

Falcon RAF jet G-ZABH which landed the previous evening was due to take off at 1.30pm – but it stayed on the tarmac. At 1.50pm, the Sussexes announced that both Harry and wife Meghan would travel to see the Queen.

The RAF jet finally left Northolt at 2.39pm sending news crews scrambling to Aberdeen airport.

When it landed at 3.55pm only William, Andrew, Edward and Sophie emerged down the steps – and the party sped off on the hour-long drive through the Highlands to Balmoral.

At 4.40pm the Sussexes confirmed that only Harry would travel

HOW IT ALL UNFOLDED

WEDNESDAY

- 6pm Statement that Queen is too ill for Privy Council meeting
- 9:49pm Empty Royal flight lands at RAF Northolt

THURSDAY

- 10:30am Charles gets in helicopter from Dumfries House to Balmoral
- 11:00am Camilla cancels her engagement in Airdrie
- 12:32pm Palace statement on "medical concerns"
- 1:30pm Royal flight was due to leave Northolt
- 1:10pm & 1.30pm William and Andrew separately leave Windsor
- 1:50pm Sussexes announce that both Harry and Meghan will be travelling to Balmoral
- 2:39pm Royal flight leaves Northolt with Andrew, Edward, Sophie and Wills
- 3:55pm Royal flight lands in Aberdeen
- 4:30pm Prime Minister Liz Truss is told Queen has died
- 4:40pm Sussexes do a reverse and say it's just Harry travelling
- 5:00pm Wills, Andy, and Wessexes arrive by car at Balmoral
- 5:35pm It is believed Harry gets a private jet from Luton Airport
- 6:32pm Palace statement confirming the death of Queen
- 6:46pm Harry's plane lands
- 8:00pm Harry arrives at Balmoral

WAIT FOR SENIOR ROYALS

RIDDLE

● **Still left without Harry**
 ● **Ban on travel with Wills**

Take-off ... royals finally leave
 Northolt in jet — minus Harry



Windsor rainbow ... as death announced

JOIN IN OUR TEA TOWEL CONTEST FOR KIDS

TODAY we are launching the Queen Elizabeth II Commemorative Tea Towel Competition for children under 16.

When the news of the Queen's death broke, rainbows appeared at Balmoral, Windsor and Buckingham Palace.

Now youngsters can create artwork of the rainbows and our monarch. The winning design will be printed on 250 tea towels for Sun on Sunday readers to win.

Email TEA TOWEL to sundayfeatures@the-sun.co.uk by September 16 with an attachment of your child's art and say, in fewer than 200 words, what the Queen meant to them. Include full name, address and phone number.



Frantic rush ... William and Andrew reach Balmoral

St James's Palace exit
 ... William yesterday



Knocked on the hives ... John Chapple

BEES ARE TOLD SHE HAS DIED

By ISAAC CROWSON

THE Queen's bees have been informed of her death as part of a centuries-old tradition.

Royal beekeeper John Chapple, 79, also placed black ribbons in a bow on hives at Buckingham Palace and Clarence House and told them to be good to new master King Charles.

Mr Chapple said: "It's all very upsetting. I had to tell them there was a death in the family. I knocked on each hive and told them."

The bizarre ritual is underpinned by an old superstition that not to tell them would lead to the bees not producing honey or leaving the hive.

to Scotland and Meghan was staying behind.

The US-based couple were at Frogmore Cottage after flying in for a string of charity engagements.

The couple began the week in Dusseldorf, Germany, to mark the one-year countdown to the 2023 Invictus Games in the city.

Harry rushed back to the UK after hearing of the Queen's faltering health. He and Meghan had been due to attend the WellChild Awards in London on Thursday night, with Harry giving a speech, but cancelled their appearance.

The event went ahead in his absence. A source told The Sun on

Sunday: "Charles had already been to see the Queen after his helicopter landed in the morning.

"The family were alerted and started heading to Scotland.

"Harry has insisted that Meghan came with him but it didn't go down too well.

"Harry was told he had to find his own way to Scotland. He could not get the flight with William, Andrew, Edward and Sophie."

Another source said: "Harry was left fuming."

It was understood that Charles told Harry it was not appropriate for Meghan to be with the Queen.

It is believed that Harry finally

got airborne on a private Cessna jet from Luton Airport at 5.35pm.

The flight was delayed — it was due to land at 6.29pm but touched down only at 6.46pm. Buckingham Palace had announced the Queen's death to the world at 6.32pm.

A shattered-looking Harry was seen being driven in the rain into Balmoral nearly two hours late shortly before 8pm.

He was the first royal to leave on Friday morning and he sat in business class on a BA flight back to Heathrow later that morning.

matt.wilkinson@the-sun.co.uk

Mourned ... Her Majesty



ELIZABETH II: 1926-2022



NEWBIES IN



AFTER an apprenticeship lasting more than 70 years, Charles III was yesterday proclaimed King amid pomp and solemnity.

Since birth, it has been his destiny to one day lead this country.

Charles is the oldest person ever to assume the throne.

But as yesterday's accession ceremony highlighted, the sense of permanence offered by our Royal Family is unrivalled. Charles knows the monarchy must always face the future in order to maintain its precious role.

The death of the Queen has left a gaping hole – 80 per cent of our population have known no other monarch.

It comes just as families face an assault on living standards as a result of soaring inflation. And Liz Truss's bold freeze on

rampant energy

prices must one day

be paid back. There

is also the matter of

Putin's despotic

invasion of Ukraine.

Our new King

must remember

that whenever the

United Kingdom

was at a low ebb,

the Queen was

always there for us.

No one will forget

her address during

the darkest hour of

the pandemic. With

four simple words,

"We will meet

again", she gave us

hope in a way no

elected politician –

not even Boris at his

best – could do. Put

simply, we trusted

the Queen – she

had an instinctive

understanding of the nation. As the King said yesterday, her reign was unequalled in duration, dedication and devotion.

After the mourning is over Charles has to show he can provide the same inspiration and empathy as his "darling Mama".

The signs are promising. His Prince's Trust charity has transformed the lives of thousands of disadvantaged youngsters.

He has proved passionate and intelligent about causes close to his heart and is not afraid to speak out. And he is fortunate to be supported by Queen Consort Camilla, a wise and generous influence.

The new King will have to forge a strong relationship with novice PM Liz Truss.

He must also ensure that William, now the Prince of Wales, is fully prepared to one day step into his shoes.

We wish the new King every blessing as he begins his daunting task in a world unrecognisable from when there was last a change on the throne.

If he does half as good a job as his mum, our nation will be in safe hands.



NEW GROUND... the King with the PM meets Foreign Secretary James Cleverly and Defence Secretary Ben Wallace at the Palace yesterday



COMFORT... PM offers a supporting hand at her first audience with the King on Friday

"The gaze of the world is on them. How will the King follow in his mother's great footsteps? Will the PM capture the spirit of a grieving nation?"

"They are both in very lonely roles. As PM, you are surrounded by critics and political rivals. Charles and Liz will be a great support to each other"



SMILES... Tony Blair with the Queen in 2002, and inset, his 'People's Princess' speech

LIZ TRUSS had been PM for less than three days when she got the call she – and the country – had been dreading.

Queen Elizabeth II was dead. Yesterday, her son Charles was sworn in as our new King.

In less than a week we have a new Prime Minister and a new monarch. It is a constitutional upheaval unknown in modern times.

Among the tears and tributes to a lost Queen, a new national identity will start to be forged. And the relationship between King Charles III and Prime Minister Truss will play a crucial role.

The PM was in her House of Commons office on Thursday morning, prepping for her cost of living bailout debate, when told the Queen's death was "imminent".

Insiders said the mood was one of "shock, sadness and incredulity".

She delivered her bailout speech but hurried out of the debate early and, in preparation for the worst, wrote her tribute speech with aides.

It was 4.30pm when she got the call confirming the Queen's death.

A week tomorrow the globe's most powerful leaders will arrive in London for the Queen's funeral.

Princes and princesses will dust off their jewels. Prime Ministers, presidents and sultans will disembark from their private jets. It is expected to be the biggest gathering of world leaders the globe has ever seen.

The full gaze of the world will be on Charles and Ms Truss. How will the new King follow in his mother's great footsteps? Will the new Prime Minister capture the spirit of her grieving nation?

On Friday we were given a little glimpse of this new, fledgling partnership, a peek behind the constitutional curtain, when cameras were allowed to capture the opening moments of the PM's first audience with the King.

Lean into each other

In a rare, candid exchange, he admitted the Queen's death was the "moment I had been dreading".

Yet striking the same determined spirit to keep calm and carry on his mother had shown, he summoned a smile and added: "But we'll try to keep everything going."

Queen Elizabeth II's death has turned the country – and politics – on its head. The Government's £50billion cost of living bailout package, the biggest in our history, has been sidelined and plans for a policy blitz shelved.

Instead, the fresh-faced No10 team is entirely focused on helping their boss navigate this moment of upheaval. In a nod to these stormy waters, during an emotional tribute in Parliament on Friday, the PM said that "in an instant... our lives changed for ever" with the Queen's death. Her head bowed and voice sombre, she said Britain must "show the world we do not fear what lies ahead" and "offer loyal service to our new King".

She went on: "The British people, the Commonwealth and all of us in this House will support him as he takes our country forward to a new era of hope and progress, our new Carolean age."

Robert Hazell, a professor of constitutional history at University College London, said that as two newbies, King Charles and Prime Minister Truss will be a "great support to each other".

He explained: "It is likely that both being new to their roles, they will lean into each other."

"It is well known that being Prime Minister is a very lonely job because you are surrounded by critics and political rivals and it is hard to trust people. It is less well known that being a monarch is also a very lonely role."

Central to this relationship will be the PM's weekly audiences with the monarch. Shrouded in secrecy and usually held at Buckingham Palace, it is just the monarch and their Premier. During her 70-year reign, the Queen welcomed 15

BRITAIN'S TOP TWO JOBS

WAY AHEAD . . . the King and the Prime Minister at Buckingham Palace yesterday

Charles and Liz can forge our new national identity



By **KATE FERGUSON**

Sun on Sunday Political Editor

Prime Ministers to these audiences, starting with Sir Winston Churchill and ending with Ms Truss.

Recalling his, Sir John Major told the BBC: "There was a great deal of amusement in, there was a great deal of humour, there was a bit of gossip." He added: "There was always a wise word to be had, and those meetings with the Queen were one of the better parts of a Prime Minister's week."

Now it is Charles III's time to hold these audiences and invite his

PM to unburden herself . . . and Ms Truss has much to unburden – the cost of living crisis, strikes, Ukraine and the SNP's threat to tear apart the union of the UK.

The pair will work together as soon as next week as they tour Scotland, Northern Ireland and Wales in the period of national mourning.

Theresa May's former chief of staff, Gavin Barwell, said the days and weeks ahead will be a big test for the PM. It will spark

comparisons with Tony Blair, in the job for just four months when Britain was rocked by Princess Diana's death.

In a famous speech before a church service in his Sedgefield constituency, Mr Blair hailed her "The People's Princess", a phrase which resonated with the nation.

Mr Barwell said: "When Princess Diana died, Tony Blair captured that zeitgeist. Liz Truss's team will be trying to ensure she strikes the right tone. I think she has."

OATH OF PM



DRESSED in mourning black, Liz Truss clutches the Bible and pledges her loyalty to Britain's new monarch.

The PM and ministers swore a new oath of allegiance to King Charles III yesterday, saying: "I . . . swear by almighty God that I will be faithful and bear true allegiance to His Majesty King Charles III, his heirs and successors, according to law. So help me God."

Ms Truss and her senior ministers later met for a private audience with the King.

ELIZABETH II: 1926-2022



FAREWELL



BULLDOG SPIRIT ... with Churchill, 1952



Y'ALL MAJESTY ... Queen and JFK, 1961

THIS country will be haunted for ever by the image of Queen Elizabeth II greeting her 15th Prime Minister.

It is all there, isn't it? Her Majesty's stoicism, her quiet courage, her decency, restraint and good manners, the amused glint in her eye.

In that image of the Queen shaking hands with Liz Truss we are witness to an entire lifetime devoted to service to her country. We are looking at history.

Her first Prime Minister was Winston Churchill and her last was our – and her – third female Prime Minister.

She embodied such a huge part of our national story. Most of her subjects had no memory of when she was not on the throne.

Now our country without her is unimaginable.

In that photograph you see a life dedicated to doing what was expected of her.

At 96, and in fast-failing health, what other head of state in the world would have made the time to do the right thing and officially meet her new Prime Minister?

Answer – none.

Because the Queen could have quietly delegated saying goodbye to Boris Johnson and saying hello to Liz Truss.

This courageous woman – almost 20 years older than doddery old US President Joe Biden – could have asked her son Charles or her grandson William, those future kings, to do the honours.

Nobody would have raised an eyebrow. Nobody would have thought any the less of her.

But it was not her way. And it was not the way of her generation.

For Queen Elizabeth was the last of the line, the last of the generation who were children at the start of the last war and young adults by the end.

My parents were exactly the same generation. They both died in the last century, but every time I looked at this Queen I was reminded of my folks and reminded of what the best of us



BRIGHT AND CHEERFUL ... at Royal Windsor Cup Polo in July last year

What other head of state at 96 and in fast-failing health would have made time to meet her new Prime Minister?
Answer - none

Despite a life of unimaginable privilege, full of palaces, carriages and estates, this Queen was...

ONE



By **TONY PARSONS**

looked like – the generation who bought our freedom, who raised us in peace and prosperity, who showed us the true meaning of sacrificing all for what we love. Our country. Our family. And each other.

In the days and weeks ahead we will be bombarded by images of the Queen, the most famous person in the world, a face more familiar to us than any other.

We will see her in jest and we will see her in her darkest hours,

alone and masked, a tiny figure in the black of mourning at Prince Philip's funeral.

Despite a life of unimaginable privilege, full of palaces, carriages and country estates, this Queen was one of us.

When she buried her husband during the pandemic she did what almost all of us did during Covid – she followed the rules.

While Tory toffs bent the regulations so they could party at No10 Downing Street or conduct

affairs with their staff, the Queen did what her people did. The right thing.

It is impossible to overstate how important this Queen has been to this country.

And it is this Queen who has been important, rather than the institution of the monarchy itself.

For I believe that in their bolshy, sceptical hearts, the British are actually quite neutral on the subject of a hereditary monarchy.

Could the monarchy survive a

King Andrew, or a Queen Meghan? I suspect not. But Queen Elizabeth was loved. And she spent a lifetime earning that love.

The end of this second Elizabethan era is a momentous time for our country.

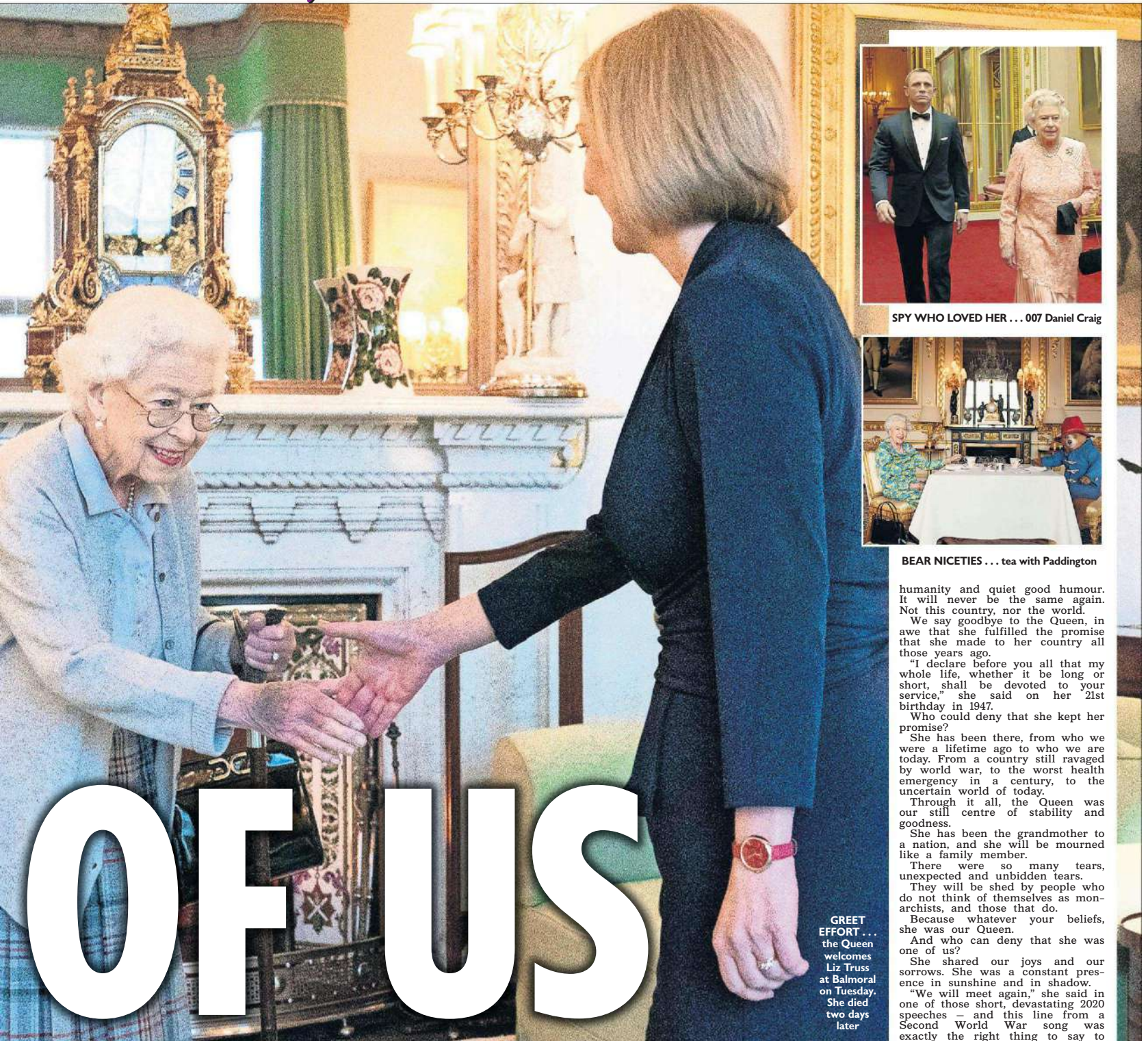
And – beyond the sadness of seeing a much-loved figure leave us – it is strangely unsettling.

I can't recall one word that any politician or celebrity said during Covid. But I remember with total clarity when the Queen said: "Our streets are not empty, they are filled with love."

And I remember when she told us that we were unchanged from the generation who fought the Second World War at such a devastating cost.

She gave two TV speeches with-

MA'AM, WE'LL MISS YOU



SPY WHO LOVED HER ... 007 Daniel Craig



BEAR NICETIES ... tea with Paddington

OF US

**GREET
EFFORT ...**
the Queen
welcomes
Liz Truss
at Balmoral
on Tuesday.
She died
two days
later

in a few weeks of each other in 2020 — an address about coronavirus, in April, and another to mark the 75th anniversary of VE Day, in May.

They were both brief speeches, each just four minutes long, but the softly spoken words seared themselves into the soul of the nation.

And the Queen's understated courage, her unfussy fortitude, her optimism against the odds, gave us hope when, God knows, we needed it most.

"When I look at our country today, and see what we are willing to do to protect one another, I say with pride that we are still a nation those brave soldiers, sailors and airmen would recognise and admire," she said, telling the desc-

endants of those long-gone Second World War heroes that they are made of exactly the same stuff.

This is what future historians will find most remarkable about Elizabeth II's unprecedented reign — she became more important to us as time went by.

When she gave those two speeches at the height of Covid, the Queen was well into her nineties.

Yet who else could have spoken to us with such warmth, authority and truth?

Who else could have found words that meant so much?

Because — with her hats and her handbags and her careful hairdos — she reminded so many of us of our mothers or grandmothers or great grandmothers, it was easy to believe that she was an uncomplicated and

simple woman. But the truth is that she saw and knew more great historical figures than anyone who ever lived.

Winston Churchill, her first PM, doted on her.

John F. Kennedy was a contemporary and she exchanged letters with the handsome young American President until his assassination.

When The Beatles received their MBEs and Bobby Moore the World Cup she — young, radiant, smiling — made the presentations.

She came early to the throne — aged 25 — and stayed on it longer than even she could have imagined.

Her image is burned into the national consciousness.

You saw her face on coins and stamps, you saw great actresses

trying to capture her essence in film and on TV. It was the most famous face in the world.

And yet she remained a mystery, for she was the very opposite of the modern celebrity.

The Queen had no need to "share her truth". She never whined. She never felt the need to have an Oprah Winfrey grovel at her feet.

And how they would have all loved that world-beating scoop.

But she never complained, never explained and never, ever whined.

She made monarchists of us all.

And although there was always something back — it is entirely typical that she should have fought her last health battles without making them public — we always responded to her humility, her

humanity and quiet good humour. It will never be the same again. Not this country, nor the world.

We say goodbye to the Queen, in awe that she fulfilled the promise that she made to her country all those years ago.

"I declare before you all that my whole life, whether it be long or short, shall be devoted to your service," she said on her 21st birthday in 1947.

Who could deny that she kept her promise?

She has been there, from who we were a lifetime ago to who we are today. From a country still ravaged by world war, to the worst health emergency in a century, to the uncertain world of today.

Through it all, the Queen was our still centre of stability and goodness.

She has been the grandmother to a nation, and she will be mourned like a family member.

There were so many tears, unexpected and unbidden tears.

They will be shed by people who do not think of themselves as monarchists, and those that do.

Because whatever your beliefs, she was our Queen.

And who can deny that she was one of us?

She shared our joys and our sorrows. She was a constant presence in sunshine and in shadow.

"We will meet again," she said in one of those short, devastating 2020 speeches — and this line from a Second World War song was exactly the right thing to say to people ravenous for hope.

What will we do without her?

We return to the image of the Queen shaking hands with her new Prime Minister, Liz Truss.

No matter how old, no matter how unwell, she always did the right thing.

From masking herself at her husband's funeral to taking tea with Paddington Bear at the Platinum Jubilee, from taking her corgis for a walk with James Bond in 2012 to pointing out that our streets were never empty during Covid, because they were full of love, she did her duty.

So let the grief be balanced by gratitude.

Let the sadness we feel when a loved one departs be measured with thanks for a long life, a life lived well and in constant service to the nation that loved her.

ELIZABETH II: 1926-2022



SNAPPER ON

Kind, fun Queen Camilla is the perfect consort



BERLIN



LAS VEGAS

TEARS OF THE WORLD

THE world has continued to pay tribute to the Queen as leaders congratulated her son on his accession.

In Australia, Prime Minister Anthony Albanese said the country was mourning an "enormous loss" at a wreath-laying ceremony by dignitaries in Canberra.

US Vice-President Kamala Harris signed a book of condolence in Washington.

Japan's Emperor Naruhito is set to attend her funeral in his first foreign trip since taking the role in 2019.

In Berlin the Brandenburg Gate was lit in Union Jack

By ISAAC CROWSON

colours. And the Queen was on billboards in Las Vegas.

Meanwhile, King Felipe VI of Spain wrote to Charles "with the vivid memory of your beloved mother still in our hearts and minds" and assured him of "our affection and deep friendship".

Spiritual leader the Dalai Lama told the new king: "I am confident that you will fulfil this great responsibility with kindness."

Even warmonger Vladimir Putin wished him "good health and all the best".



AT KING'S SIDE . . . Accession Council

AS King Charles III takes on the daunting role of head of state, I know he will find great comfort in having his loyal and supportive wife Camilla by his side.

I've photographed our new monarch for 45 years – and he truly comes alive when he is with the new Queen Consort.

Together the pair bring out the best in each other, and in every snap you can see their unshakeable bond.

The King said it best himself during his declaration to the Accession Council yesterday.

After contemplating the "heavy responsibilities of sovereignty", he said: "In all this, I am profoundly encouraged by the constant support of my beloved wife."

Camilla will be steadfast in her support of her husband over the next few months. She will give the same strength that Prince Philip gave to his wife Queen Elizabeth II.

Camilla is devoted and dedicated and, maybe most importantly, in the toughest of times she will be there ready to cheer him up with a joke.

She understands that her husband faces challenges walking in the footsteps of our greatest ever monarch. There will be difficult decisions and questions he must face about the survival of the Commonwealth and about Scottish independence.

There will be a huge adjustment from Prince to King without his "darling Mama" guiding him.

Leading lady

But Camilla will be there.

When they are on their own she will comfort him, counsel him, assure him and steady him.

She is already proving to be the perfect consort.

When the couple arrived at Buckingham Palace and greeted the waiting crowds on Friday, she understood that this was her husband's moment.

As the new King received kisses and cheers from the crowd, she stood back, happy for him to take the lead.

That said, she can be determined, too. When the couple attended the 2010 Commonwealth Games in Delhi, India, one of the organisers asked her to sit elsewhere.

She replied firmly: "I am going to sit next to my husband." She was not moved.

It is this balance and support that King Charles will need, especially during the transition over the next few weeks and months.

Camilla has been on a remarkable journey, both personally and in the eyes of the public.

Many blamed her for the breakdown of Charles's marriage to Diana. After the tragic death of the princess in 1997, both saw their popularity drop to an all-time low.

When they were married eight years later, courtiers let it be known that when Charles was crowned she would become Princess Consort, rather than Queen.

Of course, there would be a change of heart. In February this year the Queen announced her intention for Camilla to be known as Queen Consort. It was the ultimate seal of approval, and an astonishing turn-around. Camilla had gone from the "other woman" to leading lady.

And just as the nation took Camilla to their hearts, so did the Queen.

She admired her duty and service.



Condolence . . . Kamala Harris and, inset, King Felipe

WASHINGTON AND MADRID



It is hard to believe that, before entering the Royal Family, Camilla had not held a job.

Now she has one of the toughest public roles in the country, and these days she happily performs more than 200 royal engagements a year, at home and abroad.

Aged 75, when most would be putting their feet up, she is taking on the biggest role of her life.

Truth be told, Camilla doesn't much care for travel or the extreme heat of foreign climes. But she does it all for Charles with a smile on her face.

Their love has been a constant for

him. After 17 years of marriage he still refers to her as "My darling wife".

I know how much she adores him, too. When I appeared as a castaway on Radio 4's Desert Island Discs in 2011, I spoke fondly of Charles, then the Prince of Wales.

After it aired, Camilla wrote to me. It was a lovely letter confessing that she was in "floods of tears listening to the wonderful things you said about my husband". It was typical of her kindness.

When I had a knee operation, the first flowers to arrive were from Camilla. And when I followed her and

KING'S CONSTANT SUPPORT



STATELY... Camilla at the Commonwealth Heads of Government meeting in June

Pictures: ARTHUR EDWARDS



SCOT TO LAUGH... fun with Charles at the Mey Highland Games in 2004



COUNTRY GIRL... on visit to Westonbirt, The National Arboretum, 2020

‘When I finally managed to coax her on to the dance floor she joked, ‘Let’s go on Strictly - don’t tell my husband!’’



TAKE A DANCE ON ME... Arthur coaxes Camilla on to the floor in 2017

By ARTHUR EDWARDS

Sun Royal Photographer

Charles to Ireland earlier this year – while most of the Press pack opted to go to the Caribbean for a Wills and Kate trip – she made a point of coming over to say: “Thank you for supporting us, Arthur.”

I replied: “I wouldn’t want to be anywhere else.” It was the absolute truth. I always look forward to every day I’m working with her.

While always professional, Camilla also has a great sense of fun.

In 2017, she dropped in on a tea party and swing dance run by the Royal Voluntary Service.

When I asked her to dance she

initially declared: “I don’t have my dancing shoes on. Why don’t you ask some of the others?”

But when I finally managed to coax her on to the floor, she joked: “Let’s go,” on Strictly, don’t tell my husband!”

I remember her first walkabout, at Sandringham flower show in July 2004. She was so nervous. But because of her warmth, people instantly took to her and she was overwhelmed by the support.

Despite her aristocratic upbringing, she has a common touch and stopped the royal staff curtsying to

her in private. I’ve not heard a journalist from the royal pack say a disparaging word about her.

And she turned around the public’s opinion simply by being herself. She loves chatting to ordinary people, often getting engrossed in conversation when the royal party is meant to be moving on.

It is these human touches that have led people to love Camilla more and more.

It was not achieved by a cynical PR campaign from the Palace. She has done it her way, the nice way, slowly and calmly winning people

over. She also cares about the causes close to her heart. And she really does go the extra mile.

Yvonne Traynor wrote to Camilla in 2009 looking for somebody high-profile to raise awareness of the Rape Crisis centre she runs in Croydon, South London.

She was not hopeful of a reply and was stunned when it emerged Camilla wanted to visit.

When the day came, Camilla went in the centre’s back entrance and met every woman there.

I have also admired her tireless work to improve literacy. She even

has her own Instagram-based book club called The Reading Room and encourages young people to read to the elderly.

Reading is a passion she shares with Charles. Just like the countryside.

At home they work on their flower beds together – he wheels the barrow, she does the planting.

They are perfect partners, both publicly and privately.

However long or short Charles’s reign, his Queen Consort will be by his side, supporting him in every way.

ELIZABETH II: 1926-2022



A LIFETIME

SITTING with the Queen during her last hours in her Balmoral bedroom was a wretched experience for Charles. Even at 73, losing a mother causes monumental pain.

Theirs was undoubtedly a loving bond and, being in that gloomy atmosphere as her life ebbed away, he will have reflected on all of their times together.

Over the years there were differences, but as the Queen's health deteriorated in recent years there was a shift in their relationship.

He focused on becoming King and she gave her constant guidance and blessing. Irrefutably, he made an outstanding start on Friday evening during his brief address to the country just a day after his mother's death.

Dignified, emotional and passionate, his fluent declaration of faith to Britain and the Commonwealth was heart-warming, bringing tears to the most hardened men and women.

Pressing all the right notes, Charles showed keen understanding about the fears harboured even by loyal monarchists that his past would undermine trust in Britain's greatest institution.

And while the world mourned the loss of a modest, selfless public servant and model monarch, our new King will undoubtedly have remembered some of his disagreements with the Queen over the years.

'I'm not stupid'

Charles has never forgotten the Queen's years-long refusal to acknowledge his passionate relationship with Camilla, his wife and now the Queen Consort.

The legacy of that strife complicates Charles's fate even more than usual for a new monarch.

Over the past 50 years, Charles has battled with many demons – personal and public. The result is that he may well struggle to save the monarchy as we know it today.

Inevitably, Charles cannot replicate his mother. In a different era we have different expectations.

The Queen was unique. The problem Charles offers to the nation is that in those decades of waiting, he has proved to be a rebel prince.

By default, he may now become a rebel King.

"I'm not stupid," he said in 2018. "I do realise that it is a separate exercise being sovereign."

Yet despite his promise he would not become a "meddling" king and that he understands his constitutional role, even his coronation risks provoking controversy.

Subject to endless discussions over the past 20 years, some final, sensitive details about who should be there have still, apparently, not been agreed. Final decisions depend on King Charles III.

Single-minded and averse to taking disagreeable advice, Charles has, despite considerable achievements, become renowned for dismissing officials who challenge his orders.

"I never want to see that man again," he said about an accountant who rightly told him that he didn't have the money for a particular project. Stubbornness has been Charles's weakness ever since his



CLOSENESS
... with Queen at Balmoral weeks before her death



CANDID
documentary shows Cambridge student Charles with Philip in 1969

Charles has never forgotten the Queen's years-long refusal to acknowledge his passionate relationship with Camilla



By **TOM BOWER**

childhood – partly as a mechanism to fight for his survival and partly because he believed in his divine authority as the future King.

Throughout his life, he has been determined to make his mark on British history. Remaining impartial and uncontroversial did not appeal to a man frustrated by those using their wealth and political power in ways he considered to be wrongful.

As Prince of Wales, Charles carved out a remarkable career.

Championing unfashionable causes to protect the environment and horticulture, oppose brutalist architecture and support the Armed Forces and the importance of a good education, he fearlessly told politicians and tycoons to cease the damage they were causing.

To his credit, he sought to improve the lives of the disadvantaged. Tens of thousands of children and adults have benefited from the Prince's Trust.

Hundreds of soldiers' widows have been comforted by his handwritten letters of condolence.

The occupants of new public housing can thank Charles's

campaigns for better quality homes.

Throughout his life, he has shown devotion and believed that he could make Britain a better country.

"I sometimes feel I have to solve all the nation's problems single-handed," he once said.

In letters to politicians he condemned the decision by Norwich Council to fell chestnut trees because people might be injured by falling conkers.

Real anger

New laws and over-regulation about hygiene, he continued, were preventing volunteers cooking and reheating meals in their own homes for the elderly. Valued volunteers were being excluded by health and safety laws and the "blame" culture. So many rules, he wrote, echoing the opinion of many, had been imposed with "the potential to be deeply corrosive to the fabric of our society".

Many Britons recall his dedicated visits to schools, hospitals and hospices. Carefully briefed, he talked engagingly to staff, pupils and patients, leaving them with an

enduring memory of his decency.

The contrast for the majority who have not enjoyed a personal encounter is stark.

During the many scandals that would have destroyed a lesser man, there has been no evidence that Charles suffered a moral struggle.

Despite all the eyewitness accounts of his melancholia and self-doubt, Charles has never admitted any wrongdoing.

Few doubted the sincerity of his campaigns, but over the years many feared that his provocative dissent made him unfit to be King.

"Nobody knows what utter hell it is to be Prince of Wales," he said in 2004.

He did not seem concerned that his reference to himself – an outcast prince rebelling against the state of the world – was singularly inappropriate.

To many, he appeared like Thomas Fowler in Graham Greene's novel *The Quiet American*: "I have never known a man who had better motives for all the trouble he caused." Alongside the significant benefits Charles has bestowed, he

has generated a legacy of extraordinary controversy.

Not least his treatment of Diana, his relationship with controversial businessmen to raise money for his charities and his bizarre relationship with Michael Fawcett, his valet and the guardian of all his most sensitive secrets.

He once said: "To be just a presence would be fatal."

It would seem, to make his mark, he sought controversy.

His championing of fox hunting and complementary medicine – he advocated that cancer could be cured with coffee enemas – and his protest letters to Tony Blair's ministers, especially criticising the development of GM crops, aroused real anger.

His causes might have been just but his interference seemed to be unconstitutional.

Dealing with Charles, Tony Blair complained, was "toxic".

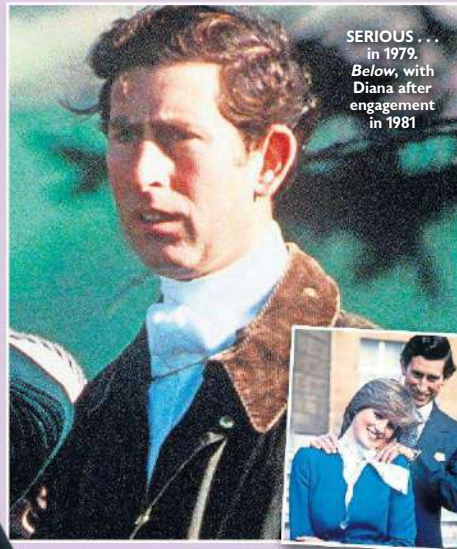
His lifestyle was, to say the least, self-indulgent. During Charles's visit to Hong Kong for the independence celebrations in 1997, it was reported that Fawcett became

REBEL PRINCE

COURTING CONTROVERSY



EMOTIONAL
... greeting
well-wishers at
Buckingham Palace
on Friday



SERIOUS ...
in 1979.
Below, with
Diana after
engagement
in 1981

HIS FALLOUTS WITH MOTHER

LIKE millions of mothers and sons around the country, Elizabeth and Charles had disagreements over the years. The most public were:

- **DIANA:** The pair differed on how to publicly handle Diana's death. Charles eventually won and Diana was given a royal ceremonial funeral.
- **ANDREW:** There were claims they "fell out" over her protection of the Duke of York following allegations of sexual abuse.
- **CAMILLA:** After some debate, the Queen, as head of the Church of England, did not attend Charles and Camilla's wedding ceremony in 2005 because it was two divorcees who were getting married.

notable for pandering to the Prince's love of grandeur and extravagance. To set the table for the dinner, Fawcett had brought to Hong Kong a full set of 17th Century china and glasses. They would replace the governor's 18th Century plates. Every morning, wherever he travelled abroad, Fawcett woke the Prince, filled his bath, laid out his clothes – matching suit with shirt, socks, tie, handkerchief and highly polished shoes. On visits in Britain, Fawcett supervised a huge lorry arriving at a host's home. Not with Charles's

suitcases but a bed, sheets, towels, paintings, his brand of bottled water and even a lavatory seat.

Fawcett was relied upon to discreetly replace the royal lavatory paper, guard his liaisons, bow to his tantrums, test the royal boiled eggs and always speak in deferential tones.

At each of Charles's homes, Fawcett supervised every detail: That the gravel on the drive was raked, the paintings were hanging precisely, the cushions properly stacked, the kitchens supplied with organic food from the Prince's favourite suppliers, flower arrangements refreshed daily and the dining table covered with the appropriate linen tablecloth and silver cutlery.

To complicate their relationship, last year Fawcett resigned because of allegations about the finances of the Prince's charities. During the 1990s, Charles's interest in spiritualism and homeopathy heaped derision upon him every week as a crank in ITV's Spitting Image.

He even declared: "I have come to realise that my entire life so far has been motivated by a desire to heal."

If the Queen had died in 2011, his controversial interventions could well have caused a constitutional crisis.

And back then, that was firmly Prince Philip's belief.

Charles's father even, quite cruelly, told his hosts at his 90th birthday dinner at a London club that he was determined to continue living to keep his son from the throne.

Philip's friends thought him unfair, especially his scorn about Charles's achievements and vision. Charles struggled to deal with his father's waspish tongue.

Contrary to his image as a brave polo player and intrepid traveller, Charles suffered from profound unhappiness and insecurity. That misery was undoubtedly overcome by his marriage to Camilla.

Strong-minded, outspoken and loyal, Camilla provided the anchor and love which Diana – another insecure person – could not provide.

"Charles went down on his knee," said Camilla, describing the scene at his Birkhall estate in 2004. Their first dalliance had begun 33 years earlier, their second in the late 1970s and the third, started in the mid-1980s, was a union of two unhappy, middle-aged souls seeking relief from broken marriages.

Win over doubters

Nearly 20 years later, their relationship had survived exceptional obstacles. "She suffers indignities and vilification," said her promoters, "because she loves Charles."

The reward for decades of frustration, Charles reasoned, would be a blissful, traditional wedding. To his disappointment, his mother was unequivocal.

She refused to attend the civil marriage in Windsor's register office in 2005 and watched the Grand National and a replay before emerging to the wedding party, making a brief speech and posing for less than one minute for the official photos.

Yet over the years, the Queen's opinion of Camilla improved. So did her son. By 2011 he began to moderate his speeches and restrained his campaigns.

In 2018 he was at a crossroads. With the Queen's health slowly deteriorating, he recognised that his fate – and the monarchy's future – depended on the public's acceptance of him as a unifying monarch.

Purposely, Charles and Camilla set out to win over the doubters. Four years later their efforts have been rewarded.

After the Queen's death there were no voices of dissent about Charles's accession as King.

Friday's welcome to Charles and Camilla outside Buckingham Palace would have been unimaginable a few years ago.

While he will never be the People's King, he now has a chance to provide a successful transition to his son and Kate, the modern face of Britain's monarchy, the safeguard of the kingdom's values and traditions.

● Tom Bower is author of *Rebel Prince: The Power, Passion And Defiance Of Prince Charles*.

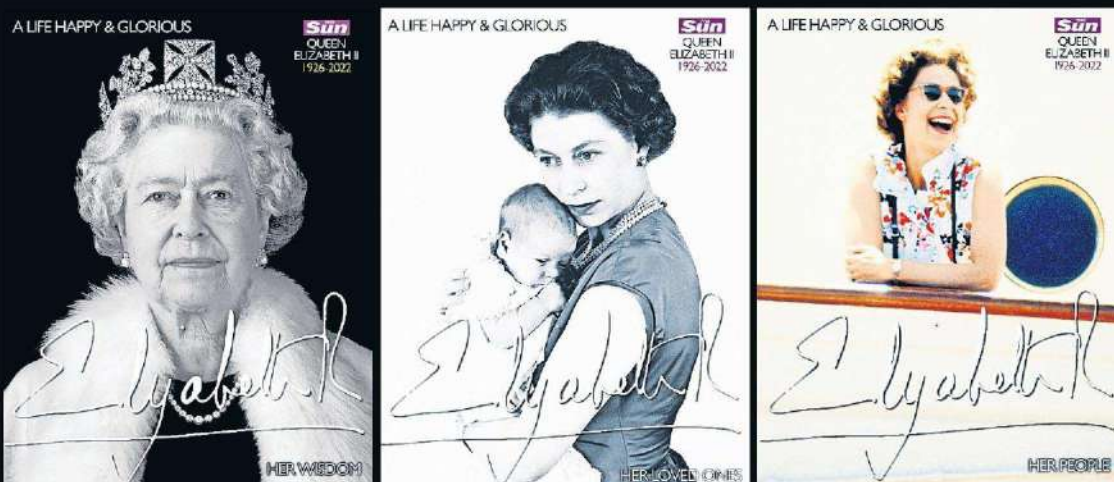
...REBEL KING?

STARTING TOMORROW IN **THE Sun**



Elizabeth II

**A LIFE HAPPY
& GLORIOUS**



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SEVEN SPECIAL SOUVENIR PULLOUTS TO COLLECT

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Karren Brady



How the Queen laughed when I told her about the House of Lords' snores

I KNOW how fortunate I am to be able to say that I met the Queen on many occasions.

We have shared dinners, lunches, banquets, drinks, and a Trooping the Colour and state openings.

And whatever you thought about her, you can multiply it by 1,000.

She was simply incredible – inspirational, funny, kind, interesting and interested.

My first meeting with her was in 2004, when she invited 100 women for lunch at Buckingham Palace. It was called the Women of Achievement Lunch.

I was with J.K. Rowling and Margaret Thatcher, and we watched in awe as she moved across the room, chatting and meeting people.

When she was introduced to me, a long list of my roles was read out and she simply said: "How on earth do you do all that?"

Beautiful skin and happy disposition

Smiling, I replied: "Like you, Ma'am, I'm a working mother – and, as Margaret said, 'If you want something said ask a man, and if you want something done ask a woman.'"

She gave a wry smile. We had connected.

The lunch was due to finish at 2pm but didn't end until 3pm, by which time she told us we had to leave – I have to admit, I've been slung out of worse places.

She said she had never heard such noise in the room – us women wouldn't stop talking.

I also imagine she'd never had a guest smoke out of the Palace window before.

She had Kate Moss to thank for that one.

It was a riot. Plenty of bottles of champagne and wine were drunk and she seemed to love every minute of it.

It was meant to be an annual event but it never was repeated – she probably needed to lie down in a dark room to get over it.

Following on from our first meeting I was invited to various other dinners and banquets, including for my own CBE award. All very formal and much more well behaved.

But one day in 2018 a gold envelope embossed with HRH – and my name written in beautifully ornate calligraphy – arrived at my home.

It was an invite to an intimate



'What struck me was that being the Queen was her job but not her identity. She was funny, genuine, and great company'

lunch with The Queen at Buckingham Palace.

There was no occasion but ten people had been invited, all of whom, I was told, had been hand-picked by Her Majesty.

They were people she had chosen to lunch with, not those she had been told to lunch with. I felt honoured and blown away.

The guests included Dame Katherine Grainger, chair of UK Sport, Sue Vinnicombe, founder-director of the Cranfield Interna-

tional Centre for Women Leaders and Ian Bell, chief executive of The British Association for Shooting and Conservation.

We had pre-lunch drinks in the drawing room – it's one of the more intimate rooms in Buckingham Palace but still very opulent.

When the Queen entered the room, it lit up. She was much smaller up close but with beautiful skin, a happy disposition – and sensible shoes, unlike mine.

She carried a handbag, which I

thought strange bearing in mind she was in her own home, but I suppose that was one of her trademarks.

She sipped a Campari, but had only one.

We talked about her family and she spoke with pride about her great grandchildren and what they were doing that day.

She knew about West Ham FC – she told me she had gone off football and didn't like the atmosphere any more, which

made me sad. She knew we had moved into the Olympic Stadium, which she declared as impressive, but was most interested in my take about the House of Lords.

We laughed when I recalled the snoring that comes from the library late at night.

What struck me was that being the Queen was her job but not her identity. She was funny, genuine, and great company.

As we sat down to dine on a feast that included egg tart, lamb and Buckingham Palace's own pistachio ice cream, paired with fine wines, I almost forgot that we were dining with the Queen at Buckingham Palace.

Almost. But not quite.

She was generous with her time and her conversation. I wondered if she really understood the positive impact that she had on people.

People also always talked about the Queen's impeccable manners.

She was so keen for people to feel at ease, that she used her handbag as a signal to her ladies-in-waiting when she wanted to stop talking to someone and move on, rather than hurting anyone's feelings.

Perhaps that's why she brought it to lunch.

She had kindness in abundance

Any encounter with the Queen was peppered with rules. They were sent to you on a piece of paper before you meet.

But it is of course easy to forget those rules when you are in the thick of it all.

For example, there is a rule that the person on your left talks to you for the first course and then switches to their other side for the main course.

At our lunch, the person sitting to my left forgot this, so the Queen stepped in to chat to him, until he realised he had made a mistake.

She passionately wanted everyone to feel comfortable. In my experience, people with power often do not show kindness – but she had it in abundance.

I am left feeling so lucky to feel like I had a personal relationship with the Queen. I am pretty certain that everyone who ever graced the presence of this wonderful woman walked away feeling exactly the same way.

The Queen united us as a country in a way that we will perhaps only now begin to realise. This week I think we are all giving thanks for the fact that this wonderful monarch reigned over us, happy and glorious, for 70 amazing years.

But, my goodness me, we are going to miss her.

CARING
... Queen
united the
nation

30 TOWNS SNATCHED BACK INVASION BRANDED 'FAILURE'

PUTIN HUMILIATED AS FORCES CRUMBLE



New setback... Putin at boxing centre

By ISAAC CROWSON

VLADIMIR Putin suffered fresh humiliation as a lightning counter-attack by Ukraine's forces took his troops by surprise.

The offensive demolished Russian lines and allowed Ukrainian soldiers to retake 30 towns in a key part of their country.

It enabled President Volodymyr Zelensky's heroes to advance as much as 30 miles south of Kharkiv.

Vitaly Ganchev, head of the Russian-backed administration in the Kharkiv region, all-but admitted that large tracts of its front line had crumbled there.

The advances led CIA director William Burns to brand Putin's invasion as "already a failure".

He said President Putin had underestimated Ukraine's will and ability to resist an invasion.

The surprise assault began with a heavy artillery barrage against Russian lines on Tuesday in the region of the strategic town of Balakliya. Ukraine said it had planned to capture the town on Thursday.

Last night the Russian ministry of defence dramatically confirmed the retreat of its forces from both Balakliya and Izium.

In a statement published by state media outlet RIA Novosti, the ministry said a decision had been made to "regroup the Russian troops stationed in the Balakliya and Izium regions" and "step up efforts in Donetsk".

The explanation is similar to the justification Russia gave for



Flag change... Balakliya



Wrecked... remains of a Russian tank in Balakliya, near Kharkiv

September 5-10

Russian military control
Territory regained by Ukraine

25 MILES

Ukraine counterattack stuns Vlad

previously withdrawing its forces from the Kyiv region. Mr Zelensky revealed the progress in the north east of the nation's flag in the city.

Natalia Popova, adviser to the head of the Kharkiv regional council, shared photos on Facebook of troops holding up a Ukrainian flag in front of Kupiansk city hall. A Russian flag lay at their feet.

Officials in Kyiv have for weeks been tight-lipped about plans for a counter-offensive to retake territory overrun by Russia early in the war.

They called on residents to refrain from sharing information on social media for fear of compromising the operation.

A video emerged showing a group of Russian prisoners of war detained as part of the counter-attack near Kharkiv. One of them is believed to be a top military commander.

Ukraine's media says it is likely to be Andrei Sychevoi, a Lieutenant-General and commander of Russia's Group of Forces West.

He would be the highest-ranking of Moscow's officers to be taken prisoner since World War Two.

Putin was yesterday pictured visiting a boxing centre in Moscow.

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Upbeat... Zelensky



Plans... Kwarteng

No wait for Truss Budget's tax cuts

By JONATHAN REILLY

LIZ Truss is expected to announce her tax-slashing mini-Budget within weeks, despite the Queen's death.

The new PM has vowed to scrap the hated rise in National Insurance contributions in a "fiscal event" later this month.

She is also said to be looking at other measures to ease living costs.

Questions had been raised over whether the package – which Chancellor Kwasi Kwarteng is helping to draw up – would be delayed as Parliament shuts for a period of mourning.

But the announcement is still expected by the end of the month.

A source close to the PM said: "Officials are working to adapt plans to work around the mourning period."

CORRECTIONS & CLARIFICATIONS

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ipso Regulated

Marconi hate axe

A MEMORIAL to the work of radio pioneer Guglielmo Marconi will not mention him.

The 12ft sculpture marks the Italian's first transmission over open sea to Flat Holm island off Wales in 1897.

But Cardiff council is omitting his name due to his support for Italian PM Benito Mussolini's persecution of Jews. Marconi died at 63 in 1937.

9th arrest on Olivia

A NINTH suspect has been arrested in connection with the murder of Olivia Pratt-Korbel.

The 37-year-old was detained in West Derby, Liverpool, on suspicion of assisting an offender.

Merseyside Police said: "We continue to appeal for people with information to come forward."

Olivia, nine, died when a gunman chased a drugs dealer into her home.

TAMING TORIES

TORY Party bosses are likely to tone down lavish drinks receptions at their party conference in the wake of the Queen's death.

They will meet this week to discuss changes to the gathering in Birmingham.

Sources say all options – such as a ban on karaoke

parties and champagne receptions – are on the table.

Labour plans to host its conference in full despite it taking place just days after Her Majesty's state funeral.

The Lib Dems have cancelled their gathering, which had been due to start in Brighton on Saturday.

TV SOAP AND FABULOUS MAGS

TODAY'S TV Soap and Fabulous magazines were printed before the Queen's death, so some listings will have changed, and due to extra copies of today's Sun on Sunday being printed, some may not contain these mags. We apologise for any inconvenience.

KIM LATE PURGE

NORTH Korean tyrant Kim Jong-un has unleashed a purge after workers failed to meet his deadline to build a new hospital.

Work at the site in Pyongyang began in March 2020 and Kim ordered it to be finished by October of that year. But the hospital

remains an empty shell and the project overseer has been sent to the gulag.

Nine officers have been jailed for building material thefts. And one person who tried to use Chinese equipment against Kim's wishes has been sentenced to death, it was reported.

STRICTLY STARS' SICILY GETAWAY

Winner pals up with Gio on trip to Italy

EXCLUSIVE by HANNAH HOPE

STRICTLY winner Rose Ayling-Ellis visited pro dance partner Giovanni Pernice in his homeland and met his sister.

It comes after the duo's close bond on the show sparked speculation they could be more than friends.

EastEnders actress Rose, 27, posed with 32-year-old Italian Giovanni at his sister Angela's dance studio in Sicily.

The pair wrapped their arms around each other and smiled. Angela was with them in the picture along with Strictly's Anton du Beke and got to chat to Rose.

Giovanni was filming a new BBC1 travel show with 56-year-old Anton when Rose turned up.

The Sun on Sunday recently revealed that she had split from her boyfriend of seven years, Sam Arnold.

And Giovanni has been single since splitting from Love Island's Maura Higgins, 31, last October. The dancer revealed last week that he was learning British Sign Language as part of a Cadbury fingers campaign.

And he wrote online: "If more of us learnt a little sign language, we could help more people feel included."

Deaf Rose replied: "Love this very much", and added to the message with a smiley face emoji with hearts.

The pair won last year's Strictly. A source said: "Rose helped Giovanni see the world through new eyes and he's dedicated to learning sign language for her."

Giovanni previously dated his 2015 partner, former Corrie star Georgia May Foote, 31, Pussycat Doll Ashley Roberts, 40, and Towie's Jess Wright, 36.

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Win... with Glitterball



So close... partners Giovanni and Rose



Hugs... with sister Angela and Anton

ROSIE GLEE

HASH 'JOKE' RAP

A BUILDER gave a workmate a cake spiked with cannabis "as a joke" — but he collapsed at home. Callum Jones handed it to David Powell on a lift home. His partner found him on the floor vomiting and he was taken to hospital. Jones, 26, told police he thought it would only bring on "the giggles". He admitted having a class B drug and administering poison or a noxious substance with intent at Swansea crown court. Jones, of Brecon, Powys, got an eight-month suspended jail term, a work order and must pay £500.

travel
Midlands to Magaluf
Starts Page 47

'WHALE' KILLS 5

FIVE people died yesterday when the boat they were in collided with a whale and capsized. Six other people were rescued in the incident off New Zealand. Police divers have recovered the bodies of all the victims and the survivors were in a stable condition. The 28ft boat was said to have been carrying bird-watchers. It capsized off the South Island town of Kaikura, a popular whale-watching destination. Mayor Craig Mackle said the sea was calm and he believed the boat hit a surfacing whale.

Op'd it to nail thief

A PATIENT left emergency hospital treatment to trace his stolen van.

Police told him the Ford Transit was missing so he contacted his GPS tracker firm. He found the van in a car park, checked shop CCTV and saw a woman leaving the vehicle in Worksop, Notts.

He told police and returned to hospital.

Jessica Durrant, 29, admitted aggravated vehicle-taking. She got a year's drive ban and £450 bill from Mansfield JPs.

SKULL DREDGE-RY

A skull found in a drought-hit pond dates 1,700 years to the Roman era in Fulstow, Lincs.



Worth up to
£80

2 FREE TICKETS

SUN Superdays has hit the target with our great offer of two FREE tickets to The Bear Grylls Adventure, worth up to £80.

Your free tickets will get you access to one of FIVE awesome activities – archery, high ropes, climb, shooting or, new for 2022, axe-throwing.

On The Bear Grylls Adventure's archery range, you will get to grips with a bow and arrow under the supervision of their expert team before letting the arrows fly at the targets.

Happy with your aim? Now let's up the challenge with some games and quick-fire rounds to test your precision. You will also have unlimited

X The Bear Grylls
ADVENTURE

INDOOR/OUTDOOR ACTIVITY CENTRE

access to The Bear Grylls Adventure Royal Marines-inspired Assault Course on the day you go.

See how quickly you can complete the course and try to beat Bear's time of 1 minute 3 seconds.

To claim your free tickets, follow these simple steps:

1. Either download the Sun Savers app or sign up at sunsavers.co.uk.

2. Go to the Offers section and click "Start Collecting" on the Sun Superdays – The Bear Grylls Adventure page.

3. Collect NINE Sun Savers codes. Log into Sun Savers for today's code, which will be available on the app from 9am.

Enter or scan your NINE Sun Savers codes on the app or website. The offer ends on Tuesday, September 20.

4. Booking opens at 10am on Monday, September 12. Click "Book" and you will receive an email with a unique code and instructions on how to book tickets on The Bear Grylls Adventure website.

●T&Cs apply: See sunsavers.co.uk.

GOD BLESS THE QUEEN

JOIN US TODAY AS WE CELEBRATE HER EXTRAORDINARY LIFE



TALK TV

Freeview 237
Virgin Media 627
Sky 526 | DAB
Smart Speaker



Line Of Duty... McClure

TV Vicky Alz walk for gran

By STEPHEN MOYES

LINE Of Duty star Vicky McClure took part in a fundraising walk for the Alzheimer's Society yesterday in memory of her grandmother.

It was the 12th year the actress, 39, had joined in. Her gran Iris, who had dementia, died in 2015.

The 2km walk took place around the lake at Wollaton Hall in Vicky's home city of Nottingham.

It was one of the charity's 25 Memory Walks in the UK this autumn.

Speaking ahead of the event, Vicky – DCI Kate Fleming in the BBC series – said: "Memory Walk holds a special place in my heart, and I always look forward to the uplifting atmosphere on the day – and seeing lots of adorable dogs."

"It's so inspiring to walk alongside people from all ages and different backgrounds striving to stop dementia in its tracks."

£14k theft by nurse

A NURSE stole more than £14,000 when an admin blunder saw her paid for eight months after quitting.

Sandra Lloyd, 61, did not let on she was still getting her old £29,000-a-year salary after moving to a better-paid role.

She was caught out by a payroll audit.

Admitting theft, Lloyd, of Aberdare, south Wales, got a suspended jail sentence at Merthyr Tydfil crown court and was told to carry out 100 hours of unpaid work. The money has been repaid.

SOW UNLUCKY

A piglet born with an elephant-like trunk on its head in the Philippines was seen as a sign of good fortune, but died.



TODAY: Early patches of mist and fog will soon lift and clear, giving way to sunny spells. However, large areas of cloud will build in from the west. Rain will spread into northern and western areas during the afternoon and evening and will be locally heavy and persistent.

TONIGHT: A generally cloudy evening with outbreaks of rain across northern and western areas. Overnight, rain will push southwards and eastwards and will be locally heavy and persistent with a threat of some showers.

OUTLOOK: Tomorrow will bring plenty of cloud and outbreaks of rain which will track southwards and eastwards during the day and may be heavy. Tuesday will bring patchy drizzle across southern England. However, farther north will be drier.

Maximum temperatures 21-24C (70-75F).

SEPTEMBER 11, 1919, saw a brief spell of hot weather with 32.2 C (89.9F) recorded in Northamptonshire followed days later by snowfalls ranging across Devon, Wales and the Midlands.

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LAST NIGHT'S LOTTO BALLS

LOTTO: 2, 6, 7, 29, 31, 42. Bonus 9.
HEALTH LOTTO: 13, 15, 19, 27, 41. Bonus 21.

POP IDOL STAR RIDDLE SOLVED



Write move... Mead

Lioness Beth has 2 books on way

EXCLUSIVE by RICHARD MORIARTY

FOOTBALL star Beth Mead is putting pen to paper for two new books. The striker, 27 – one of England's Lionesses who won the Euros in July – has been writing an autobiography.

She is detailing her journey from first kicking a ball for her village team aged six to Wembley Stadium where she helped England beat Germany 2-1 in the final.

Called *Lioness: My Journey to Glory*, the book will be published in November.

Her second book will be aimed at encouraging girls and boys to start football careers.

Titled *Roar: A Football Hero's Guide to Dreaming Big and Playing the Game You Love*, it is due out next year.

Beth said: "I feel very proud and honoured to be among the first female footballers to be able to tell their story."



Big day... Lee and Jess

Just say Yes! Star Zammo's wedding

By BETH ALLCOCK

GRANGE Hill star Lee MacDonald has married his fiancée Jess after a two-year delay.

The actor, who played Zammo in the children's TV drama, yesterday posted a photo on social media of the newlyweds after the ceremony.

Lee, who revealed his son H was best man, wrote in his Twitter caption: "Finally got hitched." In the picture, Jess is seen in a white fishtail gown while Lee, wearing a smart grey suit, flashes a beaming smile.

Fans were quick to react to the news, one wrote: "Congratulations Zammo! Pleased you said yes this time."

The couple announced their engagement in 2020 but the wedding was delayed by Covid.

Lee, 54, played Zammo in *Grange Hill* for six years in the 1980s.

He has since appeared in *Birds of a Feather*, *The Bill* and *EastEnders*.



So tragic... Darius was to appear in Pop Idol reunion

By STEPHEN MOYES

FORMER Pop Idol contestant Darius Campbell Danesh died after inhaling a pain relief drug, it emerged yesterday.

Post mortem documents said that the toxic effects of chloroethane as well as suffocation contributed to his death.

The 41-year-old singer was found dead in his apartment in Rochester, Minnesota, US, last month.

His death was ruled an accident by the Southern Minnesota Regional Medical Examiner's Office.

Chloroethane, also known as ethyl chloride, is available in pharmacies as a pain relief spray.

Darius's family said he was suffering from chronic neck pain after breaking it in a serious car accident in 2010.

Chloroethane also has a history of being abused as a recreational drug. Medics have warned of the dangers of poisoning and death.

A police dispatch call revealed the moment Darius was found unresponsive in his apartment block.

Rochester Police Department said it responded to a "deceased person call" at 11.53am on August 11 at The Berkman apartments.

Most living in the block either work at or receive treatment at the Mayo Clinic Hospital's Saint Marys Campus. It was not known if the singer was receiving treatment.

West End performer Darius, whose ex-wife is actress Natasha Henstridge, was found dead weeks before he was to star in a Pop Idol reunion show in Britain.

He shot to fame on the first series of the ITV talent show in 2002, coming third behind Will Young and Gareth Gates.

A pal said: "Darius was really excited about the reunion and was in talks with producers to appear



Last picture... Darius with Gerard, and left, ex Natasha

on it. They were looking at getting filming started around the end of September. It was going to be an hour-and-a-half-long special hosted by Ant and Dec and full of nostalgia for the millions of Pop Idol fans."

Darius was last snapped in June looking healthy and heading to the beach in Malibu with Hollywood star and fellow Scot Gerard Butler.

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ALERT ON HIGHS

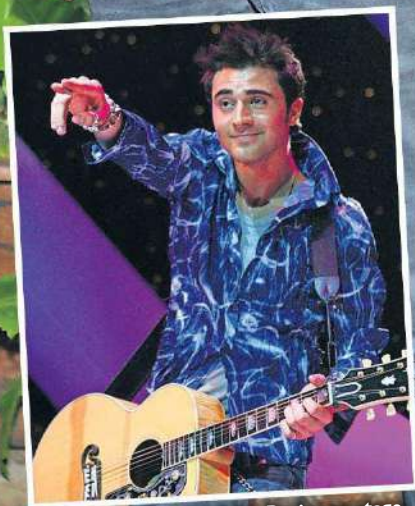
By STEPHEN MOYES

MEDICS have warned of the dangers of inhaling pain relief sprays containing ethyl chloride to get high.

Abusers may use the substance to relieve stress or a negative mood.

Breathing its vapours at more than 15 per cent concentration is often fatal as the heart, lungs and kidneys begin to

fail. Ethyl chloride, also used as a solvent and refrigerant, does not come under the Misuse of Drugs Act or Intoxicating Substances Act. There have been 834 deaths related to volatile substance abuse since 2001, including 64 in 2016.



Entertainer... musician Darius on stage

TV DARIUS KILLED BY PAIN DRUG

Tragedy was an accident



In jail... Paralympian

Shake at Pistorius meeting

By AMIR RAZAVI

THE father of the model murdered by Paralympian Oscar Pistorius has revealed they shook hands at their emotional prison meeting.

But Barry Steenkamp, 76, still does not forgive daughter Reeva's killer.

The 30-minute meeting in June was arranged as part of double amputee Pistorius's rehabilitation.

Barry said: "He thanked me and told me how sorry he was. It was a touching moment."

"We decided to shake hands. I didn't say, 'I forgive you.' I just said, 'Thank you.'"

Pistorius, now 35, is serving 15 years after shooting Reeva, 29, through the toilet door at his apartment in Pretoria, South Africa, in 2013.

He claims he mistook her for a burglar.

Barry wanted Pistorius finally to come clean but told a TV documentary: "I didn't get my truth."

Reeva's mother June, 75, refused to attend.

QUOTES OF THE WEEK

KING CHARLES III
The new King pays tribute to his mother, the late Queen

"During this period of mourning and change, my family and I will be comforted and sustained by our knowledge of the respect and deep affection in which the Queen was so widely held."

LIZ TRUSS
The Prime Minister heralds a new 'Carolean Age' as Charles III becomes King

"Even as he mourns, his sense of duty and service is clear... We owe him our loyalty and devotion."

SIR KEIR STARMER
Labour leader pays tribute in the House of Commons

"Our Elizabethan age may now be over but her legacy will live on forever."

JOE AND JILL BIDEN
The US President and First Lady pay tribute

"Her Majesty Queen Elizabeth II was more than a monarch. She defined an era."

JUSTIN TRUDEAU
The Canadian Prime Minister

"She was one of my favourite people in the world."

CENT-ENARIAN

Kind Annabelle Thomas raised £2,342 for Wales Air Ambulance by asking for donations on her 100th birthday in Powys.

DOWN-TO-EARTH STAR TALKS



KEEP FIT...
Michelle is an ambassador for Vital Proteins Collagen

SWEET...
husband Mark Wright's nickname for Michelle is Treacle Pants

EXCLUSIVE
by NICK McGRATH

SINCE landing a career-making role in Corrie fifteen years ago, Michelle Keegan has become one of the best-loved actresses in Britain and has a clutch of awards to prove it.

But despite starring in prime-time dramas such as *Our Girl* and *Brassic*, the bashful star still hasn't adjusted to becoming a household name.

She said: "Even now, 15 years on, you never get used to being famous. One minute I walked out of the Coronation Street gates and no one knew who I was."

"Then, as soon as my first scenes were on screen, I remember walking out the gates and getting stopped and asked for an autograph. I had no idea how to sign an autograph."

In an exclusive interview Michelle, 35, also reveals she rarely goes partying because she ends up out all night, finds exercise addictive and says husband Mark Wright affectionately calls her Treacle Pants.

Since landing the role of Tina McIntyre in 2007 she has had amazing success.

I'm comfortable in the person I am

As well as playing Ursula in *Plebs*, Lance Corporal Georgie Lane in *Our Girl* and brazen Erin Croft in *Brassic*, she has starred in *Tina And Bobby* and *Ordinary Lies*.

She has won Best Actress awards and became Mrs Mark Wright when she married the former *Towie* star in 2015. Now they are about to move into an amazing £3.5million Essex mansion, which they have been renovating for two years.

But she insists that all the success hasn't changed her.

The Stockport-born actress says: "My life hasn't really changed since before *Coronation Street*. My professional life has, but on the whole my life is the same."

"I still have the same friends. I go to the same places and as soon as I finish a role I like going back to my life and being me."

"I'm comfortable in the person that I am. I know some actors feel more comfortable escaping into a character, but I don't feel that need to escape from myself."

"I love the challenge of playing different roles, but I still like being me. I'm doing a job that I love. One that I've wanted to do since I was little."

But she does struggle with some of the negative comments she gets on social media.

She says: "Luckily I don't get it much. The only time it gets to me is when it's about work because you

Picture: DAVID TITLOW / CAMERA PRESS



'My life hasn't really changed since before Coronation Street. I still have the same friends. I go to the same places'

could have a thousand lovely comments, and then you could have one negative comment, and that one negative stays with you."

"With time, you build a thick skin. I don't know if that's being in the public eye or just an age thing, where I just don't care about false stories as much."

"It can be frustrating, but I know that it will pass and that it won't change the opinions of those people who matter to me. I just bury it and get on with my day. There are other more important things to worry about."

One of those is keeping fit. Husband Mark has his own exercise platform, they have

FAMILY, FORTUNE AND FAVE TIPPLES



GLAM...
Michelle and Mark at this year's TV Baftas



TOUGH...
Michelle in Army drama *Our Girl*, 2020



ON THE PULL
...as Corrie's Tina behind the bar in 2010

STUNNING...
Michelle has won many acting awards

I still can't get used to being famous...even after 15 years

Says **MICHELLE KEEGAN**



set up sportswear brand AYTEE7 (named after 1987, the year the pair were born) and she has signed as an ambassador for Vital Proteins Collagen.

Michelle, speaking from Australia, where she is shooting BBC drama *Ten Pound Poms*, said: "The more you exercise, the more addictive it can get."

"I normally go four times a week but if I end up going only three times, I do miss it."

"I enjoy it. Mentally, it's good for me. I love to go in the morning and get it out of the way. It sets me up for the rest of the day. You never regret doing a workout, but you always regret not doing a workout."

"Mark has more fitness motivation

than me, he's more driven. He arrived in Australia the other night to see me and the first thing he did this morning was get up, go for a run then go to the gym."

"I haven't been to the gym all day, as I couldn't be bothered."

If I go out it has to be worth the hangover

"If we work out together, he'll be doing his own thing and I'll be doing my own thing, but after about 45 minutes I'll just go and eat, as I'm starving."

"I eat healthily and believe that wellness starts from within."

"During lockdown, Mark brought home some Vital Proteins Collagen

and I started using it every morning in my coffee. Then I became an ambassador."

"I can see the difference. Collagen is good for your skin, your hair, your nails, your joints, it holds your body together."

Michelle has been *Down Under* filming since mid-May while having regular Zoom chats with Mark.

Laughing, she told us: "My husband's nickname for me is Treacle Pants."

"I'm sorry to say I don't have a nickname for him. I wish I could say I do, but I genuinely don't."

While they were apart, one thing Mark, 35, didn't need to worry about was Treacle Pants going out partying – because she reckons she

rarely does – though when it does happen it turns into a big night.

Michelle said: "It's rare that I go out. If I'm out, I'll probably be out all night and it has to be worth the hangover the next day."

"I always say before I go out, I'm not going to mix my drinks, right?" and then nine times out of ten I end up mixing my drinks."

"I haven't got a favourite tipple, but I like a nice glass of wine. Then I like a cocktail as well, normally a spicy Margarita. And then sometimes an Espresso Martini. I just tend to mix drinks."

So Michelle has been hangover-free while exploring Australia.

She explained: "A few weeks ago I had three days off and jumped on

a flight up to Cairns from Sydney. It was so good. I got to see a different part of the country on my own and I loved it. I love to travel and see different parts of the world and I've never been to Australia before."

"So for me to be given the opportunity to come out here and do a job, but also see the other side of the world, has been amazing."

"I like to grab life by the horns. I tend to do that a lot in life, even when it comes down to jobs and different roles."

"It's like, 'Can I do this? Is it something that I want to do?' and even if it's a challenging role, I think you only live once, so do it."

And what a life she is living.
sundayfeatures@the-sun.co.uk

ELIZABETH II: 1926-2022



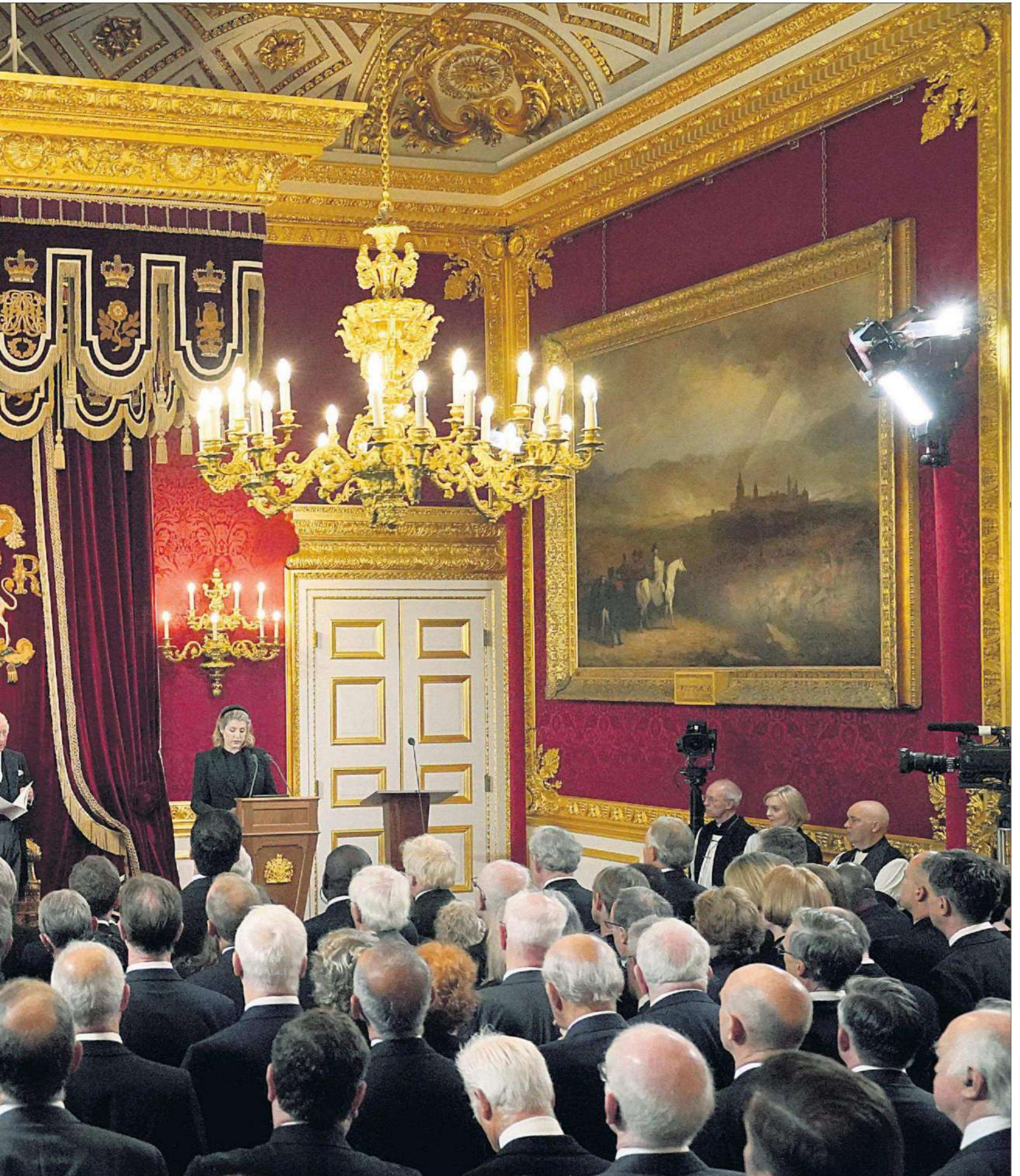
CHARLES III

THE ROOM WHERE IT HAPPENED

Charles III is officially proclaimed King in the Throne Room at St James's Palace. His wife Camilla and son William are at his side as Penny Mordaunt, the Lord President of the Privy Council, leads the first Accession Council ceremony for 70 years — and the first to be televised. Liz Truss and six former Prime Ministers, as well as archbishops and senior judges, are among those present



TAKES THRONE IN TV FIRST



I HAVE chronically dry lips, and in winter they get even more sore. So, before the weather completely turns, I've been trying out hydrating lipsticks to help keep them moisturised.

you

BEAUTY
with TARA LEDDEN



budget

Revlon Super Lustrous Glass Shine, £8.99, lookfantastic.com:

From the look of this lipstick I would never have picked it up off the shelf. But a make-up artist used it on me for an event and I loved it so much she gave it to me. It offers the perfect amount of slip, so lips feel hydrated and the hint of colour works really well over liner. It's the most sheer of the three I tried, but that makes it versatile as you can wear it even when you don't have any other make-up on. My favourite and a staple in my bag.



mid range

Charlotte Tilbury Hyaluronic Happikiss Lipstick, £26, spacenk.com:

This is more of a gloss texture than a lipstick, so the application can be a little bit messy. It says to twist the base anti-clockwise to apply a little at a time, but as it doesn't twist back down you end up wasting product. To avoid this, it's best to push it up just enough so that the lipstick is just above the plastic. Once you've got to grips with the application, it's more pigmented than any other hydrating lipstick I've tried and lasts much longer than you'd expect for a product with so many moisturising ingredients too.



luxury

La Perla Satin Lip Balm, £45, beautybylaperla.com: First, the packaging for this is stunning – it screams

expensive and would make a great gift. It's the only bullet to have the traditional, pointed shape, which gives a more polished finish to the lipstick look, and the formula isn't as soft as the others I tried. Even though it feels nourishing, there's less slip and it gives off a more grown-up subtle sheen than a glass-like gloss. The pigmentation is still quite sheer, so you don't need a mirror for top-ups. Lips won't look as plump, but there's no danger of your hair getting stuck to it in the windy weather. And in a great move for sustainability, it is refillable.



Pick of the week

AS the seasons change, our skin can go through its very own transition, namely blemishes and irritation. Sound familiar? If you're struggling with breakouts, you'll find everything you need in Cult Beauty The Blemish Edit, £37. It's worth over £140, so comes with a huge £100 saving, and includes classics like Paula's Choice 2% BHA Liquid Exfoliant, Zitsticka Full Size Goo Getter Spot Clarifying Dots and Sunday Riley Deluxe U.F.O Ultra-Clarifying Face Oil.



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THE Sun BINGO!



thesun.co.uk

the

Sunday

Go barmy for salami

SPICE up your life by adding salami to your meals. The Italian cured sausage was celebrated on Salami Day, an event dating back to September 7, 2006, when it was founded in Virginia, US, by the Salami Appreciation Society.

The meaty treat is perfect for school lunchboxes. Here are three splendid salami-based dishes that your kids will love.

Mrs Crunch

SAVE ££££s WITH OUR GREAT-VALUE RECIPES

Salami and spinach tortilla

Serves 6 – 67p per portion
Preparation time: 20 minutes
Cooking time: 35 minutes
YOU NEED:

100g thinly sliced salami
1 large onion, diced
2 large potatoes, such as Maris Piper, peeled and cut into 1cm squares
1tbsp olive oil
Salt and pepper
1tbsp chopped flat-leaf parsley
8 large eggs
60g Cheddar, grated
40g Parmesan, grated
90g spinach leaves

METHOD: Heat oven to 200°C/fan 180°C/gas 6. Add the salami to a dry (ovenproof) frying pan.

Cook over medium heat until beginning to brown, about 1 minute per side. Transfer to a plate.

Add the onion, potatoes, oil, salt and pepper to the pan and cook, stirring occasionally, until the potatoes are golden brown and just tender, 10 to 12 minutes. Stir in parsley and salami.

Whisk together the eggs and cheese, add in the spinach leaves, pour into the pan and stir to distribute the ingredients.

Transfer pan to the oven and bake until the tortilla is puffed, brown around the edges and a knife inserted in the centre comes out clean – 10 to 12 minutes.

Allow to cool then cut into segments and wrap ready for the lunchbox.

TIP

If you have any leftover spinach, simply put into a bag and freeze.



DON'T MISS NEXT WEEK'S Mrs Crunch Lunch FOR

● Food ● Money ● Health ● Motors
● Puzzles ● Dear Deidre ● Travel



Lunch

Mini salami quiches

Makes 12 – 49p each
Preparation Time: 15 minutes
Cooking Time: 20 minutes
YOU NEED:
375g ready-rolled puff pastry
3 medium eggs
250ml creme fraiche
50g Cheddar, grated
50g mozzarella, grated, plus extra for sprinkling
1tsp Italian dried mixed herbs
6 slices of salami cut into quarters
12 black olives (optional)

METHOD: Heat oven to 200C/fan 180C/gas 6. Grease a 12-hole muffin tin. Unroll the pastry and cut out 12 circles using a pastry cutter slightly larger than the size of the muffin tin holes. Press each disc firmly into the holes of the tin until filled and then pop into the fridge to chill while you make the filling. In a bowl, mix together the eggs, creme fraiche, grated cheese and Italian herbs. Take the pastry cases out of the fridge and evenly divide the mixture between the holes. Pop two pieces of salami and, if using, an olive into each quiche and then finish with a little scattering of grated mozzarella. Bake in the oven for around 20 mins until golden. Allow to cool then carefully ease



each mini quiche out of the tin using a knife. Put them into a sealed container and keep in the fridge for 3-5 days, or wrap individually in cling film and freeze until needed.

TIP

PUT these straight in a lunchbox from the freezer. They will defrost in a couple of hours.

Wrap sandwich with salami, lettuce, tomatoes and cheese

Serves 4 – 47p per wrap
Preparation time: 10 minutes

YOU NEED:
4 wraps of your choice
8 slices of salami
8 large lettuce leaves, eg, iceberg
8 slices of cheese, eg, Cheddar
2 large tomatoes finely diced
4 tbsp mayonnaise

METHOD: Lay out the wraps on your work surface and spread a tablespoon of mayonnaise across each one. Then pile up your sandwich – first add the salami, then lettuce, cheese and tomato. Roll each one tightly, cut in half and wrap tightly in foil.

TIP

IF you like spice you could use chilli or mustard mayonnaise.



FREE INSIDE TODAY

The Queen's life in pictures



48-page glossy
souvenir magazine

MORE CASH-SAVING FOOD TIPS



KEEP IT... driving without insurance is illegal

THE FIVE THINGS YOU SHOULDN'T CUT BACK ON

WITH the cost-of-living crisis forcing many of us to cut back, there is a danger that slashing to save can lead to some costly mistakes. Here's five things you should avoid cancelling...

PENSIONS

A pension is a long-term savings plan so any cutbacks you make could mean you fall behind on your retirement goals.

You'll also be giving up the government top-up. If it's a pension at work, you'll lose your employer's contribution too.

Carla Morris, of wealth manager Brewin Dolphin, says: "If you contribute four per cent of your earnings into a workplace pension, adding in tax relief and employer

By SIMON READ

contributions means that eight per cent is actually paid into your pension."

So you want to avoid losing that extra money, if you can.

HOME INSURANCE

It can be tempting to cancel home insurance policies to save money, but it means taking a huge risk.

Having buildings cover is not a legal requirement but if you own your property you could be left homeless and penniless if there is a fire or flood.

If you rent, your landlord is responsible for buildings insurance, but it's up to you

to take out a contents policy to cover your belongings, in case you get burgled.

CAR COVER

Motor policies can take a big chunk of your cash but cancelling it is a definite no.

"If you're tempted to cancel your car insurance, it's important to know you'll be breaking the law," says Sarah Coles, finance analyst at Hargreaves Lansdown.

It's illegal to drive a vehicle on a road or in a public place without at least third-party insurance. You'll face a fixed penalty of £300 and six penalty points.

LIFE INSURANCE

Many people don't realise that if you cancel a policy such as life insurance or

income protection, you might not be able to get it again if your health changes.

Also, if you cancel now but plan to start again later, it is likely to cost you more.

Ask your insurer whether you can take a payment holiday instead.

MORTGAGES AND LOANS

Mortgages and other loans sometimes allow borrowers to take a payment holiday but this is only worth doing as a last resort as it will increase the amount you owe.

David Robinson, co-founder of Wildcat Law, explains: "The interest you would have been repaying is added to the amount you owe and that then starts to incur interest on it as well."

Got money worries? We can help. Email us at money@the-sun.co.uk or write to Sun Money, News UK, 1 London Bridge Street, London, SE1 9GF



Email: money@the-sun.co.uk

Money news and advice to help fix your finances

Sun
ON SUNDAY

money

EDITED BY TARA EVANS

BEAT rising grocery bills by earning cash and rewards on your everyday shopping.

Inflation has hit 10.1 per cent and is expected to keep rising. That means a family spending £100 a week on food could be facing an increase of more than £525 a year for their grocery shopping.

But firms will pay for your shopping secrets, says **SAMANTHA PARTINGTON**, and it's a useful way to offset your costs. Here's how...

HOW DO SHOP & SCAN APPS WORK?

TWO popular receipt-scanning apps are **Shoppix** and **Huyu**, which can be downloaded on the App Store or Google Play.

Shoppix offers tokens in exchange for answering short surveys on your shopping experiences and snapping pictures of your receipts in the app.

You get 30 tokens per receipt and can snap up to 30 receipts a week.

Turn your tokens into vouchers for your favourite retailers or transfer the money into a PayPal account.

You need 3,200 tokens for £5.

Huyu works in a similar way but it will only accept receipts from supermarkets.

You can earn five points per paper receipt and ten points for an e-receipt. You need to reach 500 points to qualify for a £5 voucher.

You'll need to check the app to see which shops are available when you cash out.

Amazon Shopper Panel is an invitation-only receipt-scanning app.

Download it to your phone to join the waiting list.

To earn £5 to spend on Amazon, you must forward ten receipts a month for purchases outside of Amazon.

Earn extra points by taking part in surveys.

Shop & Scan works differently, as it's not a smartphone app. Instead, you'll be sent a barcode scanner by post.

You'll need to plug it into a computer via a USB cable.

After each shop you must scan the barcodes of all the items and answer questions about your shopping trip.

You can earn up to 1,600 points a week, with 10,000 points equalling £10.

You are rewarded with vouchers which can be spent with brands such as Amazon, Spotify, Foot Locker, Uber and Argos.

Both Shop & Scan and Shoppix are run by research company Kantar.



TIPS & TRICKS

RECEIPT-scanning apps can be fussy, and not all receipts will be accepted, so check the company's rules first.

Some schemes insist receipts must be scanned within seven days. Others exclude spending in certain sectors, such as travel.

They cannot be blurred, damaged or handwritten. But avoid apps that encourage you to gamble or trade in cryptocurrency to earn extra rewards.

WHY DO FIRMS WANT RECEIPTS?

HOW shoppers are spending their money, week in and week out, is valuable knowledge.

When you share this information about your habits with researchers, they then sell it on to companies so they can improve their marketing strategies and sell more products.

But before divulging how you shop, check privacy terms to see how your details are treated.

Some firms promise you cannot be identified from any of the information you share.

Yes, you scan earn cash on shopping



QUIDS IN... Lewis

'I earned £400 to buy kids' presents'

AFTER unpacking her shopping, Bryony Lewis swipes each item with a barcode scanner – to earn vouchers to spend on her two children's birthday and Christmas presents.

Online gift shop owner Bryony, 38, who lives in Portsmouth with husband Dan, 37, an engineering manager, and their kids Theo, six, and Isabelle, four, says: "Since I started using the Shop & Scan app eight years ago, I have earned £400 in vouchers."

Scanning her shopping takes five minutes. She says: "I do it as I'm unpacking, it's just one extra step."

Fresh fruit, veg and meat from the butcher with no labels are scanned by selecting the relevant barcode from a booklet that comes with the scanner.

Bryony, whose business T & Belle specialises in gifts for mums, says it takes her a few months to reach 10,000 reward points, which she then cashes in for a £10 voucher.

She adds of the vouchers: "There's a big choice of shops but I usually go for Amazon – you can buy almost anything from there."

PIC A WINNER... copies of receipts can net you cashback

IN ASSOCIATION WITH

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paws & claws



Star of the week

SKYE, the rescued guinea pig, is a good girl as she loves getting her "five a day" – and prompts her owner for her favourite veggies.

The two-year-old was rescued by Gillian Jackson, 59, from Rotherham, who said she squeaks to ask for her food at dinner time.

Gillian said: "I adopted Skye from a guinea pig sanctuary.

"She loves people, enjoys laying on a fleece on my lap and gives me lots of kisses.

"She knows when it's tea time for her, after I get home from work, and she 'weeeks' for her veggies.

"Skye is a lone piggy, who gets along with people.

"She is a complete joy to me."

WIN Pet Camera

DO you wish you could keep an eye on your pet when you are out?

Now you can, with the EZVIZ C6 AI smart camera, which is small in size and big on functionality. The indoor camera doubles as a home security system, too. Available on Amazon, it has 2K video clarity and can track and record your pet, even alerting you to sudden loud noises.

For a chance to win one of three cameras worth £99.99, send an email headed PET CAMERA to sunday.pets@the-sun.co.uk by Sept 25. T&Cs apply. <https://tinyurl.com/2tf4utv6>



Why's dog in hiding?

COCKAPOO AVOIDING OWNER

OUR eight-year-old Cockapoo Riley has been acting oddly lately – he keeps hiding in corners or under furniture.

He is no longer interested in food and doesn't come when called. Sometimes he seems to be avoiding us.

He used to follow me everywhere. Now we spend half our time hunting around the house to find him.

He still seems to enjoy his walks and doesn't appear to be in pain but no longer plays in the evenings like he used to. We haven't taken him to the vet yet, as it stresses him out.

I can't think of anything that could have frightened him that coincided with this behaviour, except it started when I tested positive for Covid.

ELIZABETH SANDFORD, Worthing, West Sussex
Sean says: I'm pretty sure the Covid link is just a coincidence. My first thought when hearing a history like this is that pain is part of the picture.

Dogs are stoic and hide pain. They rarely cry out, especially when it's chronic, gradual pain.

One of the most common signs is a change in behaviour, including withdrawal and a seeming lack of willingness to interact, like you describe.

I know Riley doesn't like the vet clinic, but it is necessary to take him along for a full physical examination and hopefully they can find out where he's uncomfortable, if that's the issue. If not, they might want to run some bloods or other tests.

It's best to find out now what's up, rather than wait and see.

WE have taken on our relatives' parrot after they passed away, but he seems down in the dumps.

What can we do to cheer Burt up?

JASMINE BLACK, Sunderland
Sean says: Sorry to hear your sad news. It's natural for such a sociable bird species to grieve the loss of their long-term human owner. Most parrots should have the company of their own kind so they can express natural behaviours.

And similarly, many owners don't spend enough time with pet parrots, hence problem behaviours can arise, like feather-plucking and depression.

So I would assess honestly whether you can give Burt all he needs, and if so consider maybe getting him a bird companion. Or consider rehoming him to a parrot sanctuary.

MY 13-week-old Westie, Mac, will not pee outside, no matter how long I stay out with him.

As soon as he comes in, he does it before I can stop him. I've tried shouting "No!" and taking him back out but he doesn't finish what he started.



Pet VET

SEAN MCCORMACK

HE is a vet on a mission to help our pets... and he is here to answer YOUR questions. Sean, who is the head vet at the tailored pet food firm tails.com, has helped with owners' queries for ten years.

He says: "If your pet is acting funny or is under the weather, or you want to know about nutrition or exercise, just ask. I can help keep pets happy and healthy."

Send your questions with the name of your pet and your location to vet@the-sun.co.uk

Is there anything I can do? When he first came here we used training pads but with little success. The only pad now is in his cage.

SUSAN SALAMACH, Oldham
Sean says: This is frustrating but give Mac credit, he's still just a baby. Go back to basic house-training rules.

Mac can only be on training pads while he is indoors. Lay them all over the floor in one room. Gradually reduce the area covered by pads. He'll hopefully associate the pads as the place to go and continue using them.

When you notice him wanting to go, take him out to pads placed outside. The pads are the key, and gradually wean him off them, indoors and out. Don't shout at him for toileting in the wrong place. That is why he won't go while you're watching.

ONCE a week we give my horse Major a sugar lump as a treat.

He loves it after a long ride. Should I stop?

BREE TAYLOR, Swansea
Sean says: It's easy to see no harm in it if it's one lump being given to a 600kg animal once a week. But if Major is overweight, I'd be inclined to recommend a lower-calorie treat.

Ponies, in particular, can be prone to issues like diabetes and laminitis which can be exacerbated both by weight and sugar or highly glycaemic carbs in the diet.

There is also the issue of dental health and decay.

So I'd swap the sugar cube for something natural like a handful of greens, a chunk of carrot or apple.

PM MUST BUILD TRUSS WITH LARRY

LARRY the cat, chief mouser to the Cabinet Office, met his fourth owner in a decade this week when new PM Liz Truss moved into No10.

He has served as a trusted companion to her predecessors David Cameron, Theresa May and Boris Johnson. But now, the 15-year-old must get used to a new owner.

Experts have shared their advice to Paws and Claws readers on how best to ensure a smooth transition if bringing a new feline friend into the house.

Dr Karlien Heyrman, of Pets At Home, said: "Cats are creatures of habit and any change to daily routine

can potentially be distressing. There are some simple steps both the new Prime Minister, and any new pet owners, can take to ease anxiety and build a strong bond with their new friend."

1 Introduce yourself one-by-one: Cats can feel overwhelmed when confronted with lots of unfamiliar people. If you have another pet, make sure they have time to get acquainted with the other's scent, for example by swapping their toys, before they come face to face.



2 Give them space: Cats like to be up high, so try to provide comfy areas on all levels.

3 Make time to bond: Most cats love to play. Remember to give your cat a soft toy or something to catch, as they can get frustrated if they're not able to pounce on their "prey".

4 Be patient: It's common for anxious cats to only eat or use the litter tray at night, or not at all in the first 24 hours.

Leave food, check trays often and consult a vet if problems persist. Get more advice at patsathome.com.

Mystic Meg

Visit thesun.co.uk/mysticmeg to download free apps and much more



ARIES March 21 – April 20

The new "try anything" path of Mercury brings unusual answers to everyday questions – and at least one change in your regular routine. After a period of toeing the line, you are free to be your true self again. In love, you may feel the lion's share is down to you, but it will be worth it. Single? Not after you meet a Pisces.

TAURUS April 21 – May 21

The soundtrack to your life this week is music that really means something. Looking back through favourite songs can inspire you – maybe to write and/or perform your own, or to revisit an old ambition. The moon takes deep hidden feelings and helps express them – this time you will be heard. Luck calls at 6pm.

GEMINI May 22 – June 21

Venus is settled in your zone of deepest personal comfort and joy. It's what love means to you that matters, not how it seems to others. If you want to try, or try again, with someone special, this is your week. Your natural Mars daring makes you a personal winner, as the next career step forms in your mind.

CANCER June 22 – July 22

It's the week to take big love feelings and turn them into words – for personal communication or potential publication. You have a Venus gift for supplying what people most need. This should be activated in the coming days. Mercury's sharp eye can spot potential in an old address or housemate. Luck starts with "R".

LEO July 23 – August 23

It's time to look at the balance of love, and whether two people are giving and receiving the same. You have the firm-but-fair Venus skills to fix this. If you are single, a date who shares your passion for a particular movie, food or book can be so right for you. Give this time to grow. Cash and "P" connect.

VIRGO August 24 – September 22

Your personal Venus passion-fest continues and you can start to see how much say you have in your future. Give yourself the respect and time you so freely lavish on others. You have a strong transformation moon path this week, so set aside time to book those classes, sign up to sites or plan a menu.

LIBRA September 23 – October 23

Passion is under the surface, so trust your senses when they tell you who could be perfect for you – even if it's the last person you would expect. Partners share dreams that seem worlds apart yet draw hearts together. Saturn shapes creative instincts into a plan. Contact someone older who has been on your mind.

SCORPIO October 24 – November 22

Maybe you have left the Mars part of your chart simmering away, but it's time to bring big ideas to the boil and make them happen. You are ready to take to a stage or screen, and own it. Or call a halt to negative emotional habits. Mercury is looking back, showing you where a dream went astray. You can fix this.

SAGITTARIUS November 23 – December 21

You may find the pace of change at work or home a bit slow, but be patient. It will be worth it and you will learn about yourself. The sun remains strong in your chart, lighting up success you deserve. This can include more music in your life. You are driven to stick to a passion promise and expect partners to do so too.

CAPRICORN December 22 – January 20

Neptune's sensitive input softens your communication style, and you can get the answers you need when you least expect them. People trust you, which is priceless at work. Make sure you know your true worth in the world. This week you see your soulmate on a routine trip, going in the opposite direction.

AQUARIUS January 21 – February 18

Love that makes you stronger, not weaker, is what you deserve – and this week you can have it by setting your own rules. Single? Say yes to someone who reminds you of yourself. Travel plans may feel uncertain, but when you have the right paperwork and attitude, you can take off. Luck links to "H" music.

PISCES February 19 – March 20

A forgotten ticket, a long-ago "J" name and a place of special memories can combine to create luck thanks to Jupiter. In love, you are in charge, as Venus radiates togetherness and helps you move past petty partnership details. Still looking? Your dream date can work in negotiating, perhaps in many countries.

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ask alfie



Used car specialist

Q I HAVE an 05-plate Ford Fusion. I was away for three months so it sat on the drive and the battery is flat. I can't start the car to get it running again, in order to drive it to charge the battery fully. How do I sort this out?

PAUL HENDLEY

A Well, Paul, you can either charge the battery in situ, by using a battery conditioner (Ctek does some good models, such as the MXS 5.0) plugged into the mains.

Or you can use simple socket spanners to get the terminals loose and lift the battery out before then connecting it to a suitable charger.

Failing that, a good old jump start from someone with leads will hopefully do the trick.

But once you've got the Fusion running, remember to keep the engine switched on and then take the car for

Q&A

Send your questions to motors@the-sun.co.uk

a long drive to get the battery back up to a healthy level of charge.

Having said all that, once a battery has deep-discharged like this, it's usually best to just buy a new one.

Q I AM having some trouble trying to find a new blower and resistor for my 1.1-litre Peugeot 106 petrol. A couple of companies did not recognise the VIN that I gave them, but I know it's correct. Any ideas on what

I can do to get these parts? **MR P FELTHAM**

A I think what you mean by this is the heater matrix for the car – and this is a known weakness on these 106s.

If you tell any half-decent garage what the reg/year of the car is, then they really ought to be able to source the parts.

As far as I'm aware, they aren't expensive either.

Q WHERE do the Government think most people can find £30,000-plus for an electric car?

PETE SMITH

A I absolutely get it, Pete, and no one is suggesting that 30 grand isn't a huge wodge.

Hopefully, by the time the 2030 ban on new petrol and diesel car sales comes in, the prices will be more reasonable.

There are also many more finance deals available these days, such as leasing and PCP.

READER'S CAR OF WEEK



THIS lovely old Jag was sent in by Bob Smith, who lives in the New Forest. He tells me: "This is my 'X300' Jaguar XJ6 Executive. It's all original apart from

the roof-lining. The 3.2-litre straight-six engine starts on the button and purrs." ● Send pictures of your beloved motor, with details, to motors@the-sun.co.uk.

THREE . . . bygone car makes for £5-10k



1997 (R) Rover 800 Sterling 2.5 4dr, £4,950, 65k, Scott James of Lytham Ltd (scottjames@flytham.co.uk) I still find it hard to accept Rover has gone for good. This 800 is a peach and there'll be plentiful parts for an enthusiast-owned car like this.



2009 (59) Saab 9-3 Convertible 2.0t Vector Sport Auto 2dr, £8,990, 75k, E C Cars (UK) Ltd, Essex (eccars.co.uk) Another manufacturer that should still be with us. This 9-3 not only looks great but will feel plenty modern enough to drive, even 13 years down the line.



2017 (17) Infiniti Q30 1.6t Business Executive 5dr, £9,999, 61.5k, West Motors, Uxbridge, London (west-motors.co.uk) Infiniti was Nissan's ill-fated attempt at "doing a Lexus". The firm still exists – it just doesn't sell in the UK – and this is basically a crossover based on a Merc A-Class.

AVENGERS RE-ASSEMBLE

SUN readers of a certain age will remember the Hillman Avenger, a popular Seventies saloon.

Now the Avenger name is coming back – this time as an all-electric Jeep. It has rights to the name because Chrysler bought Hillman, and Chrysler owned Jeep and Dodge, and Fiat bought Chrysler, and Fiat merged with Peugeot. I think that's right.

Anyway, the ultra-modern Avenger will hit the road early next year with a targeted range of 248 miles.

Size-wise, it fits under the Renegade in the Jeep line-up.

Strength-wise, it's not a 4x4 but has the ground

clearance and body armour needed to roam the concrete jungle.

Price-wise, it will start with a three. Jeep will follow Avenger with a trail-rated all-electric SUV called Recon in 2024. Like a Wrangler, it'll have the capability to cross America's mighty Rubicon Trail – and it will have an open-air top and removable doors.

Then a luxury electric Wagoneer will follow in 2025. Jeep has vowed to be electric-only in Europe by the end of 2030.

● MERCEDES is to build large vans with Rivian Automotive, the electric vehicle start-up backed by Amazon.

the **Sunday**

● Money ● Motors

TRIED & TESTED

A BIT of stress is vital to motivate you and make you smarter, happier and healthier.

But too much of it can be damaging to our health.

Chronic stress, or a constant stress experienced over a prolonged period of time, can contribute to long-term problems for heart and blood vessels.

Today JANE ATKINSON looks at ways to try to deal with it . . .

BREATHING DEVICE

GRAB A GADGET: Meditation helps us relax and leads to our heart rate and blood pressure decreasing.

But if you're like me and always have too many things racing around in your head, it isn't easy.

Luckily, there is a brilliant new breathing and meditation aid called Melo that really helps. It is an elegant-looking device and when it

lights up you breathe in then when the light decreases you breathe out. There is a choice of breathing patterns.

You can keep your eyes closed too and follow its vibrations instead. It is discreet and fits into the palm of your hand so you could even use it on the bus or Tube.

Brilliant device. Simple, but it works. £49.99, theawellbeing.com

THE **Sun** health+
ON SUNDAY

Know your numbers to beat blood pressure risk

LOW TO HEALTHY BLOOD PRESSURE

90/60 - 120/80
mmHg mmHg

HIGH BLOOD PRESSURE

140/90
mmHg

OFTEN referred to as the silent killer, high blood pressure may affect as many as five million unknown adults.

The condition has few symptoms during the early stages – which is where Know Your Numbers Week, ending today, comes in.

The campaign encourages people to check their blood pressure and get the treatment needed to bring it under control.

High blood pressure is to blame for 60 per cent of strokes and half of heart attacks.

If you have it, you are

By LYNSEY HOPE

twice as likely to end up in hospital if you catch Covid.

Sindy Jodar, (pictured below), a senior cardiac nurse at the British Heart Foundation, told Sun on Sunday Health: "There are as many as five million adults in the UK who have undiagnosed high blood pressure."

"Many people aren't aware they have a problem until it is too late. Having high blood pressure greatly increases your risk of having a heart attack or stroke."

"It can also lead to other problems, such as kidney failure, heart failure, problems with your eyesight and vascular dementia."

Here Sindy answers your questions about high blood pressure . . .



WHAT IS HIGH BLOOD PRESSURE?

It is the pressure of blood in your arteries. You need some pressure for blood to move around your body and it naturally goes up and down during the day – for instance, it increases while you are moving about.

When you have your blood pressure measured, you are given two figures.

The first is systolic pressure. This is the highest level your blood pressure reaches when your heart beats, forcing blood around your body.

The second is diastolic pressure – the lowest level your blood pressure reaches as your heart relaxes between beats.

Both are measured in millimetres of mercury, with the systolic value first, followed by the diastolic.

The NHS says the ideal blood

DON'T MISS **motors** EVERY THURSDAYSee Tuesday's Sun for **5 PAGES** of health

● **Health** ● **Puzzles** ● **Deidre** ● **Travel**

HOT YOGA

SWEAT IT OUT: Doing yoga in a 40C room may sound hideous but it improves flexibility, cardiovascular fitness and bone density, and when I last tried it I burned 289kcal in a 90-minute class. It also lowers the stress hormone cortisol.

In a 2018 study, a group of adults did three to five classes for 16 weeks and it significantly reduced their stress levels. Plus they improved their self-efficacy – the belief that you

have control over your behaviour and social environment.

I absolutely love it – there is no communicating at all during class so you have 90 minutes to concentrate on you.

It can transform your figure and is perfect for winter because you feel boiling for at least an hour afterwards!

Most studios offer introductory offers. I paid £40 for 30 days' unlimited classes at hotlotus.co.uk.



- + FAMILY HEALTH
- + FITNESS
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- + MENTAL HEALTH

Edited
by **JANE
ATKINSON**
and **LIZZIE
PARRY**

STRESS MANAGEMENT

GET A PLAN: It takes 30 days to turn actions into habits.

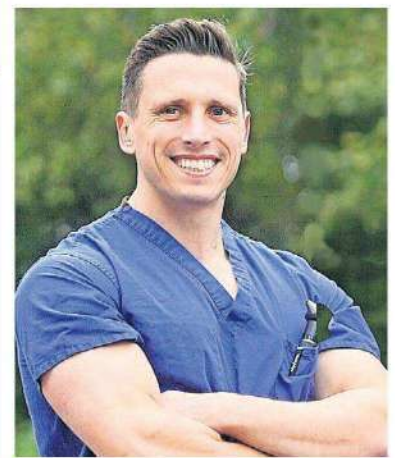
That's why The Stress Management Society, a non-profit organisation dedicated to helping individuals and companies recognise and reduce the impact of stress, has created a 30-Day Challenge for people to download and use from their website.

It is full of daily tips that are broken down

into physical, mental and emotional challenges such as encouraging you to speak to friends, to go for a walk, eat a balanced diet, drink water, write a letter or try a new exercise.

The challenge will maximise your chances of having a positive behavioural change – and reduce your stress.

See bit.ly/3quzp0w or stress.org.uk.



ASK Dr Jeff

GP and men's
health expert

Q MY young son went in a friend's hot tub recently and two days later he came out in pus-filled spots on his abdomen, buttocks and thighs.

I thought it could be a reaction to the water but I'm also worried it might be monkey pox.

DEBORAH CAKEBREAD, Borehamwood, Herts
A Monkey pox is still relatively uncommon in the UK and is only really transmitted by prolonged close contact.

What is likely is that he has picked up a condition known as "hot tub folliculitis". Hot tubs can be breeding grounds for certain types of bacteria that like the warm and wet environment.

Hot tub rashes can affect everyone and are worse in areas where a swimsuit has held water up against the skin or where the patient is sitting for a prolonged period (hence the abdomen, buttocks and thighs). Symptoms include an itchy, red and bumpy rash and sometimes pus-filled blisters around hair follicles. If it lasts for more than a few days it is worth seeing your doctor.

Q I AM a 50-year-old female and I have some obvious swelling in my right armpit – basically it isn't concave any more. I noticed this in December 2021 but ignored it.

Now it's protruding further. It isn't painful but it feels odd. I work five days a week and you can't prebook appointments at my doctor's surgery, you have to call on the day, so it isn't easy for me to get an appointment. I'm terrified that it could be cancer.

MARION PORTER, Avon

The vast majority of lumps and bumps that appear on our bodies are completely benign, but it is always important to get things checked. Armpit lumps are quite common and can be due to various conditions such as sebaceous cysts, fatty deposits (known as lipomas) or even a swollen lymph gland. As a cause of a lump, cancer remains relatively rare and while it is something we all worry about, it is less common than all the other conditions listed previously.

It remains quite a British mindset to procrastinate around health and put off seeing a doctor when we have a problem, citing that it might be hard to get in at a time that suits or there may be difficulties fitting it in around childcare or work.

I still have patients come to see me who boast they have not seen a doctor in 20 years, but this is not a good thing.

While the prospect of seeing your doctor might be daunting, we need to take care of our bodies – we only have one, and the better we look after it, the longer it will last.

Send your questions to:
drjeff@the-sun.co.uk



'FELT I WASN'T AT RISK'

KEEN cyclist Adam Toms was just 47 when he suffered three life-threatening strokes due to high blood pressure.

Adam, now 54, from Harrow, West London, told Sun on Sunday Health: "I'd always been well and cycled a lot."

"But one day in February 2013 I was in my van at work, where I installed air-conditioning units, and turned to my colleague to offer him my Twix."

"The words came out all jumbled and slurred. I had three strokes that morning – one on the way to hospital."

"All of my left side was paralysed and I was in hospital for around 14 weeks."

"I'm very lucky to be alive. Even now I can only manage a half-hour walk a day. I get very tired and suffer problems with my speech. I haven't been able to return to work."

"This is something that could have been avoided if I'd known I had high blood pressure. It runs in my family but as I felt well, I never thought I was at risk."

"Don't risk this happening to you. The test only takes a few minutes."



ECZEMA

ONE in five children and one in ten adults suffer from eczema.

National Eczema Week starts tomorrow to raise awareness about the inflammatory condition which causes intense itching, red, dry, cracked or flaky skin and, in some cases, severe pain.

Academics revealed last week a simple sticky-tape test may soon be able to predict if young babies will develop bad eczema. They suggest high-risk infants could benefit from early treatment with skin creams to avoid flare-ups.

While the cause is unknown, eczema is common among people with allergies including hay fever and asthma.

Environmental factors, including exposure to animals, laundry detergents, bubble baths, scented soaps or perfumes, dust, stress and, in summer, pollen and grasses are major causes of flare-ups.

In winter, extreme temperatures when going from the cold outside into centrally heated indoors can cause skin to dry out.

Dr Jennifer Crawley, consultant dermatologist at sensitive baby and child toiletry brand Child's Farm, told Sun on Sunday Health: "Eczema is quite a complex condition and very common in babies and children under five because it takes 12 months from birth for our skin barrier to fully form, leaving them particularly prone to skin drying out."

"Moisturising the skin is vital to hydrate and act as a barrier against environmental factors. Also sufferers should cover up extremities – with gloves and a hat – to help protect skin against the elements."

"Most children grow out of it but some, usually those who are genetically predisposed to it, continue with eczema into adulthood."

DEBORAH LINTON

pressure is considered to be between 90/60 and 120/80.

WHAT ARE THE SYMPTOMS?

High blood pressure rarely has noticeable symptoms, but you might experience headaches, blurred vision, nosebleeds, shortness of breath, dizziness and chest pain or tightness.

WHERE TO GET MEASURED?

Your GP or local pharmacy can test you for free. If it is normal you will need a check again in about five years, unless you are diabetic and then it should be once a year.

You can buy monitors to test yourself at home but don't buy wrist or finger monitors. Go for an upper-arm cuff and make sure that it is the right size for you.

They start at around £20. Recommended ones can be found on the British Heart Foundation's online shop.

WHO GETS HIGH BLOOD PRESSURE AND HOW DO YOU REDUCE THE RISK?

Certain ethnic groups, such as those from African Caribbean or south Asian descent, are more likely to have it.

It can also be genetic and run in families.

You should try to give up smoking, limit alcohol and keep to a healthy weight.

Try to do 150 minutes of moderate physical activity a week, eat more fruit and vegetables and cut down on salt.

Guidelines say adults should have no more than 6g (one teaspoon) of salt per day – that's both what you add yourself to your meals and what is already contained in the food you eat.

CAN IT BE CURED?

If you have high blood pressure you might need medication to help lower it.

9 QUESTIONS TO ANSWER

If you answer yes to two or more questions, speak to your GP about your risk.

- 1 Do you frequently put a lot of salt on your food or buy processed food?
- 2 Do you drink more than 14 units of alcohol a week?
- 3 Are you overweight?
- 4 Does anyone in your family have high blood pressure?
- 5 Do you smoke?
- 6 Are you over 40?
- 7 Do you lead a sedentary lifestyle?
- 8 Do you regularly suffer from disturbed sleep?
- 9 Are you of African Caribbean or South Asian descent?

double **Sun**
DOKU**TODAY'S TEASER** CALL 0905 757 0156
FOR CLUES OR SOLUTION

2						5
			9	2		
	7		4	6	2	
4	5				3	9
	1		5	3		8
		7				8
5	2				9	3
		1	3	2	8	7

TODAY'S TOUGHIE CALL 0905 757 0152
FOR CLUES OR SOLUTION

						5
		5			7	
	2				6	4
				3		8
						1
	1	4	5		7	6
		7		2		3
9			6	1		7
			7	4	5	6

Calls cost £1 per minute from BT landlines plus
network extras**YESTERDAY'S SOLUTIONS****Teaser**

6	3	1	5	9	7	2	8	4
2	7	4	6	1	8	9	3	5
8	9	5	3	4	2	1	6	7
7	8	3	1	5	9	4	2	6
5	6	2	7	3	4	8	1	9
1	4	9	8	2	6	5	7	3
4	5	7	2	6	1	3	9	8
9	1	8	4	7	3	6	5	2
3	2	6	9	8	5	7	4	1

Toughie

7	5	1	3	9	4	2	8	6
6	9	4	2	8	1	7	3	5
8	3	2	7	5	6	9	1	4
9	8	7	5	1	3	6	4	2
4	2	5	8	6	9	3	7	1
3	1	6	4	2	7	8	5	9
1	6	8	9	3	5	4	2	7
2	7	9	1	4	8	5	6	3
5	4	3	6	7	2	1	9	8

MINDBENDERAgency, opener, stents, trench, twenty,
whence.**BRAINBOXER**

16

TODAY'S BIRTHDAYS . . .

VERVE frontman **RICHARD ASHCROFT**, 51, comedian **JOHNNY VEGAS**, 52, right, Marvel actor **ELIZABETH HENSTRIDGE**, 35, German football legend **FRANZ BECKENBAUER**, 77, ex-West Ham player and manager **SLAVEN BILIC**, 54, singers **MOBY**, 57, and **HARRY CONNICK JR**, 55, house music DJ **KYGO**, 31, Coldplay guitarist **JONNY BUCKLAND**, 45, and boxer **ANDY RUIZ JR**, 33.

**SUNDIAL**

SEE how many words of four or more letters you can "dial" using the one at the centre in each word.

You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals. Words from Collins Concise Dictionary.

BRILLIANT: 27. EXCELLENT: 23. GOOD: 17. GREAT SCORE FOR KIDS: 12.

YESTERDAY: Aboard, abroad, adorn, barb, bard, barn, baron, boar, board, born, bran, brand, broad, darn, drab, radon, rand, road, BROADBAND.

Check today's answers by calling 0905 757 0155 before midnight. Calls cost £1 per minute plus your telephone company's network access charge.

Calls for extra clues and answers last no longer than two minutes (Sundial answers may vary). Helpline: 0333 202 3390 (9am-5.30pm). Service provider: Spoke, W1T 4HD

SET SQUARE

Place each of the digits 1 to 9 in the grid to make the sums work. We've started you off with two numbers. Solve the calculations in order, left to right, or top to bottom.

x	8	+		= 33
x		+	x	
2	+		+	= 16
-		x		+
	x		÷	= 14
=		=		=
1		102		8

Sun SUKO®1

Enter the numbers 1 to 9 in the spaces so that the number in each circle is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals below.

21		10	
27		18	
17		8	20

Sunday **quizword****ACROSS**

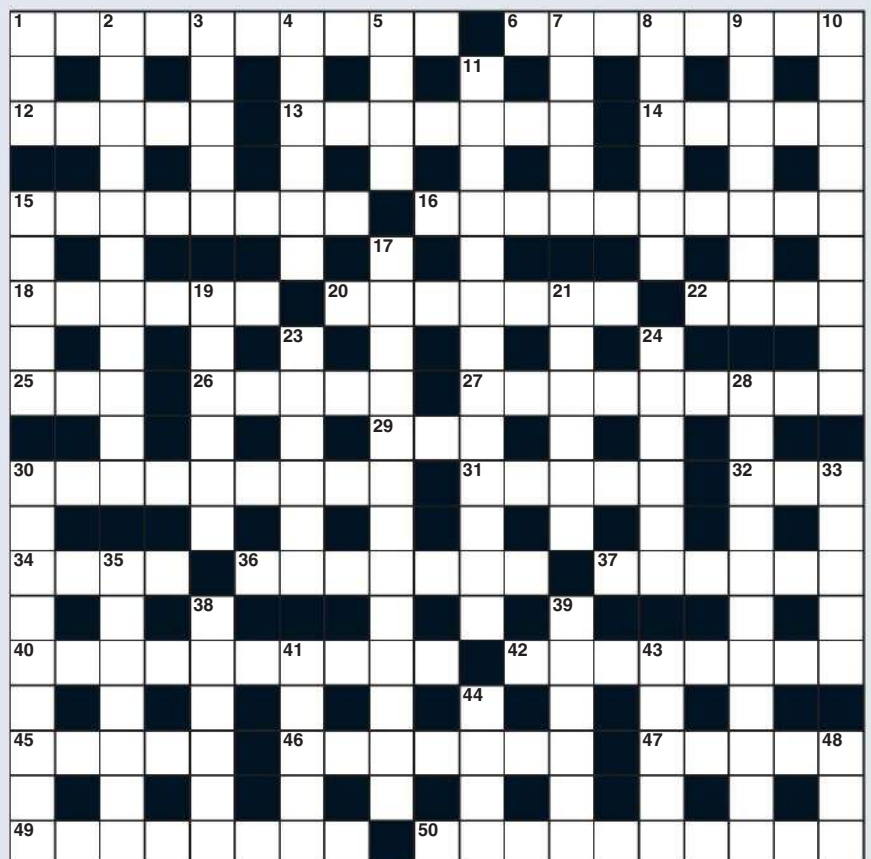
- Party leader in Orwell's Nineteen Eighty-Four (3,7)
- Negatively charged particle in an atom (8)
- Scottish golf course (5)
- Inhabitants of the UK (7)
- Surname of Charles in Brideshead Revisited (5)
- Spanish dance (8)
- Another name for the Torah (10)
- Name of eight kings of England (6)
- Surname of Jeeves' master (7)
- Kojak's forename (4)
- Boy pharaoh, familiarly (3)
- Family's surname in Little Women (5)
- Act of coming out (9)
- River in Devon (3)
- US public transport (9)
- Royce's partner (5)
- 1960s TV panda puppet (3)
- Deep Scottish loch (4)
- Dance immortalised in song by Cole Porter (7)
- Cloud with thin wispy streaks (6)
- Dessert named after an opera singer (5,5)
- Island, capital Bridgetown (8)
- Russian tsar nicknamed 'the Great' (5)
- Family in Till Death Us Do Part (7)
- French World War I battlefield (5)
- Wine grape grown in Germany (8)
- Irish dramatist, 1880-1964 (4,6)

DOWN

- Nocturnal flying mammal (3)
- Moisture occurring naturally in the subsoil (11)
- Queen consort of Jordan (5)
- Caribbean island near Trinidad (6)
- Surname of British artist Tracey (4)
- Hungarian composer and pianist (5)
- Anglican priest's assistant (6)
- Cornish town between Truro and Camborne (7)
- Earth's topmost point (5,4)
- System that makes a vehicle easier to control (5,8)
- Group of trucks or ships (5)
- Nursery-rhyme dog owner (6,7)
- Second-largest town on the Isle of Man (6)
- 1960s singing brothers Don and Phil (6)
- Item sought at Delphi in ancient times (6)
- 1992 Wimbledon men's champion (6)
- French astrologer who made cryptic predictions (11)
- Stiff sheet coated with powdered glass (9)
- 1990s group fronted by brothers Liam and Noel Gallagher (5)
- Home city of coffee chain Starbucks (7)
- First name of US rock singer Ms Crow (6)
- First person to set up a printing press in England (6)
- Lord associated with Greek marbles (5)
- Early computer programming language (5)
- Brazilian footballer who won three World Cup medals (4)
- East Anglian cathedral (3)

Check today's answers before midnight by calling 0905 757 0157 for Across and 0905 757 0160 for Down. Calls cost £1 per minute plus your telephone company's network access charge.

Purchase the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 from the HarperCollins website harpercollins.co.uk or phone 0141 306 3100



bumper Puzzles section starts here

More puzzles than any other paper

CLUE SQUARE

Using the nine letters provided, can you answer these clues? Every answer must include the highlighted central letter. What word uses all nine letters?

- 5 letters**
Donated
Grape plants
Inauspicious signs
Monarch's rule
Sear
- 6 letters**
Breed of sheep with fine, long wool
Crooner
Give in your notice
Vicinity
Wandering, strolling

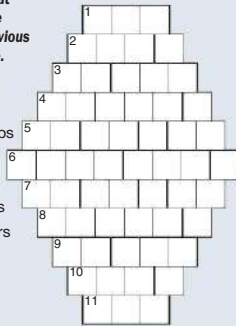
I	M	R
E	N	V
O	G	S

- 7 letters**
Food portion
Rendition
- 8 letters**
Getting rid of

BRICKWORK

Answer each clue so that every word contains the same letters as the previous word, plus or minus one.

- Gentleman's title
- Salary increase
- Horse-riding straps
- Colliers
- Leftovers
- University classes
- Shipboard soldiers
- Fighting forces
- Stingy hoarder
- Arab ruler
- Anger, wrath



PATHFINDER

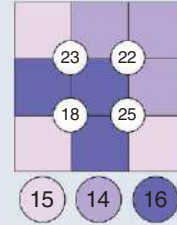
Beginning with the highlighted letter, follow a continuous path in the grid to find the listed types of wood. The path passes through each and every letter once, and may twist up, down or sideways, but never diagonally.

W	P	O	P	L	O	X	W	O
O	C	R	A	A	B	B	H	O
L	H	S	L	R	A	A	C	D
L	I	Y	C	A	S	L	E	E
T	W	E	B	M	O	R	E	B
U	Z	A	O	N	Y	R	O	S
N	E	H	S	E	E	R	P	E
L	L	T	T	H	S	C	Y	W
A	W	U	N	C	S	D	O	O

- BALSA**
BEECH
BOXWOOD
CHESTNUT
CYPRESS
EBONY
HAZEL
LARCH
POPLAR
ROSEWOOD
SYCAMORE
WALNUT
WILLOW

Sun SUKO®2

Enter the numbers 1 to 9 in the spaces so that the number in each circle is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals below.



SUGURU®

Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3 and so on. The same digit must not appear in neighbouring cells, not even diagonally.



THE NAME GAME

EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify an artist:

1	2	3	4	5	6	7	8	9	10
8 & 4	Former Dragon's Den entrepreneur who died in June 2022								
5 & 1	She played the title character in Ugly Betty								
10 & 6	Ukrainian-French "Bond girl" in 2008's Quantum Of Solace								
2 & 3	Frontman of Super Furry Animals who acted in Notting Hill								
9 & 7	Cyclist stripped of his seven consecutive Tour de France titles in 2012								

● Yesterday: Presenter JIM BOWEN (Nick Offerman, Britt Ekland, Joe Wicks, Idina Menzel, Nile Rodgers). Another Name Game in The Sun tomorrow.
■ If you can't wait until tomorrow for the answers, just call 0901 293 6298. Calls cost £1 plus your telephone company's network access charge.

MINIDOKU

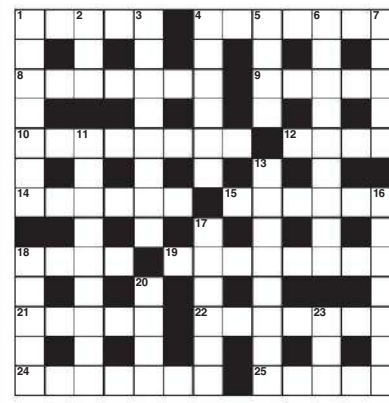
As normal Sudoku using digits from 1-4.

	2		
4			
			1
2		3	

PUB QUIZ

- Movies**
In which 2007 film does a hitman ask a gas station attendant, "What's the most you have ever lost on a coin toss?"
- Music**
Which band released the 1971 album Fog On The Tyne?
- TV & Radio**
Which Netflix horror drama is primarily set in the fictional town of Hawkins, Indiana?
- Leisure**
FIDE is the world governing body for which board game?
- Geography**
What was the Manhattan public area known as "Longacre Square" renamed to in 1904?
- Science**
The name of which noble gas comes from the Greek for "new"?
- Art & Literature**
Who painted Girl Before A Mirror, Guernica and The Weeping Woman?
- People**
Whose 2022 No. 1 hit, Running Up That Hill, came a record 44 years after her first, Wuthering Heights?
- Words**
What shape is any object described as being rhombic?
(a) Heart-shaped
(b) Diamond-shaped
(c) Club-shaped
- The British Isles**
Which is the smallest Irish county in terms of area?
- Food & Drink**
Which popular curry dish gets its name from the Persian for "two onions"?
- Pot Luck**
The dong is the currency of which Asian country?

Two sets of clues but the answers are the same



Coffee time

- ACROSS**
- Spontaneous (2-3)
 - Domain (7)
 - Atomic pile (7)
 - Map collection (5)
 - Enmity (3,5)
 - Observe (4)
 - Powerful businessman (6)
 - Dives as hawk (6)
 - Flower holder (4)
 - Boss (8)
 - Skydiving need (5)
 - Maths subject (7)
 - All smiles (7)
 - Clan emblem (5)
- DOWN**
- Circus tumbler (7)
 - Pasture (3)
 - Persevere (6,2)
 - Stephen King genre (6)
 - Badly-behaved youngster (4)
 - Exaggerated account (4,5)
 - Scrumptious (5)
 - Short-legged canine (9)
 - Gloaming (8)
 - Mocking irony (7)
 - Forcible contact (6)
 - Parson (5)
 - Singer Suzanne (4)
 - Pipistrelle, e.g. (3)

Check today's answers before midnight by calling 0905 757 0150 for Across and 0905 757 0151 for Down. Calls cost £1 per minute plus your telephone company's network access charge.

Cryptic clues

- ACROSS**
- Unfortunately bald, I improvised (2-3)
 - Tabitha to stray in her environment? (7)
 - This at Fukushima unstable at core?
Right (7)
 - Hold-up man in downbeat LA suburb (5)
 - Evil family shows animosity (3,5)
 - Spot European with 007? (4)
 - Heard Asian firm supported by magnate (6)
 - Small courts accepting first of police raids (6)
 - Pot displayed in Kyiv as example (4)
 - Poem changes with lyre user (8)
 - Water slide appealing when it's hot inside (5)
 - Lab gear prepared for school lesson (7)
 - Notice one in tirade exuding heat (7)
 - Motet rewritten becomes tribal symbol (5)
- DOWN**
- Athlete crashing boat-car (7)
 - Grassland of Middle Ages (3)
 - Fight arranged? Don't give up! (6,2)
 - Fear of Colonel Kurtz? (6)
 - Nasty kid runs into club (4)
 - All extremely suspect in Tory's unlikely tale (4,5)
 - Some chipolatas typically yummy (5)
 - Old man circling church to avoid dog (9)
 - Vampire saga with one large drunk outside (8)
 - Sneering Sam acquiring fancy cars (7)
 - Influence thing done by little devil? (6)
 - Clergyman brings six to vehicle (5)
 - Star appearing in Love Games (4)
 - Club in Cuba terrific (3)

YESTERDAY'S SOLUTION

ACROSS: 1 S-cab, 4 T-ire-s-ome, 8 Emblem, 9 Taco-ma, 10 Downfall (found all), 12 S-now, 13 Ce-me-nt, 15 Alight, 17 Ag-art(t), 19 Rh-e-to-ric, 21 Aerial, 22 Br-ide, 23 M-ortuary, 24 Eros.
DOWN: 2 Came-o, 3 B-alan-ce, 4 To-m, 5 Retal-i-ate, 6 Sacks, 7 M-a-mm-oth, 11 Afterglow, 14 Elg(alr-eco, 16 I-dol-is-e, 18 Rhino, 20 Igloo, 22 B-a-y.

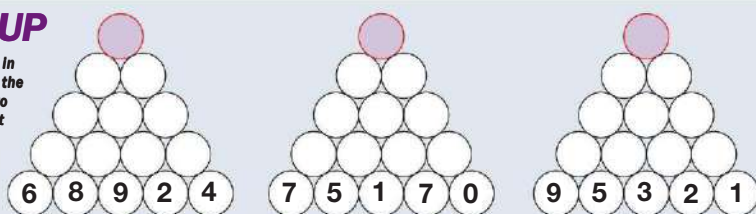
ARROWWORD

The arrows show the direction in which the answer to each clue should be placed.

Gifted child	Catastrophe	— Ryan, US actress	Apex	Artist's three-legged stand	Go to the next page (units)	Aural pain	— Baba, pantomime character
				Small church			Cure
Reach your destination	Unsuitable	Untrue statement	Kind and forgiving treatment	One of a flight of treads			
Face of a clock or watch			Space rock				Common heavy metal
Part away from the edge				Solid water	On the contrary	Point at a target	
Garden entrance			Chest bone		Measurement of land area		
		Happen, come about			Tool for carrying bricks		
Variety, sort	Touchdown in rugby		However		Refuse to admit		

ADD UP

If the number in each circle is the sum of the two below it, what is the top number?



WORD WORKOUT

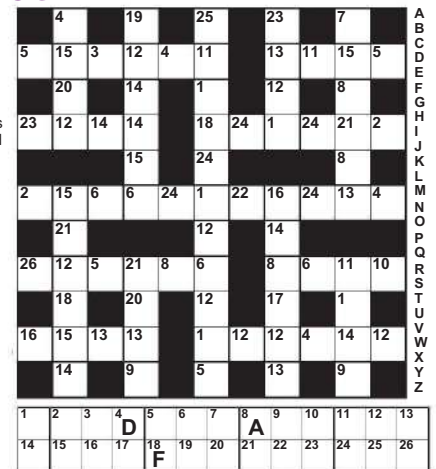
THIS is the world's best brain teaser. The Sun's clueless crossword. Here is how to play: Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter Y, write Y in all the squares with a 4. All the alphabet is used and we have supplied some letters to start you off. We will print the answers tomorrow.

YESTERDAY'S SOLUTIONS

ACROSS: Bolero, Ache, Feat, Silver, Headsquares, Sponge, Jump, Brim, Casing.
DOWN: Yoke, Vetted, Consequence, Fall, Wheeze, Export, Adjust, Name, Monk..

For 4 Extra Clues
Call 0901 293 6299 or text **SUNWORD** to 64343

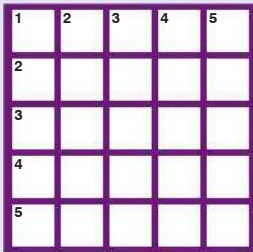
Calls cost £1 plus your telephone company's network access charge. Texts cost £1 plus your standard network rate.



WORD SQUARE

ACROSS
1 Components
2 Bend
3 Food smell
4 Enjoyed
5 En ___, all at once

DOWN
1 Religious verse
2 Skylit entrance
halls
3 Castles in chess
4 Big books
5 Black card



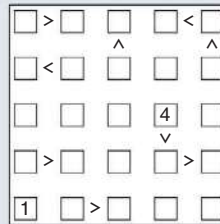
CELL BLOCKS

Divide the grid into blocks that are either square or rectangular. Each block must frame a single number, and each block must contain the same amount of cells as the number it frames.



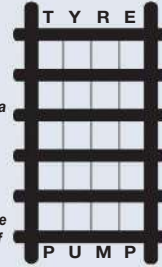
FUTOSHIKI

Use the greater than (>) and less than (<) signs to fill in the squares with the numbers 1-5. The same number cannot occur more than once in any row or column.



WORD LADDER

Change one letter at a time (but not the horizontal position of any letter) to make a new word - and move from the word at the top of the ladder to the word at the bottom using the exact number of rungs provided.



SPOT THE SAYING

Which two well-known sayings or expressions can be found below?

1 **XS XS**
2 **AUGUST OCTOBER DECEMBER END**

WORDSEARCH

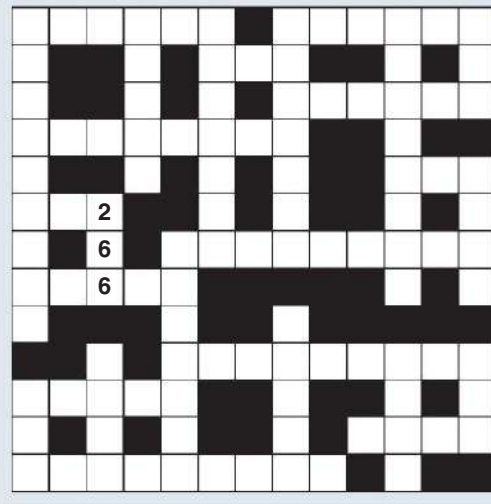
These green items can all be found in the grid. Words may run either forwards or backwards, in a horizontal, vertical or diagonal direction, but always in a straight, unbroken line.



APPLE ASPARAGUS AVOCADO BAIZE BROCCOLI CHIVES CLOVER
COURGETTE CRESS CUCUMBER EMERALD ENVY GOOSEBERRY GRASS
JADE KALE KERMIT KIWI FRUIT LEEK LEPRECHAUN LIME
MALACHITE MOSS OLIVE PEAS PISTACHIO ROCKET WOODPECKER

NUMBERFIT

All of the listed numbers fit into the grid and there's only one way to do it. One number has been provided to get you started.

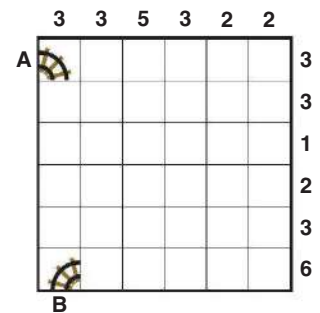


3 digits: 266, 272, 438, 460, 613, 732, 804
4 digits: 3841, 5358, 6151, 6734
6 digits: 425132, 784732, 974485
7 digits: 5416820, 6572823, 7041186
8 digits: 60107601, 77106806
9 digits: 251050614, 411335513, 608637054, 905607190

SOLUTIONS TO ALL PUZZLES ARE IN THE SUN TOMORROW

TRAIN TRACKS

Lay tracks to enable the train to travel from town A to town B. The numbers indicate how many sections of rail go in each row and column. There are only straight rails and curved rails. The track cannot cross itself.



MISSING LINK

Find a word that can follow the word on the left and precede the word on the right. When you have filled in all the answers, the shaded squares will spell out a type of pasta.

CASH						CHART
MIAMI						VERSA
STAR						OVER
SQUARE						VEGETABLE
INNER						TRAIN
HUMAN						MEETING
SLIPPED						BRAKE
PEARLY						PRAWN
ROMAN						CONE
ELECTRIC						GLOVES

NUMBERCRUNCH

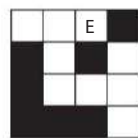
Starting at the top with the number provided, work your way down the three lines one at a time, applying all the mathematical instructions to your running total.

EASY	MEDIUM	HARDER
97	146	532
- 39	Half of it	÷ 7
Half of it	+ 374	+ 3301
- 19	Third of it	÷ 11
× 9	- 89	+ 268
÷ 5	3/4 of it	60% of it
+ 84	- 36	- 147
÷ 6	× 11	÷ 6
+ 58	- 49	+ 2695
÷ 3	÷ 10	÷ 8
ANSWER	ANSWER	ANSWER

MINI FIT

Which one of the listed words won't fit in each of these mini grids?

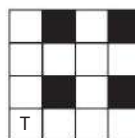
APE
IVY
PAP
PHI
RYE



IVY
OAR
REP
SON
SPA

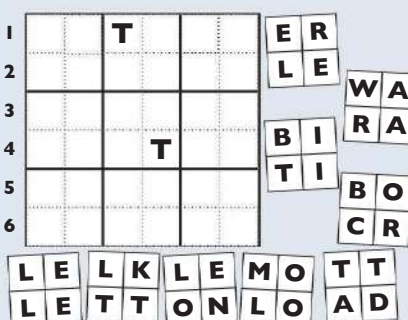


FRET
MUNG
ROUE
TO GO
WAVY



MINI JIGSAW

Fit the pieces in the grid to spell out words relating to baby equipment in each row.



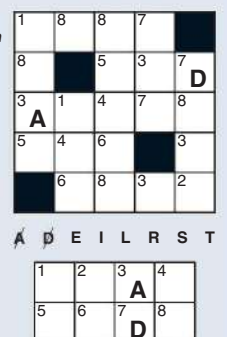
MIND THE GAP

Place one of the three-letter words in the spaces of each row to complete the nine-letter word. Do it correctly and the shaded squares will spell out a word.

A	P				A	T	U	S	AIL
G	O	D				H	E	R	CUB
R	E	T				E	R	S	FAT
E	X				D	I	N	G	PAN
I	N				A	T	E	D	PAR
D	O	C			A	T	E		ROW
T	H				A	W	A	Y	TOR

MINI CODE

Eight letters have been given a number from 1 to 8. Break the code to complete the crossword.



the Sunday dear deidre

No matter what the issue, I answer every single problem



Edited by
SALLY LAND
Team: Jane Allton, Sophie Donovan,
Hilary Freeman, Catherine Thomas

FAMILY FORUM

Dear Deidre

TO my dismay, my youngest son is becoming aggressive and flies off the handle at the smallest provocation.

He's ten years old and his temper has been worsening over the last few years. I'm 45 and my husband is 48.

Last night, after me telling him five times it was time to turn off the light, he hurled his book at me then trashed his room because he didn't want to finish reading.

His dad has a short fuse and can fly off the handle without warning so I'm worried he could be picking up the same habits.

There is no reasoning with my son. If he doesn't get his own way, all hell breaks loose. I stay patient, follow through with threats and give him plenty of attention.

So where am I going wrong? I feel like I'm walking on eggshells all the time.

■ DEIDRE SAYS: Parenting is so difficult and you're clearly doing your best, so please don't blame yourself. But, yes, I'm afraid history often repeats. Your son is learning from your husband to deal with frustration with anger.

You are patient but your husband erupts without warning, so your son will not know where the boundaries lie.

Talk to your husband and find a common approach – one request, one warning and then follow that through.

My support pack Managing Anger will help. If you are still worried, please contact Young Minds (youngminds.org.uk, 0800 802 5544) who will help.

Dear Deidre

MY boyfriend and I love one another and he has asked me to move in with him – but I know I would have to move out when an arranged marriage is found for him to give him children.

I am 43 and it's too late for me to have children. He is 29.

We met when we both worked in the same shopping arcade last year. We chatted, then went out a few evenings and started getting closer. We were both single but started a relationship.

He had told me he would have an arranged marriage at some point but it wasn't an issue for me back then, as I thought our relationship was just fun.

His parents haven't found him a bride yet but I bring it up nearly every time we meet because I know I'm really going to struggle when he does meet his future wife.

Not only will I have to move out, I won't be his number one priority then.

■ DEIDRE SAYS: As the thought is eating into you already and stopping you enjoying the time you are together, best end it now.

Of course it's pleasant for your boyfriend to enjoy your loving while he waits for his parents to find him a bride, but you're right – there is no long-term happiness with this man.

He is choosing to stay within his culture, which is his right, but that doesn't mean you should allow your feelings to be trampled underfoot.

stories

WES WANTS WHAT HE CAN'T HAVE: Final day

deidre's photo casebook



Dear Wes,

IT'S natural to feel disappointed that Amber has found someone else.

But sniping at her new girlfriend simply makes you look churlish and immature.

Rather than risk losing a

good friendship, get out and about and meet new people.

That way you take your focus away from Amber and increase your chances of meeting someone for yourself.

Deidre

Dear Deidre

AFTER working my butt off and doing a damn good job too, my boss went back on his word, withdrawing the pay rise he promised.

I was so cross I found another job and now he is doing his best to make me feel bad and stay.

He is offering me £1000 more than my other job offer but it's still not as much as he originally promised.

I'm 34 and my boss is 57. When I took the job, managing his farm, he told me I'd have three months' probation and if I passed I would receive a £4,000 increase.

When it came to it, he asked me to stay on but looked at me blankly when I asked about the pay rise.

Then he claimed he couldn't pay the higher salary. I didn't sign a contract,

so don't have proof. Now I've found another job, he is complaining I would be leaving him in the lurch.

I don't know what to do.

■ DEIDRE SAYS: At best, your boss sounds unreliable. In three months, you have discovered he's happy to go back on his word and manipulate you – it doesn't bode well.

There is more to consider than salary alone, such as other benefits and work-life balance.

Take your time to weigh it all up but don't let your boss make you feel bad.

Whichever job you go for, ask for an employment contract. While an oral agreement is legally binding, it is much harder to prove.

For more information on contracts, go to the Citizens Advice Bureau (citizensadvice.org.uk).

Dear Deidre

ACCORDING to my mother-in-law I have put my career ahead of my children and as a result, they are rude and lacking in discipline.

She thinks I should have stayed at home like her and focused on my children.

My aunt told me what my mum-in-law had said at a recent family christening and now I'm fizzing.

I am 41, married and have two sons and a daughter. They are 10, eight and five. My mum-in-law is 77.

My children are definitely very lively but they are not rude or undisciplined.

I love my job as a palliative nurse but I'd never put it before my children.

And I'm not sure how we would cover our bills without the second salary.

Should I have it out with

her or keep schtum for the sake of peace?

■ DEIDRE SAYS: It is always hurtful when someone close is critical. Talk to your husband and see what he thinks. Could her words have been exaggerated or misunderstood – were they reported accurately?

Perhaps he or you could have a chat with her when you feel calmer.

Explain that you understand she made different choices and found her criticism hurtful. And remind her you are doing your absolute best.

It would be best to clear the air to prevent a similar situation in the future.

I'm sending you my support pack Standing Up For Yourself, which will help you with this difficult conversation.

Game's up over car share affair

Dear Deidre

MY raunchy car share journeys are about to come to an end as my husband is insisting on driving me to work and I am devastated.

I've been getting a lift with a younger man who lives around the corner and recently our cost-cutting arrangement spilled over into a passionate affair.

I am 42 and my husband is 45. All we have in common these days are the children.

Other than our daughter, who is 19, and son, who is 17, he is only interested in football, cricket, rugby or Formula 1 – anything but me.

So I was a bit stumped when he announced he would drop me off at work in the mornings.

Normally, he likes to leave earlier than me to beat the traffic, and hates driving through my side of town because the congestion is bad.

On our way in, he asked some awkward questions about my car-share partner. What do I think of

HERE TO HELP YOU



MY team of counsellors is ready to help every day. We usually reply to you within 24 hours and always change details on any published problems to protect identities. The Dear Deidre team advises and assists people for free, in an age when counselling sessions can cost £20 and funding for support is at an all-time low. If you want our help, please email problems@deardeidre.org or write (enclosing an SAE) to Dear Deidre, The Sun, London SE1 9GF

him? Is he in a relationship? I tried to sound relaxed, saying I wasn't sure about his relationship status and that I thought he was quiet, but all right.

The truth is I know my car share partner is single, 37, and brilliant. We have so much in common and I'm falling for him.

We had always got on well, so when he suggested I get a lift with him rather than take the

bus, it made sense. We soon found we love the same music, and have sing-a-longs.

He got a boxer puppy that was a real handful and asked me for help training her, as I've had dogs for years. After one training session in the park, he leaned in for a kiss goodbye. It ended up being a full-on kiss on the lips and took my breath away.

Since then we have been more discreet and driven to remote places for our dog walks and intimate sessions.

Now my husband has said he'll be happy to drive me to and from work. I tried to protest but he insisted. I'm worried my husband has rumbled my affair.

Should I come clean? Or just pretend nothing has happened?

■ DEIDRE SAYS: It does sound as if your husband suspects your affair.

Now is the time to end it and work out if you have a future with your husband. Talk to him and let him know you feel distant and want to sort out your relationship. Ask him to attend relationship therapy with you.

If he doesn't want to go, try solo sessions. Tavistock Relationships (tavistockrelationships.org or 020 7380 1960) can help.

ONLINE & SOCIAL

Need help with a dilemma or want to know more about how we can help?

ONLINE: thesun.co.uk/deidre. Follow and message us on: INSTAGRAM @dear.deidre; TWITTER @DearDeidre; FACEBOOK @DearDeidreOfficial

Downsizing makes me feel a failure

Dear Deidre

WITHOUT a decent pension to retire with, my wife and I are being forced to move to a rougher, cheaper part of town.

I am 71 and my wife is 72. Currently, we live in a comfy three-bedroom house in a lovely neighbourhood.

We are surrounded by parks and very close to the centre of town. I love the area.

But now we are having to sell and buy much further out, where we can downsize and release a decent wedge of equity.

I feel such a failure. I worked so hard all my life

and feel so low that we can't stay in the home I love.

■ DEIDRE SAYS: Retirement can be a challenging time for anyone.

But you are also having to deal with the upheaval and adjustment of a necessary move.

You have worked hard, paid for a nice home in a lovely area, and now are able to use the proceeds of a sale to ensure you and your wife can enjoy a comfortable retirement.

Rather than seeing this change as a failure, there is plenty to be proud of.

If you continue to feel low, please speak to your GP so they can refer you for support.

Violent boyfriend ruined gym trips

Dear Deidre

I AM too embarrassed to go back to the gym that I love after my boyfriend roughed up one of the staff members who works there.

He can sometimes get a bit jealous. I'm 27, he is 31 and we have been together for three years.

We both love working out and were regulars at our local gym.

One day I was struggling with a new machine and one of the trainers came over and helped me.

But my boyfriend decided he was flirting and had "disrespected" him.

He got really angry and marched over, barging the

trainer aside. The trainer bashed his head on some nearby weights. I'd love to go back but should I clear the air with the trainer first?

My boyfriend has been banned from that gym.

■ DEIDRE SAYS: Your boyfriend's behaviour is raising red flags. He was violent and I'm worried for your safety.

I'm sending you my support packs on abusive partners and jealousy.

You did nothing wrong by talking to the trainer. Your partner's behaviour is the issue here.

If you need to talk, contact Support Line (supportline.org.uk, 01708 765 200).

ADVERTISEMENT

Do you have these pains?

- Do you suffer with your legs and feet?
- Do your legs feel heavy and tired?
- Do you experience tension or stiffness?
- Do you suffer from varicose veins or cramp?
- Do you suffer from lower back pain?
- Do you get pain from sciatica?

You need VibroAction Pro®

Soothing relief from your back to your feet!

Remember how enjoyable life was before the onset of lower limb issues? Imagine, now, the pleasure of no longer suffering from venous insufficiency, an end to the pain of varicose veins, oedemas and cramp...of having legs that feel lighter with no more swollen ankle discomfort!

Think how much more pleasant life would be without that pain in your back, those stiff muscles or the agony of sciatica. Imagine the joy of returning to a happy life and being in good health ... no effort required. Well, this life is now possible thanks to VibroAction Pro® – the most efficient venous stimulator designed to soothe your aches and pains, wherever they are and whenever you want to feel that relief!

The comprehensive and versatile VibroAction Pro® is specially designed to relieve blood circulation problems and muscular pains thanks to its therapeutic micro-vibration technology.

Micro-vibration is a revolutionary technology for all those who suffer from venous insufficiency

Micro-vibration is among the most efficient treatments available for the aches and pains associated with poor circulation. The VibroAction Pro® can help reduce the pain symptoms. This is a gentle method without any

The European Space Agency uses micro-vibration for the bone health and tissue care of its astronauts

harmful side-effects, that is odour-free, non-medicinal and accessible to all. Put simply, VibroAction Pro® is the answer you've been looking for!

Astronauts are subjected to exceptional conditions and it is paramount that they remain in good health. They must strictly observe a

healthy lifestyle and a specific training programme. That's why the European Space Agency uses therapeutic micro-vibration to help maintain astronauts' bone health and promote optimum circulation. The relaxing effects are also useful in preparing the astronauts for stressful situations, and the cramped conditions which make it difficult for them to move around or exercise as normal.

VibroAction Pro® can help with:

- Tired and aching, heavy-feeling legs
- Swollen legs, calves, feet or ankles
- Contractures • Muscular tensions
- Sciatica • Tension • Varicose veins
- Stress • Cramp • Oedemas and more

"Effortless relief..."

"I had been suffering with heavy legs and varicose veins for years. I took a lot of medication that didn't make me feel great, especially my stomach. Then my physiotherapist suggested VibroAction. Two short 10 minute sessions a day and that was it! Once again my legs felt light, and it has made a huge difference to my varicose veins and fatigue. The VibroAction helped me enormously and I didn't have to make any effort!" Gerard



A range of positions ensure maximum effectiveness



Reactivate your micro-circulation. Particularly popular with those who need to remain seated, or suffer from back pain or muscle tension.

VIBROACTION PRO IS IDEAL FOR:

Knee pain and joint stiffness

VibroAction Pro® helps relieve knee pain by working the muscles, ligaments and joints. If there is stiffness or pain, these sessions will help enormously! The vibrations provide a massage that tones the muscles – especially for those who are less active – which can help improve bending of the knee without it blocking or becoming painful.



Pain in the feet or swollen ankles

If you suffer daily with stiff feet and swollen ankles, then VibroAction Pro® can provide rapid relief with thousands of micro-vibrations that stimulate and liberate these sensitive zones. Plus...the built-in Shiatsu-type plantar massage pad offers maximum relaxation and liberation of the tension points in the rest of your body!



Muscle pain in the lower limbs

Lower leg circulation problems are commonly due to blood struggling to travel upwards against gravity. VibroAction Pro® can alleviate this as it stimulates the lower leg via the sole of the foot. Your muscles contract and relax, stimulating blood flow. As an added benefit, your calves and thighs will be toned and relieved in just a few sessions!



Back tension and sciatica pain

Makes your back and leg muscles work effortlessly to avoid lumbago and sciatica, blockages and tension. This is essential especially if you do not do enough exercise. VibroAction Pro® works your muscles as if you were exercising, allowing you to tone the mid-section of your body, especially the lower back. A soothing and therapeutic massage.



This item should not be used by people who are:
• Fitted with an electronic implant such as a pacemaker or AICD
• Being treated for, or have the symptoms of, a deep vein thrombosis (DVT)
• Pregnant. If unsure, please consult a doctor before use.

Why VibroAction Pro® is the appliance you absolutely need in your home

Aches and pains from being on our feet all day at work can give you restless legs, making you toss and turn at night. As well as a broken night's sleep, this can also result in poor circulation leading to unsightly veins, swollen legs and sore joints. The all new VibroAction Pro® is the revolutionary motorised foot and leg massager designed to maintain good circulation, which helps soothe aches and pains and give you back your youthful vitality! It's perfect to rejuvenate and strengthen muscles, and relax and refresh tired aching feet...you don't even have to get off the sofa! The high-speed oscillation of the foot pads creates thousands of deep penetrating vibrations that radiate upward through your feet, calves, thighs, glutes, and lower back. This causes leg muscles to contract and relax continuously, keeping your legs in constant motion to help improve circulation, and relax tight, aching muscles. The VibroAction Pro® also features a Shiatsu massage function designed to target acupressure points on the soles of the foot. Acupressure uses firm, gentle pressure tender points to help relieve muscle tension and encourage circulation.



90-DAY RISK-FREE HOME TRIAL

Try VibroAction Pro® now at home, risk-free for 90 days! And, if you are not 100% satisfied with this remarkable device, simply return it to us within 90 days for a full no-questions-asked purchase price refund!

RRP £199.99 **BUY ONE OFFER PRICE £149.99 £50 OFF** **BUY TWO OFFER PRICE £269.98**

Order by phone: 0871 075 2635
Or online at www.vibroactionwell.co.uk

Or post the completed coupon to **DRMG House, Cremers Rd, Sittingbourne, Kent ME10 3US**

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TV

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10 MINUTES TWICE-A-DAY
One 10-minute session twice a day is all it takes for maximum results!

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130,000 USERS IN EUROPE ALONE!

UK Over 38,000 people enjoy VibroAction and put its success down to their great results

PORTUGAL A popular success with word of mouth promoting the VibroAction's benefits

ITALY 2019's bestseller, VibroAction leads the way as the No.1 circulation massage device

IRELAND Hugely popular as an at-home massage unit for lower back and leg pains

SWEDEN Renowned for strict healthcare, the Swedes enjoy the quality of VibroAction

AUSTRIA Out of 3250 VibroAction units sold, only 12 VibroAction units were returned!

GERMANY The sturdy manufacture and 2 year warranty is appreciated by our German clients

NORWAY In a country renowned for its great healthcare, VibroAction broke all records!

SWITZERLAND Strong demand continues here for the VibroAction's therapeutic massage

DENMARK Successful in a country where the cold weather can cause circulation issues

PRIORITY POSTAL ORDER FORM

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DRMG House, Cremers Road, Sittingbourne, Kent ME10 3US

Delivery to mainland UK as standard

Delivery to Northern Ireland, Channel Islands, Highlands and Scottish Islands costs an additional £6.

ITEM CODE PRODUCT DESCRIPTION PRICE SUBTOTAL

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Z2H93549 2 x VibroAction Pro® **£80 OFF!** £269.98

STANDARD 7 WORKING DAY DELIVERY £4.99

Northern Ireland, Channel Islands, Highlands and Scottish Islands + £6.00 P&P

PRIORITY PROCESSING & EXPRESS DELIVERY: ADD £3.00

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Online orders: www.vibroactionwell.co.uk

Wellform

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the Sunday

● Money ● Pets ● Health
● Puzzles ● Deidre ● Travel

● Motors

2 MORE PAGES ▶



PET owners went barking mad for Eurotunnel this summer. The Channel crossing saw record-breaking figures in August, with 54,501 pet journeys. According to a recent Eurotunnel survey, 61.5 per cent of pet owners regularly take their dog on holiday with

them. To accommodate furry friends, the train service offers "pet receptions" at both Folkestone and Calais, with 24-hour pet check-in as well as special facilities, including exercise areas with artificial grass, and free poo bags. Short Stay Saver tickets cost from £87 per vehicle

each way, for up to nine passengers and are valid for five days. Standard tickets are valid for any duration and cost from £110 per vehicle each way, for up to nine passengers. Dogs, cats and ferrets can travel on Eurotunnel Le Shuttle for £22 per pet. See eurotunnel.com.



JURASSIC World's friendliest velociraptor Blue wasn't the only famous face spotted at Universal Orlando's dinosaur attraction last week. Baby Spice Emma Bunton also made an appearance at the Jurassic World Raptor Encounter in Florida. Part of the Jurassic Park region at Universal's Islands Of Adventure, the attraction lets visitors pose alongside creatures from the movies. Other attractions include the Jurassic World VelociCoaster, which propels guests into an immersive dinosaur habitat, as well as the River Adventure raft ride. See universallorlando.com.

hot spot
MAJORCA is 32C: Seven nights' all-inclusive at the 4★ Hotel Palla Sa Coma. Playa is from £382pp, including flights from Stansted on October 4. See onthebeach.co.uk.

hot spot
IT'S 34C in ORLANDO and seven nights' room-only at the Margaritaville Resort is from £821pp, including Gatwick flights on Oct 27 and \$50 resort credit. See ba.com.



Edited by **LISA MINOT**

travel

POTTERY, WILLOW-WEAVING AND MORE IN EAST MIDLANDS



HOME COUNTRY... Burghley House, left, and Hall Farm, right



TOP OF THE POTS... our Dulcie gets arty. Below, Stamford



GO:

KING'S CLIFFE

STAYING THERE: The Hayloft, from £360, hallfarmkingscliffe.co.uk.
OUT AND ABOUT: Pottery courses with Richard Gibson, from £50, potterydayz.com. Burghley House visit, house and gardens, from £20 adult and £9 child, burghley.co.uk.

I'm dressed to kiln on country break

WITH nights drawing in and leaves crunching underfoot, it is the perfect time for a staycation to banish the back-to-school blues.

With that in mind, I embarked on a long weekend to explore the beautiful limestone village of King's Cliffe near Peterborough, and its beautiful surrounds.

Hall Farm, where a collection of fabulous self-catering properties are run by owners Sarah and Geoff, offered the perfect Northants escape.

My home for the weekend was a former hay barn called The Hayloft. It's spacious, cosy and spotlessly clean, flooded with light and full of period charm.

With beamed ceilings, original art on the walls, stylish furniture and all the high-spec touches you could ask for, it delivers the perfect mix of cottage style and creature comforts.

Enjoying a view of the local church from one window, a stable courtyard from another, I relaxed

straight away, helped by a welcome glass of white wine sipped in my wood-fired hot tub.

There are lovely gardens to relax in – including a summer house stocked with a selection of homemade ice creams.

It was tempting to do little more than read my book while listening to the owls hooting in the background, but after a great night's sleep it was time to explore the area.

It pays to have your own car, as from Hall Farm no fewer than **FOUR** other counties lie within a short drive – Leicestershire, Cambridgeshire, Lincolnshire and the UK's smallest, Rutland.

I didn't have to go far to get inspired. The small village of King's Cliffe is very picturesque, and known for its artistic community.

There's an art gallery and teaching studio (oldbrewerystudios.co.uk) run by artists John and Jane Paige.

And if you're inspired to get creative, there's lots to have a go at nearby – and your well connected hosts at Hall Farm can help you

organise it. Try willow-weaving with a local expert, or hone your hipster skills at a woodcarving taster session. Or visit the studio of local potter Richard Gibson, who offers taster workshops from £50 where you can have a go on a pottery wheel and create your own pieces.

More traditional weekend-away fun includes a stroll around the pretty market town of Stamford. Just over the border in Lincs, it is full of handsome Georgian buildings – more than 600 of which are listed.

Sculpture trail

There are many independent shops to browse – and do rummage at the local antiques centre (st-martins-antiques.co.uk), where I pounced on potential Cash In The Attic treasures.

Plus, there are lots of great tea rooms for refuelling stops.

Back at base, after another soak in the hot tub, it was a quick leg-stretch down to the village pub, The Cross Keys, for dinner. A character-filled traditional local with oak

beams, inglenook fireplace and lots of nooks and crannies, it was the perfect place to tuck into posh pub fare and a glass of red.

They also offer takeaway meals if you'd rather eat at your beautiful courtyard back at the Hayloft.

For my final day, I decided to combine walking, fresh air and sightseeing on a visit to Elizabethan stately home Burghley House, a 20-minute drive away.

This magnificent pile was used as a stand-in for Windsor Castle in the upcoming series of The Crown.

With amazing gardens and parklands as well as magnificent interiors, it's a fine wet-weather option. But I was lucky enough to get sunshine so made the most of the outdoor sculpture trail.

As the weekend came to a close, I felt I'd enjoyed the best of a British autumn break, from cosy pubs and cream teas to crafts and historic houses.

This lesser-visited part of the country delivered it all.

DULCIE PEARCE

ACT NOW FOR FAB OFFERS

AIRLINES are slashing the cost of flights and package holidays, with big discounts this month.

You can bag up to £200 off next year's summer holiday in easyJet's September sale – but you'll have to be quick.

Until 11:59pm on Tuesday, anyone who books a break with a minimum spend of £700 can save £100.

Those spending £2,000 or more will get £200 off.

The offer is valid on all easyJet package holidays departing from now until October 31, 2023.

Bag seven nights' self-catering at the 3★ BQ Alcuia Sun Village in Spain from £467pp, including flights from Bristol on September 30, 2022.

Or grab seven nights' half-board at the 4★ Aluasun Lago Rojo in Spain from £332pp, including flights from Manchester on April 12, 2023.

Enter code **HOLIDAYSale** on the "extras" page at www.easyjet.holidays.com.

Or how about a visit to the Big Apple? Aer Lingus flies from Manchester to New York from £169 each way. Flights to Orlando and Barbados start from just £189 each way.

The sale is valid on trips departing between November 1, 2022, and March 31, 2023, when you book before September 19. See aerlingus.com.

HOTEL ROOMS ON SALE

TRAVELODGE is cutting prices on hotel rooms across the country this autumn and winter.

According to the hotel chain, more than a fifth of Brits say it is too expensive to holiday abroad this year.

So for families looking for a budget staycation before the end of the year, Travelodge has released 450,000 rooms for £34 or less.

Spokeswoman Shakila Ahmed said: "Record heatwaves have inspired Britons to take more spontaneous breaks, which is great news for tourism."

"Across our 580 UK hotels, we are also seeing that travel trends are changing. With so many places to see and so little time and money, the traditional two-week holiday is on the decrease and a lot more shorter breaks are on the increase."

See travelodge.co.uk.

VILLAGE DREAM . . .
Buckler's Hard
and, inset, HMS
Agamemnon

HISTORIC Hampshire village Buckler's Hard has launched a new exhibition and is offering visitors free access to the whole site this autumn to mark its opening.

The new exhibition, HMS Agamemnon: Navigating The Legend, tells the story of Nelson's favourite ship, which was built at Buckler's Hard, up to its sinking off Uruguay in 1809. It is now at risk of being exposed to erosion, treasure hunters and decay. As well as learning about

the ship, which fought in the Battle of Trafalgar, visitors will also get free access to The Shipwright's Cottage and charming St Mary's Chapel, with its smugglers' cellar beside the altar.

Visitors can also enjoy cruises on the Beaulieu River and enjoy lunch or afternoon tea at The Captain's Table.

For more details, see bucklershard.co.uk or call 01590 616203.

Dryrobe, from £85 kids and £160 adults, dryrobe.com

THEY may cost a lot, but if I were to predict how much wear I'd get out of this cooler-than-cool waterproof, wool-lined coat on English seaside holidays over the next two decades, my guess is I'd be looking at a bargain buy.

The idea of the dryrobe is it instantly keeps you warm and dry after a swim in the cold British waters.

The recycled synthetic lambswool lining of this design draws water away from the skin, while a waterproof and windproof outer layer protects you from the elements.

It is also baggy enough to allow you to get changed inside the coat while out in public – if you're brave enough.

What's not to like?

**essential**

WALES: One night's half-board at the Tyddyn Llan is from £175pp, based on two people sharing. See tyddynllan.co.uk or call 01490 440 264.

EGYPT: Seven nights' all-inclusive at the 5★ Labranda Royal Makadi is from £487pp, including flights from Bristol on September 24. See loveholidays.com.

SCOTLAND COACH TRIP: A two-day coach break to Edinburgh and Glasgow's Christmas markets costs from £79pp, departing on November 26 and December 3, 10 and 17. Trip includes one

night's B&B and return coach travel from pick-up points in the north of England. See justgoholidays.com.

NORTHERN EUROPE CRUISE: Seven nights' full-board on P&O Cruises' Iona is from £489pp, from Southampton departing February 11, 2023 and including calls in Hamburg, Rotterdam and Zeebrugge. See pocruiises.com.

CORFU: Seven nights' all-inclusive at the 4★ Louis Ionian Sun is from £522pp including Stansted flights on October 6 and transfers. See jet2holidays.com.

YOUNGER travellers heading to Spain and the Netherlands need to check the rules on Covid test requirements.

Neither country has yet dropped Covid legislation, which says anyone whose second jab is more than 270 days old needs the booster to travel, or a negative test.

Only 70 per cent of Brits in their early 20s have had a third jab.

So if they received their second vaccine back in December and are yet to receive their booster, they may fall foul of the 270-day

rule. Seamus McCauley at Holiday Extras said: "Everyone should double-check entry rules and if eligible for their boosters, get them at least a fortnight before departure date."

ST LUCIA has removed all Covid entry requirements. Pre-travel testing and vaccination proof is no longer required for either vaccinated or unvaccinated travellers.

All travellers must still download and complete a Health Screening Form and print it in time for arrival.

The form is available at stlucia.org/covid-19.

JET2 holidaymakers will soon be able to marvel at the Northern Lights, after the expansion of the airline's Iceland programme.

For winter 2023/2024, the low-cost carrier will introduce a new route from Newcastle to Keflavik, near Reykjavik, and will boost capacity by 24 per cent.

The new programme will offer 135 flights departing from nine UK bases, including Birmingham, Bradford and Manchester,

plus "once-in-a-lifetime" holiday packages from Belfast, Bristol, Edinburgh, East Midlands and Glasgow.

Jet2CityBreaks trips include a guided Northern Lights tour, a choice of three- and four-star hotels in central Reykjavik and a choice of excursions to tourist spots such as South Shore, Golden Circle and Blue Lagoon.

Jet2 boss Steve Heapy said: "Our programme of flights and city breaks to

Iceland continues to be hugely popular, as more customers than ever look to enjoy the stunning natural wonders.

"With its huge variety of activities and places to visit – such as geothermal spas, geysers, natural parks, the incredible Auroa Borealis or the world's northernmost capital Reykjavik – Iceland offers a truly memorable and unique holiday experience."

See jet2.com and jet2citybreaks.com.

**LIGHT FANTASTIC . . . Auroa Borealis over Iceland****OUR WRITER ENJOYED TEENAGE BOOZY FUN IN**

I used to feel rough in Magaluf. Now I prefer it calmer in Palma

QUIET IDYLL . . .
Palma beach is
perfect spot to
relax

FUN TIMES . . .
girls having
a giggle on
Majorca

THE last time I went to Majorca I was a teenager.

I stayed at the notorious resort of Magaluf and spent the entire time drinking until the early hours then nursing a hangover in a dark room.

Fast-forward 30 years and I'm back, reliving my youth with six girls – only this time we're swapping the booze for scrumptious food, scenic sunbathing and a spot of culture.

We're just a 30-minute drive from the boozey strip of Magaluf, near the capital Palma, for our friend Natalie's 50th birthday.

Here, the quiet residential streets paint a very different picture to the wild ones up the road.

Our serene Hotel Palace Bonanza Playa & Spa sits right on the seafront in Illetas, just four miles from the city centre. It is also next to

some of the most impressive golf courses on the island – not that we had time to take a swing, with the historic city at our fingertips.

A visit to the beautiful Old Town and the Cathedral of Santa Maria de Palma, just a 15-minute taxi ride from the hotel, is a must.

The gothic cathedral, known locally as La Seu, charges an €8 (£7) entrance fee but that is worth every penny, for the stunning architecture and gigantic stained-glass windows.

This area is also home to the Royal Palace of La Almudaina, as well as Es Baluard, a contemporary art museum with pieces from Spanish greats including Salvador Dalí.

But even a simple wander around the streets is reason enough to visit. They are crammed with boutiques selling locally crafted jewellery – and all the high-street favourites such as Massimo Dutti and Zara.

After pounding the streets, you'll want to sample some traditional tapas and Bar Espana does it best with a bargain house wine to match.



● **Puzzles** ● **Dear Deidre** ● **Travel**

PORTAVENTURA World, on Spain's Costa Dorada, is hosting a 50-day Halloween event with spooky shows and immersive experiences. From September 24 until November 13, the theme park will be covered in 12,000 pumpkins. And thrillseekers will be able to wander through themed

news

"passages of terror" – including La Isla Maldita, an immersive attraction featuring ghostly pirates. Halloween shows include the park's first children's horror show, Trick Or Treat, plus musical performances such as the MTV Hor-Rock In Texas. To book, see portaventuraworld.com.



MAJORCA BUT THAT'S ALL CHANGED



STAY COOL... rooftop pool at Bonanza hotel



S-TREAT FOOD... enjoy meal outdoors



CHARMING... views across the Old Town



IMPOSING... Palma's La Seu Cathedral

We asked our waiter to choose some dishes for us and he came out with an amazing mixture, at prices that didn't break the bank – meaty croquettes, patatas bravas and a delicious platter of Iberico ham.

If you don't want to venture out for dinner though, the hotel has one of the best buffets I've ever had. For €30 (£26) a head, we tucked into fresh fish and salads, carvery meats and an amazing array of bread, cheese and desserts. There was an extensive wine list too.

Our hotel was also a dreamy place to flop after days soaking up the cultural spots around it.

Giant whirlpool

Rooms are spacious, with large balconies that overlook the sea, and the swimming pool is on a peninsular with equally great views of the ocean.

If you're more of a sand lover, there's a small private beach with a jetty leading right into the blue water.

And best of all, if it rains, you don't have to miss out on the fun. When the heavens opened, we headed straight for the indoor pool and spa area which had a giant

GO: MAJORCA

GETTING/STAYING THERE: Seven nights' B&B at the 4★ Hotel Palace Bonanza Playa is from £819pp, including flights from Manchester on October 10, plus transfers and 22kg luggage, based on two adults sharing. See jet2holidays.com.

PARTYING THERE: To book at table at the Nikki Beach restaurant, see mallorca.nikkibeach.com.

whirlpool, steam room, cold plunge pool, sauna and sun loungers – the perfect hangover cure if you've had a night on the town.

For anyone who does fancy dipping their toes into Majorca's famous party scene, there's plenty of glam places to do it.

For Natalie's big day, we chose to celebrate in style at Nikki Beach, a lush beach club chain. It's notorious for attracting a celeb crowd including singers Beyonce, Mariah Carey and Gwen Stefani as well as reality TV stars from Towie and Love Island.

Before visiting, I'd had visions of posers paying ridiculous prices to show off their six-packs on sunbeds.

But I was quickly proved wrong

and, thankfully, the restaurant section overlooking the pool was a very different affair.

Yes, it is swanky, but it is welcoming for families, groups and couples too.

And the entertainment was far from basic. Alongside a DJ, there was a saxophonist and a bongo drum player, as well as professional dancers who shimmied around the tables as we ate.

And make sure you try the food – we dined on prawn tacos, chicken Caesar salad and pizza, all topped off with delicious birthday cake for the celebration.

It doesn't come cheap at an average of €29 (£25) per dish but it definitely didn't disappoint.

When we sang to the birthday girl, the entire restaurant stopped, including the dancers, and joined in. We were even encouraged to jump up on the tables and boogie – and we obliged, of course.

We giggled and partied away, closing the celebrations with a champagne toast and a nightcap on the nearby beach.

We've come a long way since our raucous Magaluf days but grown-up partying in La Palma definitely tops it.

JANE ATKINSON

WEMBLEY IS MORE THAN JUST FOOTIE



GO: WEMBLEY PARK

MORE INFO: For Bread Ahead's baking workshops see breadahead.com/location/wembley. Lunch at Pasta Remoli from £10, see pastaremolio.co.uk. BOXPARK is free to enter with Kid's Table sessions in school holidays. Pop Golf tickets from £32 per family, £17 per adult, £8 per child. For more details see boxpark.co.uk/wembley. Shop at londondesigneroutlet.com.

JOIN THE CLUBBERS... there's fun for all ages at Pop Golf in Wembley

THE LIONESSES restored our faith in English football when they were crowned champions of the Women's Euro 2022 in July. And with that, they put Wembley back on the map.

But there's so much more than just a huge stadium in this once deprived area of North West London. It has been given a new lease of life in recent years – and has become a trendy neighbourhood, with cool cafes, vibrant shops and kid-friendly attractions.

And for foodies visiting the capital, Wembley Park is not to be missed.

Anyone with a sweet tooth who wants to improve their cookery skills should make a beeline for Bread Ahead.

It looks like an impressive artisan cafe on the ground floor, but upstairs the baking classes are doing a booming trade.

With the help of professional baker Gudria, we learned how to roll, prove, fry, sugar and pipe sweet raspberry and vanilla doughnuts.

And they don't just do desserts. We overheard a bread-making bonanza next door, where giggling Bake Off-inspired students were replicating Italian staples and treats.

But if it's proper Italian you're after, head to Pasta Remoli.

Its clever and quick DIY approach will have you building your own personalised dishes, picking from classic options such as cacio e pepe, a traditional black pepper and pecorino sauce, as well as sausage ragu and bolognese.

You won't need to do any of the cooking here, you simply pick your pasta shape, your sauce and then your cheesy topping – allowing for a baffling number of possible combinations.

It's great fun for little ones, and terrific

value, with a kids' pasta meal, drink and ice cream less than £8.

After the inevitable carb overdose, kids can swing about at the free playground, paddle at the splash park or venture to Boxpark, which is far more than a trendy drinking paradise.

Downstairs the retail park has an arts and crafts table and soft play area, while upstairs you'll find Pop Golf, the latest take on the short-form putting game, with neon lighting, a Gen Z soundtrack and funky drinks menu.

My little lad and I had lots of laughs whacking the ball while giggling to the tunes my ancient ears mistook for white noise.

There's also MeetspaceVR, which lets you tackle the enemy in a virtual reality game.

Independent approach

If you're more of a shop-'til-you-drop person, you'll want to swing by the Designer Outlet. But be careful if visiting after imbibing while on the golf course – a drunken fool and his money are even easier to part when Champion, Nike and Puma gear is all going at a fraction of the normal price.

Wembley Park will always be the underdog in the fight for visitors against Westfield, Brent Cross and the West End. But those powerhouse neighbours don't offer the same independent approach the new-look Wembo does.

Any future Lionesses fixture should lure you in for kick-off but there is plenty worth getting down for well before the whistle – and hanging around for after extra time.

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TODAY'S CARRIAGES AT THE CURRAGH ON TV4:

TEMPLEGATE

1.15	Big Gossey
1.50	La Petite Coco
2.25	Highfield Princess
3.00	Meditate
3.35	Aesop's Fables
4.10	Kyprios
4.45	Streets Of Gold
5.20	Amortentia

EAMONN HAMES

1.15	Power Under Me
1.50	La Petite Coco (nb)
2.25	Romantic Proposal
3.00	TAHINYA (nap)
3.35	Aesop's Fables
4.10	Kyprios
4.45	Streets Of Gold
5.20	Good Heavens

TIC-TAC: R-H horseshoe-shaped track of two miles, with a run of 1/2 and an uphill finish. 5f and 6f races are run on the straight track. **DRAW:** Low best today. **FAVOURITES:** (2017-2022): 244 have won out of 809 (30%). At the previous corresponding meetings, 66 have won out of 186 races (35%).

LIVE ON RACING TV

HOT N' NOT

TRAINERS with best record in last 14 days: R Varian 12 wins from 44 runners; S & E Crisford 12 from 24; D K Weld 6 from 16; J P Murtagh 6 from 18; R Beckett 8 from 41; C Cox 7 from 42; W Haggas 7 from 45.

JOCKEYS with best record in last 14 days: R Kingscote 10 wins from 50 rides; J Powell 7 from 27; B M Coen 5 from 25; C D Hayes 7 from 42; R L Moore 5 from 31; B Curtis 7 from 48.

TRAINERS who have had the most runners since last win: S Lavery 58; M C Grassick 35.

JOCKEYS who have had the most rides since last win: R Colgan 45; N M Crosse 34.

TOP TRAINERS

2017-2022: A P O'Brien 134-766, J P O'Brien 72-609, J Harrington 54-482, G M Lyons 41-365, J P Murtagh 35-316, J S Bolger 31-429, D K Weld 26-286, W McCreery 18-193, P Twomey 16-60, M Halford 14-232. **THIS SEASON:** A P O'Brien 21, J P O'Brien 14, J P Murtagh 10.

TOP JOCKEYS

2017-2022: C T Keane 69-511, R L Moore 66-253, S Foley 50-448, W J Lee 43-380, W M Loran 30-344, C D Hayes 27-454, K J Manning 22-390, D McDonogh 21-301, B M Coen 19-235, S M Crosse 18-215. **THIS SEASON:** R L Moore 19, C T Keane 14, W J Lee 11, B M Coen 8.

TRAINER TRACE

RACEFAX: D K Weld won the 4.10 in 2013, 2019 & 2020. E Lynam won the 2.25 in 2015 & 2021. A P O'Brien won the 2.25 in 2017 & 2019, the 3.00 in 2015, 2017 & 2019, the 3.35 in 2014, 2015 & 2016 and the 4.10 in 2015, 2017 & 2018.

LONGEST TRAVELLER: Coumshingaun (1.15) trained by K Coleman, Tipperary, round trip of 146 miles.

IN THE MONEY

MONEY TALKS: Longbourn (5.20) opened 2-1, third at 11-8; Finans Bay (5.20) opened 11-1, unplaced at 11-2; Lyrical Poetry (1.50) opened 11-4, unplaced at 2-1; Hans Andersen (3.35) opened 10-3, second at 5-2; Search For A Song (4.10) opened 15-8, second at 6-4.

TOP EARNERS
2.25 A Case Of You €1,342,430
2.25 Highfield Princess €975,508
4.10 Search For A Song €906,183
4.10 Kyprios €758,710

UNDER ORDERS

BLINKERED FIRST TIME: 3.00 Gan Teorainn: 4.10
VISORED FIRST TIME: 1.15 Exquisite Acclaim.

WEIGHTWATCHER: 1.15 Laugh A Minute (won off 95, down 6lb to 88); Gulliver (won off 102, down 7lb to 95); Downforce (won off 101, down 16lb to 85); 5.20 Saltonstall (won off 102, down 8lb to 94); In From The Cold (won off 93, down 10lb to 83). **JOB JOCKEY:** J Powell rides N More Porter (1.15) for J Feane, 5 Kingscote rides Hamish (4.10) for W Haggas, 24 from 83, 29%. W J Lee rides La Petite Coco (1.50), Erosandpsyche (2.25), Shelton (3.00), Rossbacher (4.10) for P Twomey, 73 from 261, 28%. B Curtis rides Ebro River (2.25) for H Palmer, 37 from 169, 22%. A J Slattery rides Chocquinto (2.25) for H McLoughlin, 3 from 15, 20%.

1.15 IRISH STALLION FARMS EBF 'BOLD LAD' SPRINT PREMIER HANDICAP: €90,000; 6f. (22 runners)

1	(4)	261-635 POWER UNDER ME 7f (BF, CD) G Lyons 4-10-5	Colin Keane	98
2	(8)	0014105 MR WAGYU 22 (V,CD) J Quinn (UK) 7-9-12	Jason Hart	90
3	(16)	0362221 BIG GOSSEY 36 (CD) C O'Brien 5-9-6	Danny Sheehy	96
4	(13)	00-3007 GULLIVER 22 (P,T,D) D O'Meara (UK) 8-9-4	Jason Watson	67
5	(11)	43094 WARRIOR BRAVE 16 (P,BF,D) R O'Sullivan 4-9-3	Ben Coen	79
6	(18)	163447 VERHOVEN 21 (CD) W Grassick 7-4-1	Billy Lee	90
7	(15)	424055 EXQUISITE ACCLAIM 16 (V,4-D) A McGuinness 3-9-0	Dylan McMonagle	86
8	(17)	128-528 THUNDER ECLIPSE 102 (P,D) J Stack 3-9-0	Gary Spencer	92
9	(19)	052811 GORDON BENNETT 36 (CD) R Brabazon 4-8-2	Jamie Sallor	99
10	(14)	8008003 LAUGH A MINUTE 42 (C,D) A McGuinness 7-8-12	Ronan Whelan	94
11	(7)	565465 MAJESTIC COLT 29 (BD) D Hogan 7-8-1	Joseph Sheridan	89
12	(6)	502693 YERMANHERE 15 (P) Foley 4-8-1	Gavin Ryan	83
13	(5)	7367551 ICE COLD IN ALEX 15 (T,CD) K Condon 8-8-10	Niall McCullagh	87
14	(20)	090908 DOWNFORCE 29 (B,CD) W McCreery 10-8-8	Nathan Cross	80
15	(18)	05583 GULLIVERT GIRL 21 (V,CD) S Lyons 9-8-7	Mikey Sheehy	79
16	(9)	947171 TRUE MASON 17 (T,D) D Carroll (UK) 6-8-7	Harrison Shaw	77
17	(1)	841354 DAIRERIN 10 (V,D) J Harrington 3-8-7	Shane Foley	99
18	(19)	130-88 DEXTER BELLE 78 (D) E Lynam 4-8-7	Hollie Doyle	80
19	(12)	05301 COUMSHINGAUN 57 (BF, CD) K Coleman 3-8-7	Wayne Lordan	82
20	(7)	524330 NO MORE PORTER 15 (CD) J Feane 4-8-7	James Powell	77
21	(3)	712793 ROUGH DIAMOND 27 (CD) E Lynam 5-8-7	Chris Hayes	83
22	(22)	67341 SECRET MAGician 22 (CD) M Hassett 3-8-7	Rory Cleary	90

BETTING: 6 Big Gossey, 7 Gordon Bennett, 8 Ice Cold In Alex, 10 Rough Diamond, 12 Mr Wagyu, Power Under Me, 14 Dairerin, 16 No More Porter, Secret Magician

WHERE FAVOURITES FINISHED: 1-12, 13-14, 15-16, 17-18, 19-20, 21-22, 23-24, 25-26, 27-28, 29-30, 31-32, 33-34, 35-36, 37-38, 39-40, 41-42, 43-44, 45-46, 47-48, 49-50, 51-52, 53-54, 55-56, 57-58, 59-60, 61-62, 63-64, 65-66, 67-68, 69-70, 71-72, 73-74, 75-76, 77-78, 79-80, 81-82, 83-84, 85-86, 87-88, 89-90, 91-92, 93-94, 95-96, 97-98, 99-100, 101-102, 103-104, 105-106, 107-108, 109-110, 111-112, 113-114, 115-116, 117-118, 119-120, 121-122, 123-124, 125-126, 127-128, 129-130, 131-132, 133-134, 135-136, 137-138, 139-140, 141-142, 143-144, 145-146, 147-148, 149-150, 151-152, 153-154, 155-156, 157-158, 159-160, 161-162, 163-164, 165-166, 167-168, 169-170, 171-172, 173-174, 175-176, 177-178, 179-180, 181-182, 183-184, 185-186, 187-188, 189-190, 191-192, 193-194, 195-196, 197-198, 199-200, 201-202, 203-204, 205-206, 207-208, 209-210, 211-212, 213-214, 215-216, 217-218, 219-220, 221-222, 223-224, 225-226, 227-228, 229-230, 231-232, 233-234, 235-236, 237-238, 239-240, 241-242, 243-244, 245-246, 247-248, 249-250, 251-252, 253-254, 255-256, 257-258, 259-260, 261-262, 263-264, 265-266, 267-268, 269-270, 271-272, 273-274, 275-276, 277-278, 279-280, 281-282, 283-284, 285-286, 287-288, 289-290, 291-292, 293-294, 295-296, 297-298, 299-300, 301-302, 303-304, 305-306, 307-308, 309-310, 311-312, 313-314, 315-316, 317-318, 319-320, 321-322, 323-324, 325-326, 327-328, 329-330, 331-332, 333-334, 335-336, 337-338, 339-340, 341-342, 343-344, 345-346, 347-348, 349-350, 351-352, 353-354, 355-356, 357-358, 359-360, 361-362, 363-364, 365-366, 367-368, 369-370, 371-372, 373-374, 375-376, 377-378, 379-380, 381-382, 383-384, 385-386, 387-388, 389-390, 391-392, 393-394, 395-396, 397-398, 399-400, 401-402, 403-404, 405-406, 407-408, 409-410, 411-412, 413-414, 415-416, 417-418, 419-420, 421-422, 423-424, 425-426, 427-428, 429-430, 431-432, 433-434, 435-436, 437-438, 439-440, 441-442, 443-444, 445-446, 447-448, 449-450, 451-452, 453-454, 455-456, 457-458, 459-460, 461-462, 463-464, 465-466, 467-468, 469-470, 471-472, 473-474, 475-476, 477-478, 479-480, 481-482, 483-484, 485-486, 487-488, 489-490, 491-492, 493-494, 495-496, 497-498, 499-500, 501-502, 503-504, 505-506, 507-508, 509-510, 511-512, 513-514, 515-516, 517-518, 519-520, 521-522, 523-524, 525-526, 527-528, 529-530, 531-532, 533-534, 535-536, 537-538, 539-540, 541-542, 543-544, 545-546, 547-548, 549-550, 551-552, 553-554, 555-556, 557-558, 559-560, 561-562, 563-564, 565-566, 567-568, 569-570, 571-572, 573-574, 575-576, 577-578, 579-580, 581-582, 583-584, 585-586, 587-588, 589-590, 591-592, 593-594, 595-596, 597-598, 599-600, 601-602, 603-604, 605-606, 607-608, 609-610, 611-612, 613-614, 615-616, 617-618, 619-620, 621-622, 623-624, 625-626, 627-628, 629-630, 631-632, 633-634, 635-636, 637-638, 639-640, 641-642, 643-644, 645-646, 647-648, 649-650, 651-652, 653-654, 655-656, 657-658, 659-660, 661-662, 663-664, 665-666, 667-668, 669-670, 671-672, 673-674, 675-676, 677-678, 679-680, 681-682, 683-684, 685-686, 687-688, 689-690, 691-692, 693-694, 695-696, 697-698, 699-700, 701-702, 703-704, 705-706, 707-708, 709-710, 711-712, 713-714, 715-716, 717-718, 719-720, 721-722, 723-724, 725-726, 727-728, 729-730, 731-732, 733-734, 735-736, 737-738, 739-740, 741-742, 743-744, 745-746, 747-748, 749-750, 751-752, 753-754, 755-756, 757-758, 759-760, 761-762, 763-764, 765-766, 767-768, 769-770, 771-772, 773-774, 775-776, 777-778, 779-780, 781-782, 783-784, 785-786, 787-788, 789-790, 791-792, 793-794, 795-796, 797-798, 799-800, 801-802, 803-804, 805-806, 807-808, 809-810, 811-812, 813-814, 815-816, 817-818, 819-820, 821-822, 823-824, 825-826, 827-828, 829-830, 831-832, 833-834, 835-836, 837-838, 839-840, 841-842, 843-844, 845-846, 847-848, 849-850, 851-852, 853-854, 855-856, 857-858, 859-860, 861-862, 863-864, 865-866, 867-868, 869-870, 871-872, 873-874, 875-876, 877-878, 879-880, 881-882, 883-884, 885-886, 887-888, 889-890, 891-892, 893-894, 895-896, 897-898, 899-900, 901-902, 903-904, 905-906, 907-908, 909-910, 911-912, 913-914, 915-916, 917-918, 919-920, 921-922, 923-924, 925-926, 927-928, 929-930, 931-932, 933-934, 935-936, 937-938, 939-940, 941-942, 943-944, 945-946, 947-948, 949-950, 951-952, 953-954, 955-956, 957-958, 959-960, 961-962, 963-964, 965-966, 967-968, 969-970, 971-972, 973-974, 975-976, 977-978, 979-980, 981-982, 983-984, 985-986, 987-988, 989-990, 991-992, 993-994, 995-996, 997-998, 999-1000.

Sunracing FORM

POWER UNDER ME (9-10) 15-8 fav tracked leaders, travelled well to challenge 2nd out, ridden to lead 1 1/4 out, headed inside final 150 yards, no extra, 3rd of 10 (b1n 11) to Teresa Mendoza (9-2) 11-4 prominent, every change of lead, kept on one pace, 5th (b1n 7/4) (C) Carragh 6f listed (1) €45,000 good.

MR WAGYU (9-2) 11-4 prominent, every change of lead, kept on one pace, 5th (b1n 7/4) (C) Carragh 6f listed (1) €45,000 good.

GULLIVER (9-1) 28-1 dwell in rear, kept on final furlong, 7th (4) (Yol) T (9-12) 50-1 towards rear, progress 21 out, one pace, 8th (b1n 7/4) (C) Carragh 6f listed (1) €45,000 good.

BIG GOSSEY (9-6) 15-8 fav tracked leaders, travelling well 21 out, led 1/4 out, kept on one pace, 5th (b1n 7/4) (C) Carragh 6f listed (1) €45,000 good.

ICE COLD IN ALEX (8-5) 11-4 fav in touch, headway to 1/4 out, led inside final 150 yards, never going back, 4th (b1n 7/4) (C) Carragh 6f listed (1) €45,000 good.

VERHOVEN (9-12) 12-1 soon led, ridden 21 out, headed final furlong, kept on one pace, 5th (b1n 7/4) (C) Carragh 6f listed (1) €45,000 good.

EXQUISITE ACCLAIM (9-1) 20-1 prominent, headway to lead straight, headed 1 1/4 out, led last of 5 (b1n 5/4) to Emporio (9-1) (Tipperary 7f s1k €50,501 good).

THUNDER ECLIPSE (9-5) 13-1 mid-division, ridden 1/4 out, weakened, 8th of 10 (b1n 7/4) to Ano Syra (8-7) (Carragh 5f hcp €27,000 good).

GORDON BENNETT (10-7) 7-4 fav led 150 yards out and quick to clear, 1st One Sweet Day (9-9) 3-1/4 (12 ran) (Carragh 6f hcp €7,501 good).

LAUGH A MINUTE (9-1) 40-1 in rear, progress 3f out, nearest finish, 3rd of 16 (17/4) to Current Opinion (9-4) MAJESTIC COLT (9-2) 14-1 kept on final furlong, 6th (5/4) NO MORE PORTER (8-4) 6-1 no more than first furlong, 10th (b1n 10) DOWNFORCE (9-5) 33-1 never a factor, 13th (b1n 13) (Galway 7f hcp €66,000 soft).

WARRIOR BRAVE (9-13) 5-1 kept on one pace to go 4th closing stages, 4th of 8 (b1n 3/4) to Prisoner's Dilemma (10-0) MAJESTIC COLT (9-0) 11-2 no impression if out, 5th (b1n 3/4) to Goodnight Girl (9-12) 10-3 no extra final 100 yards, 6th (b1n 3/4) DOWNFORCE (8-9) 25-1 dwell, always towards rear, never a factor, last (b1n 5/4) (8 ran) (Carragh 6f hcp €13,199 good to yield).

GOODNIGHT GIRL (9-7) 12-1 mid-division, ridden 21 out, no extra if out, 8th of 10 (4/4) to Perfect News (9-2) (Naas 6f GP 3 (1) €48,000 good).

TRUE MASON (9-0) 10-1 led 2f out, headed inside final furlong, no extra, 7th of 8 (b1n 3/4) to Night of Romance (9-4) (Carragh 7f hcp €60,000 good).

MR WAGYU (9-10) 5-1 fav led halfway, kept on well, all out, 1st BIG GOSSEY (9-0) 17-2 tracked leaders, challenged final 150 yards, just failed, had NO MORE PORTER (8-8) 8-1 kept on one pace, 3rd (b1n 7/4) MAJESTIC COLT (9-0) 40-1 kept on one pace, 15th (6/4) COUMSHINGAUN (8-0) 5-1 fav weakened, 16th (6/4) (7 ran) (Carragh 6f hcp €60,000 good).

NO MORE PORTER (8-10) 12-1 led 2f out, headed 1/4 out, no extra, 7th of 25 (b1n 4) to Federal (8-8) (Carragh 1m hcp €60,000 good to yield).

ROUGH DIAMOND (8-1) 4-1 towards rear, kept on final furlong, 3rd on line, 3rd of 12 (b1n 1/4) to Harry's Bar (10-3) (Dundalk 6f hcp €13,199 AW).

SECRET MAGician (9-3) 10-3 tracked leaders, led 1/4 out, kept on strongly, 1st Baalbeck Beauty (9-6) 21 (18 ran) (Carragh 6f mdn €7,800 good).

LA PETITE COCO (24) (CD) (1) P Twomey 4-9-11. Billy Lee 99 Runs: 9 Wins: 5 (2S,G) Places: 1 €367,905 Class act, won this in gritty style last year, loves soft ground, hard to beat

(5) 452374 EMPHATIC ANSWER 24 (C) (1) J O'Brien 4-9-8. Dylan McMonagle 86 Runs: 14 Wins: 2 (S,G) Places: 5 €66,754 Useful but just below this level, no excuses at Killybegs latest, ignore

(12) 184-22 INSINUENDO 29 (C,D) (12) W McCreery 5-9-8. Colin Keane 96 Runs: 9 Wins: 3 (2G) Places: 2 €134,830 Career best when only just held in the Royal Whip, leading claims

(7) P Twomey 4-9-8. Shane Foley 93 Runs: 12 Wins: 5 (S,G,G) Places: 1 €107,650 Strong traveller, quickened well to win snugly at Cork, stays well

(9) J O'Brien 3-9-5. Ryan Moore 98 Runs: 4 Wins: 2 (GS,G) Places: 2 €147,891 Lightly raced, powered clear in a Grp 1 in France in May, more to come

(5) 70112 DIDN'T HAVE MUCH TO DO 32 (1) J O'Brien 3-9-2. Declan McDonogh 89 Runs: 5 Wins: 2 (2G) Places: 1 €26,339 Improving with racing, but this is a big step up in class, more needed

(7) 122165 GALLERIA BORGHESE 16 (D) (10) A O'Brien 3-9-2. Seamie Heffernan 83 Runs: 8 Wins: 2 (2G) Places: 1 €43,403 Tough pacepusher, found things tough over 71 at Tipp, best watched

(3) J Murtagh 3-9-2. Chris Hayes 92 Runs: 6 Wins: 1 Places: 1 €18,822 Stays well, disappointing when beaten fav at Gowran, hard to fancy

(2) J Murtagh 3-9-2. Ben Coen 91 Runs: 5 Wins: 2 Places: 1 €34,883 Struggled in the Nassau at Goodwood, but earlier form is smart, e-w

(6) A O'Brien 3-9-2. Wayne Lordan 80 Runs: 3 Wins: 1 (G) Places: 2 €11,008 Unexposed, got off the mark at Leopardstown latest, must improve

(11) 724325 SEISAI 15 (13) J O'Brien 3-9-2. Shane Crosse 93 Runs: 12 Wins: 2 (S,G) Places: 5 €82,553 Runner-up in a Grp 2 here in July, no show since, capable of better

(12) 23231- SUNSET SHIRAZ 327 (8) G Cromwell 3-9-2. Gary Carroll 90 Runs: 7 Wins: 1 Places: 5 €75,893 Useful juvenile, not been easy to train but comes here nice and fresh

1.50, 2.25, 3.00, 3.35 & 4.10 YIELDING TO SOFT

MOORE: KYP MY NAP BET

By TOM PEPPER

RYAN MOORE plans to ride his rivals to sleep on Kyp. Aidan O'Brien's Gold Cup hero Kyprios has today's Irish St Leger as his mercy.

And Moore expects to be celebrating his third win in the Classic at The Curragh while O'Brien (below) is looking for his sixth.

Moore, who won the race with Order Of St George in 2017 and Flag Of Honour in 2018, said "Kyprios has done everything right."

"He's four from four and I've been very happy with him on all his starts."

"A mile and six at The Curragh is a different test but it will suit him well. He's an uncomplicated horse who is a pleasure to ride."

"He's got a big engine and stays very well. He has plenty of class for those staying races. Everything you ask of him, he comes up with an answer. He puts his head down and fights."

Albany hero Meditate will bid to make it five from five in the Moylagre, while Aesop's Fables is odds-on for the National Stakes.

Betfair ambassador Moore said: "Meditate is a high-class filly. She is going really well and getting better as she learns each race."

"I've always liked Aesop's Fables. He was really good in the final furlong in the Futurity. He was green at halfway but once I asked him, he dug in and picked up very well."

"I was impressed. He's a very well-made, strong colt. A real good-looking."

PEARLS A MAT GEM

PEARLS GALORE proved just two good in the Matron Stakes at Leopardstown.

Trainer Paddy Twomey hailed his five-year-old as she landed the race she had finished an agonising neck second in last season.

Pearls Galore held off Jane Chapple-Hyam's raider Saffron Beach, ridden by Hollie Doyle for a three-length win in the Group 1.

The mare had disappointed behind Saffron Beach in a French Group 1 last time out, but Twomey said "She loves this track, her best run was here last year in this race."

"France went wrong, you can draw a line through that. This is more her jazz."

BOOM IS DOOM IS

NEWMARKET raider Jadoomi will come back a hero after victory in the Group 2 Boomerang Mile.

Trainer by Simon and Ed Crisford, the four-year-old is now unbeaten in three starts this season after his easy Leopardstown win under Christophe Soumillon.

Ed Crisford said: "Christophe rode a great race, jumped out and made all but I thought he got his fractions perfect."

"We always thought he'd stay a bit further than a mile. I'm not sure whether we go to the Arc meeting, we'll have to speak to the owner."

"There's the Queen Elizabeth II Stakes as well. He's not in that so would have to be supplemented."

7	3113 NEVER ENDING STORY 22 (BF,CD)	A O'Brien 9-2	Wayne Lordan	95
Runs: 4	Wins: 2 (2G)	Places: 1	€47,437	
Classy, third in a Grp 2 at Deauville last month, should be in the €1,433				
8	1612 PAPILO 37 (C)	J Stack 9-2	Jamie Spencer	92
Runs: 4	Wins: 2 (G)	Places: 1	€34,370	
Talented, close second in Tipperary Listed race, place claims at best				
9	712 SHELTON 15 (BF,CD)	P Twomey 9-2	Billy Lee	95
Runs: 3	Wins: 1 (G)	Places: 1	€24,538	
Course winner, second over a mile here last time, one to consider				
10	1541 SYDNEYARMS CHELSEA 40 (D)	C Hills (UK) 9-2	Doubtful	93
Runs: 4	Wins: 2 (2GS)	Places: 1	€40,653	
UK raider, won a French Grp 3 last month, should make an impact				
11	1 TAHIYRA 47 (D)	D Weld 9-2	Chris Hayes	98
Runs: 1	Wins: 1	Places: 1	€10,084	
Impressive Galway winner, yard target this race, quietly fancied				
12	13 THORNBROOK 22 (D)	O'Brien 9-2	Declan McDonogh	94
Runs: 2	Wins: 1 (G)	Places: 1	€18,151	
Progressive, close third in the Debutante on second start, lots to like				

BETTING: 10-11 Meditate, 9-2 Tahiyra, 10 Thornbrook, 11 Lakota Sioux, 12 Never Ending Story, 14 Shelton, 18 Papiolo, 22 Eternal Silence
WHERE FAVOURITES FINISHED: 5 1 2 6
2021: Discoveries 9-2, Shane Foley 17-2 (J Harrington), dr 8, 8 ran.

Sunracing FORM

AMAZING SHOW (9-2) 3-1 f fav tracked leader, improved 2f out, and soon led, kept on well, comfortably. **GAN TEORAINN** (9-2) 14-1 tracked leaders and kept, pushed along 2f out, kept on into 2nd, f/4 (11 ran) (Down Royal 7f mdn €3,000 good). **SHELTON** (9-2) 9-4 fav mid-division, ridden 2f out, kept on same pace in 2nd inside final furlong, btm f/4 by Aspen Grove (9-2) **ETERNAL SILENCE** (9-2) 12-1 kept on without threatening in 3rd inside final furlong, 3rd (btt 7/4) **LA DOLCE VITA** (9-2) 12-1 tracked leader, ridden 2f out, weakened, 7th (8/4) (8 ran) (Curragh 7f Grp 3 (t) €39,000 good). **MITADITE** (9-2) 8-3 fav made all, ran on well, by Olivia Marada (9-2) **THORNBROOK** (9-2) 12-1 kept on, 3rd (btt 11) **GAN TEORAINN** (9-2) 16-1 no extra 2f out, last (btt 12/1) (Curragh 7f Grp 2 (t) €72,000 good).

TEMPLEGATE'S VERDICT

MEDITATE looks hard to beat after she kept up her 100% record with victory in the Debutante at The Curragh last time. The winning margin would have been further than three-quarters of a length had she not stumbled in the closing stages. That proved her liking for seven furlongs after she won the Albany Stakes over shorter and she can progress further here under Ryan Moore (right).

Tahiyra could be anything after winning her maiden at Galway by more than five lengths on debut. She's bred to be high-class and we'll get a clearer picture about her today. **Never Ending Story** is the Ballydoyle second string but she has plenty going for her and ran well in France. **Lakota Sioux** is not coming over here just to enjoy the craic and ran a blinder last time.

3.00

GOFFS VINCENT O'BRIEN NATIONAL STAKES (GRP 1) 2-Y-O: €240,000; 7f (6 runners)

1	11 AESOP'S FABLES 22 (CD)	A O'Brien 9-5	Ryan Moore	99
Runs: 3	Wins: 2 (2G)	Places: 1	€68,571	
Top-notch, powered clear here in the Futurity, the one to beat				
2	21 AL RIFFA 36 (CD)	J O'Brien 9-5	Dylan McMonagle	92
Runs: 2	Wins: 1 (G)	Places: 1	€11,681	
Promising, smooth win in a maiden here latest, more to come				
3	212 HANS ANDERSEN 22 (CD)	A O'Brien 9-5	Seamie Hefferman	94
Runs: 3	Wins: 1 (G)	Places: 2	€33,277	
Solid performer, moved well for a long way in the Futurity, e-w claims				
4	3111 MARBAAN 47 (D)	C Fellowes (UK) 9-5	Jamie Spencer	98
Runs: 4	Wins: 3 (F2G)	Places: 1	€94,846	
Travelled well when winning the Vintage at Goodwood, this is tougher				
5	113 PROUD AND REGAL 22 (BF,CD)	D O'Brien 9-5	Gavin Ryan	91
Runs: 3	Wins: 2 (G)	Places: 1	€43,782	
Won well at Leopardstown, but no excuse here in the Futurity, e-w				
6	3113 SHARTASH 36 (C)	J Murtagh 9-5	Ben Coen	92
Runs: 4	Wins: 2 (G)	Places: 1	€99,466	
Won the Railway Stakes, but shapes as if there is more to come over 7f				

BETTING: 4-5 Aesop's Fables, 11-2 Marbaan, 6 Hans Andersen, 13-2 Proud And Regal, 10 Al Riffa, 12 Shartash
WHERE FAVOURITES FINISHED: 2 1 1 4 5 2
2021: Native Trail 9-5, William Buick 7-2 (C Appleby UK), dr 7, 7 ran.

Sunracing FORM

AESOP'S FABLES (9-5) 3-1 held up, progress halfway, stayed on into 2nd under 1f out, led final 100 yards, asserted close home, but **HANS ANDERSEN** (9-5) 2-2 tracked leaders, close 2nd halfway, led 2f out, headed final 100 yards, kept on same pace, 2/4 **PROUD AND REGAL** (9-5) 5-4 fav promisingly led halfway, ridden and headed 2f out, kept on same pace, 3rd (2/4) (7 ran) (Curragh 7f Grp 2 (t) €72,000 good). **AL RIFFA** (9-7) 1-2 fav tracked leaders and close 2nd halfway, led 2f out,

TEMPLEGATE'S VERDICT

AESOP'S FABLES can end the six-year wait of Aidan O'Brien to add to his National Stakes tally. This colt looked smart when bounding home to win the Futurity Stakes at The Curragh 22 days ago. He kept finding under Ryan Moore and has more to offer with just two runs under his belt. Stablenmate **Hans Andersen** chased him home and looks the danger again. He saw out the trip well and is open to improvement. **Marbaan** took a big step forward when winning the Group 2 Vintage Stakes at Glorious Goodwood. He took a little while to get going but did it nicely at the line and should have more to offer for in-form Charlie Fellowes. **Shartash** wasn't disgraced in the Phoenix here last month and is interesting upped in trip. He was outpaced over six furlongs so this could suit.

3.35

COMER GROUP IRISH ST. LEGER (GROUP 1) winner €289,999; 1m 6f (11 runners)

1	17-551 CAMORRA 79 (B,T;CD)	G Lyons 9-11	Colin Keane	91
Runs: 16	Wins: 4 (S,2G)	Places: 4	€168,379	
Tough, battled well to win a Grp 2 here latest, can hit the frame				
2	147-1 HAMISH 129 (D)	W Haggas (UK) 6-9-11	Richard Kingscote	97
Runs: 11	Wins: 5 (S,F,A,2GS)	Places: 2	€296,729	
Classy but fragile UK raider, goes best on soft ground, interesting				
3	1-1-3 JASON THE MILITANT 75 (T;BF)	H Bromhead 8-9-11	Ronan Whelan	94
Runs: 3	Wins: 2 (2S)	Places: 1	€30,359	
Tough dual-purpose performer, stays well and more rain the better				
4	4-111 KYPRIOS 47 (D)	A O'Brien 4-9-11	Ryan Moore	99
Runs: 8	Wins: 6 (F,S,4G)	Places: 1	€637,571	
Top-class stayer, won the Gold Cup and Goodwood Cup, hard to beat				
5	81-121 RAISE YOU 29 (CD)	J O'Brien 6-9-11	Shane Crossie	92
Runs: 17	Wins: 6 (GS,3G)	Places: 4	€127,399	
Quietly progressive, won a Grp 3 here in fine style, place claims				
6	24-196 SEATTLE CREEK 29 (P)	L Comer 4-9-11	Nathan Crossie	72
Runs: 8	Wins: 1 (A)	Places: 2	€12,174	
Struggled last two starts, clearly out of his depth, best watched				
7	140-18 SHANROE 22 (T;CD)	K Thornton 8-9-11	Robbie Colgan	89
Runs: 9	Wins: 4 (2S,G)	Places: 3	€77,641	
Solid performer, not disgraced in the Ebor at York, more needed				
8	5-0167 PRINCESS ZOE 47 (C)	A Mullins 7-9-8	Joseph Sheridan	95
Runs: 31	Wins: 8 (F,6S)	Places: 9	€376,791	
Hardy mare, best form is over further but she does like it here				
9	11D12 ROSSCABERY 21 (D)	P Twomey 4-9-8	Billy Lee	91
Runs: 16	Wins: 5 (2S,A,2G)	Places: 5	€147,513	
Rapid improver, only just held in a Grp 1 in France, place claims				
10	4-2472 SEARCH FOR A SONG 29 (T;X;CD)	D Weld 6-9-8	Chris Hayes	94
Runs: 19	Wins: 5 (2F,3G)	Places: 5	€761,498	
Dual winner, shaped with promise here latest, will give it everything				
11	635385 MANU ET CORDE 31 (B,X,E*)	J Bolger 3-9-2	Kevin Manning	72
Runs: 13	Wins: 1 (G)	Places: 1	€52,346	
100-1 outsider, plenty to find at this level, others appeal more				

BETTING: 4-6 Kyprios, 4 Raise You, 6 Hamish, 12 Rosscabery, 16 Search For A Song, 20 Camorra, 25 Princess Zoe, 40 Jason The Militant
WHERE FAVOURITES FINISHED: 1 1 4 6 6
2021: Sonnyboyliston 4-9-11, B Coen 4-1 (J P Murtagh), dr 12, 13 ran.

Sunracing FORM

CAMORRA (9-11) 10-1 tracked leaders, pushed along 2f out, headed by 150 yards out, kept on well, but **MANU ET CORDE** (9-11) 12-2 held up, pushed along straight, no impression over 1f out, 5th (btt 9/4) (7 ran) (Curragh 7f Grp 2 (t) €72,000 good to firm). **HAMISH** (9-5) 9-2 close up, pushed along and headed 1f out, ridden to lead inside final furlong, ran on, but **THUNDEROUS** (9-2) 7/4 (8 ran) (Chester 1m 5f Grp 3 (t) €62,381 good to soft). **JASON THE MILITANT** (10-0) 3-1 f fav tracked leaders, ridden in 2nd 2f out, kept on final furlong, 3rd of 8 (btt 5/4) to Beamish (9-11) (Roscommon 1/4m Listed (t) €22,501 soft to heavy). **KYPRIOS** (9-11) 6-4 fav in touch, pressed leader 4f out, led 3f out, stayed on strongly, but Stradivarius 2 (9-11) nk **PRINCESS ZOE** (9-8) 25-1 ridden, crowd of room 3f out, one pace, 7th (btt 13/1) (9 ran) (Goodwood 2m Grp 1 (t) €283,550 good to firm). **RAISE YOU** (9-9) 5-4 fav led travelling well 2f out, ridden to assert 1f out, led, headed 6f out, ridden 3f out, no extra, last of 5 (btt 7/4) (6 ran) (Curragh 7f Grp 3 (t) €72,000 good to firm). **SHANROE** (9-7) 5-0-1 in touch, pushed along 2f out, kept on, 8th of 20 (btt 3/4) to Travellerman (8-4) (York 1/4m heap (t) €300,000 good to firm). **ROSSCABERY** (8-13) 3-1 tracked leader, headed 2f out, stayed on strongly, finished, only just held, btt nk by Arstia (8-13) (8 ran) (Deauville 1/4m Grp 1€120,042 good to soft). **MANU ET CORDE** (9-7) 12-1 led, 5 lengths clear halfway, headed 2f out, no extra, last of 5 (btt 7/4) to Point King (9-7) (Leopardstown 1/4m Listed (t) €22,501 good to firm).

TEMPLEGATE'S VERDICT

KYPRIOS (right) has proved himself at the highest level this season and dropping in distance holds no fears. His finest hour came in winning the Ascot Gold Cup where he showed the blend of stamina and quality you need for that. He then knuckled down to win the Goodwood Cup ahead of a rejuvenated Stradivarius with Trueshan third. He has high-level form over this shorter trip and looks hard to beat. **Hamish** comes here fresh having not run since his Group 3 Ormonde win at Chester in May. He stayed well and trainer William Haggas will have him ready for this tough comeback. **Search For A Song** has won this race twice and was sixth last year. She was second in the trial for this last month and has place claims. **Raise You** finished ahead of her and can go well.

4.10

4.45 TATTERSALLS IRELAND SUPER AUCTION SALE STAKES; 2-y-o; winner €150,000; 6f (11 runners)

1	2	11 STREETS OF GOLD 25 (D)	E J Houghton (UK) 9-5	Charles Bishop	99
2	5	51 TOSTADO 42 (D)	A Balding (UK) 9-5	Ryan Moore	94
3	3	3 RATTLE AND HUM 42 (BF)	J O'Brien 9-3	Declan McDonogh	90
4	6	8212 DANDY Alys 36 R Beckett (UK) 9-2		Rob Hornby	92
5	4	5 RED SKY AT NIGHT 103 (H*)	J Stack 9-0	Mark English	94
6	1	CONTINUE APEACE A Oliver 8-10		Billy Lee	90
7	1	52 ALABAMA PEARL 27 J Murtagh 8-12		Ben Coen	80
8	7	4370 NITUNA 41 S Lavery 8-12		Robbie Colgan	92
9	8	101 AS IT WAS 17 (T,D) A Oliver 8-10		Wayne Lordan	91
10	10	44 FREEDOM FALLS 9 J Davidson 8-10		Hollie Doyle	78
11	9	0 SPURIT OF EAGLES 17 M Grassick 8-10		Chris Hayes	79

BETTING: 6-4 Streets Of Gold, 10-3 Tostado, 4 Dandy Alys, 11-2 As It Was, 12 Rattle And Hum, 14 Alabama Pearl, 25 Freedom Falls, 33 Red Sky At Night, 50 Nituna
WHERE FAVOURITES FINISHED: 6 2 0 2 5
2021: King X J 9-1 Leigh Roche 11-4 (M O'Callaghan) drawn 12, 14 ran.

Sunracing FORM

STREETS OF GOLD (9-6) 7-2 fav in touch, ran on strongly, led finish, cosily, by Misty Blues (8-6) 1/4 (8 ran) (York 6f heap (t) €51,540 good). **TOSTADO** (9-0) 12-1 led, ridden and headed inside final furlong, called to lead close home, but **Case** (9-4) 7/4 (5 ran) (Chester 6f 2yo stks (t) €10,308 good to soft). **RATTLE AND HUM** (9-3) 5-2 fav rear, headway straight, kept on without threatening in 3rd closing stages, 3rd of 7 (1/4) to Evening's Empire (8-10) (Galway 7f mdn €14,400 soft). **DANDY Alys** (9-2) 16-1 led, headed final furlong, kept on, f/4 by Lakota Sioux (9-2) (9 ran) (Newmarket 7f Grp 3 (t) €24,026 good to firm). **RED SKY AT NIGHT** (9-1) 28-1 mid-division, no impression over 1f out, kept on one pace, 5th of 10 (btt 4/5) to Tillybry (9-1) (Down Royal 7f mdn €15,000 good to firm). **ALABAMA PEARL** (9-0) 9-4 tracked leaders, stayed on to challenge 1/4 out, pressed leader, held finish, btt

TEMPLEGATE'S VERDICT

STREETS OF GOLD has won all three starts in style, including a hot 18-runner contest at York last time. He cruised along there before picking up strongly. All the victories have come over this distance and he looks hard to beat. Another English raider **Dandy Alys** looks the main threat. She went close in the Sweet Solera Stakes at Newmarket last time when upped to seven furlongs. She won over the minimum trip before that and has lots of zip so this drop in distance isn't a worry. **Tostado** rallied to win at Chester, which is a good sign for a young horse. He liked the soft ground so would welcome rain but has more to offer. **Alabama Pearl** needed her debut run here and was just pipped at Dundalk latest. This is a hotter contest but she should improve and the yard is in good form.

5.20 IRISH STALLION FARMS EBF 'NORTHFIELDS' PREMIER HANDICAP; winner €90,000; 1m 2f (26 runners)

5.20		HANICAP: winner €90,000; 1m 2f.		26 runners	
1	23	676-180 BELLOCIO 22 D Meneuier (UK) 4-10-0		Doubtful	90
2	25	242722 CASANOVA 15 A McGuinness 6-10-0		Adam Caffrey	77
3	28	18-322 GOOD HEAVENS 15 (T) J O'Brien 3-9-9		Dylan McMonagle	99
4	13	424-121 MAX ORMOND 18 (P,D) J O'Brien 4-9-8		Declan McDonogh	83
5	14	4040000 SALTONSTALL 15 (P,T,G) A McGuinness 8-8-8		Clan MacRedmond	84
6	27	303063 STAR HARBOUR 15 (D) A McGuinness 4-8-8		Gavin Ryan	93
7	36	2021 SAFECRACKER 32 (H,T) J Murtagh 4-9-7		Ben Coen	97
8	24	10-2780 ANTERVILLE 77 (D) J Murtagh 4-9-6		Danny Sheehy	39
9	5	890324 LARLAPS 44 J Harrington 4-9-6		Shane Foley	95
10	15	03-2043 LONGBOURN 16 (T,BF,CD) R O'Sullivan 6-9-6		Joseph Sheridan	83
11	22	124410 SHARK BAY 44 (D) A O'Brien 3-9-6		Ryan Moore	96
12	16	41-4070 TEAM OF FIRSTS 78 (B,T*) D Lyons 4-9-5		Colin Keane	89
13	10	25-326 POINT GELLBRAND 29 (D) J O'Brien 3-9-4		Shane Crossie	92
14	10	00-001 SONNYBOYLSTON 45 (V) P Fahey 5-9-3		Billy Lee	90
15	10	40-410 YASHIN 87 (D) J Harrington 3-9-3		Scott McCullagh	97
16	1	0-04404 FINANS BAY 27 (P,BF) M Halford 5-9-2		Ronan Whelan	86
17	1	2358 FLYING DOLPHIN 66 (T,BF) J Murtagh 3-9-2		Shane B Kelly	82
18	21	36-030 MOSALA 47 (T,D) H Bromhead 5-9-1		Kevin Manning	88
19	4	224-104 ANTERVENTA 56 (P,BF) J O'Brien 3-9-1		Declan McDonogh	83
20	6	20-330 CELTIC CROWN 15 (C) J Murphy 5-9-0		Wayne Lordan	90
21	8	429130 COWBOY JUSTICE 15 (T,C) J Harrington 3-9-0		Tom Madden	97
22	19	0-9313 STAR IMAGE 22 (T) J Mullins 4-9-0		Jake Coen	58
23	13	0-7722 DISCO BOOTS 13 (P) Fahey 4-8-2		Seamie Hefferman	95
24	20	4-1310 DASH 44 (T,D) G Cromwell 4-8-1		Paul Carroll	91
25	3	91-0041 JOE MASSERIA 42 (B) N Meade 3-8-1		Chris Hayes	98
26	26	522-313 KERKRYRA 22 (P,BF,CD) J Murtagh 3-8-0		Jamie Powell	72
27	2	5508005 IN FROM THE COLD 55 (D) M Mulvey 5-8-1		RESERVE 87	
28	23	14-0571 YAFORDADOE 44 (P,T*) C O'Grady 6-8-1		RESERVE 82	
29	12	00-082 DESERT WIND 24 (P,T,D) L Comer 7-8-1		RESERVE 71	
BETTING: Good Heavens, 9 SafeCracker, 10 Flying Dolphin, 11 Anterville, 11 Anterville, 11 Kerkyra					

DONCASTER ST LAGER DAY CARD ON ITV4: 1.35,

12.30 CORAL CHAMPAGNE STAKES (GROUP 2)

2-Y-O; winner £79,458; 7f (3 runners)

- 1** 511 **CHALDEAN 24 (D)**
(1) A Bolding 9-2 Frankie Dettori 98
Runs: 3 Wins: 2 (2G) £90,464
Improving, won the Acomb at York with authority, stays well, go close
- 2** 512 **INDESTRUCTIBLE 24**
(2) M O'Callaghan (Ire) 9-2 David Egan 93
Runs: 3 Wins: 1 (F) Places: 1 £36,376
Strong traveller, just outstayed in Acomb Stakes at York, respected
- 3** 411 **SILVER KNOTT 21 (D)**
(3) C Appleby 9-2 William Buick 99
Runs: 3 Wins: 2 (A,G) £40,006
Powerful, impressive in the Solario at Sandown latest, lots to like

BETTING: 10-11 Silver Knott, 7-4 Chaldean, 9-2 Indestructible
WHERE FAVOURITES FINISHED: 3 1 1 2 2
2021: Bayside Boy 9-0, David Egan 5-1 (R Varian), dr 2, 4 ran.

Sunracing FORM

CHALDEAN (9-3) 7-2 led 3f out, driven and headed 1f out, led again run-in, stayed on, **INDESTRUCTIBLE** (9-3) 8-1 led 1f out, ridden and headed final furlong, held, 7/4 (9 ran) (York 7f Grp 3 (1) £85,065 good).

SILVER KNOTT (9-3) 9-4 rear, in touch, effort and smooth headway 1f out, shaken up and led 1f out, ridden and edged right inside last, kept on well, readily, **bt Wahaq** (9-3) 3/4 (6 ran) (Sandown 7f Grp 3 (1) £34,026 good).

TEMPLEGATE'S VERDICT

Only three runners but you can make a case for any one of the trio. **CHALDEAN** looks the one to beat after his impressive victory in the Acomb Stakes at York last time. He was always up with the pace and went on three furlongs from home. He had a right ding-dong with **Indestructible** up the Knavesmire straight but was comfortably on top crossing the line. There should be a good deal more to come from both of them but Frankie Dettori's mount can take the bigger step forward. They both have a formidable foe in the shape of **Silver Knott**. He won a minor contest on the all-weather at Kempton before taking a real leap forward in taking the Solario Stakes at Sandown. He picked up well to land that Group 3 and will be a major threat again for Charlie Appleby and William Buick.

1.00 CAZOO HANDICAP (2) value to the winner

£27,000; 6f 111yds (14 runners)

- 1** 440-11 **SHINE SO BRIGHT 118 (H:D)**
(13) A Bolding 6-9-10 Doubtful 93
Runs: 24 Wins: 5 (3F,2G) Places: 6 £316,514
Classy, Grp 2 winner in his pomp, big threat to all in his current form
- 2** -10100 **ASJAD 48 (C)**
(8) J Horton 4-9-5 P J McDonald 90
Runs: 9 Wins: 4 (2S,2GS,G) Places: 2 £42,609
Down the field last year, 5lb higher in the ratings now, others preferred
- 3** 450219 **FOOLS RUSH IN 20 (P,T,D)**
(5) H Palmer 4-9-2 Jamie Spencer 96
Runs: 26 Wins: 7 (2F,5A,2GS,G) Places: 4 £81,625
Excuses at Chester, better judged on earlier win, Spencer is a positive
- 4** 284500 **LORD OF THE LODGE 20 (D)**
(2) K Burke 5-9-1 Clifford Lee 87
Runs: 27 Wins: 6 (2F,A,G) Places: 6 £165,457
Useful handicapper, always a threat in this sort of event, respected
- 5** 034102 **MUMS TITTLE 6 (D)**
(1) R Hannan 5-9-1 Ryan Moore 97
Runs: 25 Wins: 4 (2F,A,G) Places: 4 £127,132
Went close at Ascot, mark has been left untouched, quietly fancied
- 6** 02-878 **BELLOSA 13 (T:D)**
(11) J Chapple-Hyam 4-9-0 Hollie Doyle 91
Runs: 7 Wins: 2 (F,G) Places: 1 £31,372
Smart filly, Listed winner and still unexposed in hcaps, dangerous
- 7** 110931 **TANMAWY 14 (H:C)**
(10) C Hills 4-9-0 Jim Crowley 97
Runs: 8 Wins: 4 (S,F,2G) Places: 2 £24,712
Course winner, stayed on well to win at Ffos Las latest, one to consider
- 8** 210910 **LION TOWER 22 (D)**
(6) G Tuer 5-8-13 Sam James 89
Runs: 32 Wins: 8 (2F,3A,3G) Places: 8 £104,840
Tough and experienced, but not seen sprinting in over two years, avoid
- 9** -37010 **RAATEA 41 (H)**
(9) J Camacho 5-8-11 Graham Lee 96
Runs: 18 Wins: 3 (F,2A) Places: 5 £48,409
Second last year, outclassed in the Stewards' Cup last time, do better
- 10** 216034 **ABLE KANE 13 (CD)**
(14) B Millman 5-8-10 William Buick 96
Runs: 30 Wins: 6 (3F,2A,G) Places: 8 £108,295
Last year's winner, fourth over further at Goodwood latest, go close
- 11** 451111 **JUAN LES PINS 36 (C,D)**
(12) M Appleby 5-8-10 Frederick Larson (5) 99
Runs: 29 Wins: 6 (3F,2A,G) Places: 7 £62,394
On a roll, winning all three starts for this yard, should be in the mix
- 12** 832144 **HYPERFOCUS 39 (P:BF)**
(7) T Easterby 8-8-3 David Allan 87
Runs: 50 Wins: 7 (3S,A,GS) Places: 10 £106,568
Experienced, sole win in last two years came at Class 4 level, dismiss
- 13** 26770 **ZARGUN 41 (D)**
(3) S Dixon 7-8-7 Cam Hardie 83
Runs: 48 Wins: 3 (GS,G) Places: 11 £87,059
Midfield at Goodwood, last win came over five at Catterick, hard to fancy
- 14** 143619 **MITROSONFIRE 15 (D)**
(4) W Muir & C Grassick 4-8-6 Hayley Turner 89
Runs: 26 Wins: 7 (4F,A,GS,G) Places: 5 £87,089
Well beaten here last year, returns off the same mark, ignore

BETTING: 4 Tanmawwy, 5 Able Kane, 11-2 Juan Les Pins, Mums Tittle, 9 Asjad, 10 Fools Rush In, 11 Hyperfocus, Raatea, 12 Bellosa
WHERE FAVS FINISHED: 2021: No corresponding race.

EACH-WAY THIEF

HAVE A Donny e-w double. **CRISPY CAT** (1.35) showed his best form over this trip when unlucky in the Norfolk at Royal Ascot. Pair him with **ELDAR ELBAROV** (3.55 Doncaster) who is a strong stayer and could be hard to beat over his best trip.

Sunracing FORM

SHINE SO BRIGHT (9-3) 5-1 headway 2f out, led finish, stayed on well, but Saleymen (9-5) 11 (11 ran) (Newmarket 7f hcap (2) £26,770 good to firm).

LION TOWER (8-9) 33-1 led 1f out until final 100 yards, faded, 9th of 21 (btt 37/4) to Fresh (9-0) **ASJAD** (9-4) 40-1 faded, 16th (btt 87/4) (21 ran) (Ascot 7f hcap (2) £77,310 good to firm).

FOOLS RUSH IN (9-0) 5-1 faded, 9th of 11 (btt 12) to Percy's Lad (9-8) (Chester 1m hcap (2) £23,183 good).

MUMS TITTLE (9-0) 9-2 fav ridden 1f out, 14th of 17 (btt 17) to Summehand (9-0) **LORD OF THE LODGE** (8-12) 50-1 in touch, pushed along 1f out, 16th (btt 16) (7 ran) (York 6f hcap (2) £51,540 good to firm).

MUMS TITTLE (9-0) 1-1 held up, headway 2f out, ran on, btt nk by Lethal Nymph (8-10) (9 ran) (Ascot 6f hcap (2) £15,462 good to soft).

BELLOSA (8-12) 10-1 every chance, ridden 1f out, faded, 8th of 9 (btt 47/4) to Sam Maximus (9-0) (Newmarket 6f Listed (1) £25,489 good).

TANMAWY (9-0) 4-1 led close home, bt Emperor Spirit (9-3) hcd (7 ran) (Ffos Las 6f hcap (3) £27,328 good).

LION TOWER (8-9) 22-1 prominent, ridden 2f out, weakened, 15th of 18 (btt 10) to Blue For You (9-2) (York 1m hcap (2) £64,425 good to firm).

ZARGUN (8-8) 125-1 prominent, ridden 3f out, no threat, 18th of 28 (btt 11) to Commanche Falls (9-5) **ABLE KANE** (9-0) 40-1 no show, 22nd (btt 15) **RAATEA** (8-10) 22-1 faded, 24th (btt 16) (28 ran) (Goodwood 6f hcap (2) £28,850 good to firm).

ABLE KANE (8-8) 11-1 led, pushed three lengths clear 3f out, ridden 2f out, headed run-in, 4th of 11 (btt 17/4) to I'm A Gambler (9-5) (Goodwood 7f hcap (2) £38,655 good to soft).

JUAN LES PINS (9-1) 13-2 headway 1f out, led 10 yards out, bt Majmaker (9-8) 11/4 (13 ran) (Doncaster 6f hcap (3) £25,770 good to firm).

HYPERFOCUS (9-4) 2-1 fav prominent, ridden 2f out, one pace, 4th of 5 (btt 9) to Alzebrand (8-12) (Ripon 6f hcap (2) £10,308 good to soft).

MITROSONFIRE (9-12) 8-1 never on, 15th of 16 (btt 16) to Badr (9-6) (Newcastle 6f hcap (3) £25,770 AW).

TEMPLEGATE'S VERDICT

TANMAWY has winning form here and ran right up to his best when scoring in gutsy style at Ffos Las 14 days ago. He goes on any ground and should be right there again in a finishty tough race. **Mums Tittle** won at Newmarket last month and was close to that level with a neck second at Ascot last week. He is right at home at this trip and Ryan Moore takes over. **Juan Les Pins** can't stop winning for Michael Appleby. He is three from three since joining from Ed Dunlop but is now 22lb higher than when starting his streak in June and this is tougher. **Able Kane** is a better each-way bet.

1.35 WAINWRIGHT FLYING CHILDERS STAKES (GROUP 2) 2-Y-O; £65,216; 5f (8 runners)

- 1** 122364 **CRISPY CAT 43 (D)**
(6) M O'Callaghan (Ire) 9-3 Ryan Moore 95
Runs: 6 Wins: 1 (G) Places: 3 £45,998
Travelled well for a long way in the Richmond at Goodwood, dangerous
- 2** 1845 **HARRY TIME 27**
(3) M O'Callaghan (Ire) 9-3 Leigh Roche 89
Runs: 4 Wins: 1 (G) Places: 1 £14,373
Talented, but found things tough since winning his maiden, bit to find
- 3** 11 **PRINCE OF PILLO 27 (D)**
(1) K Dalgleish 9-3 Callum Rodriguez 90
Runs: 2 Wins: 2 (F,G) Places: 1 £11,416
Unbeaten, quickened well to win easily at Ripon latest, dangerous
- 4** 232936 **FUNNY MONEY HONEY 8**
(4) J Harrington (Ire) 9-0 Hollie Doyle 88
Runs: 7 Wins: 3 Places: 3 £24,977
Found 6f too far in a Grp 3 at Salisbury latest, drop back to 5f will suit
- 5** 31 **LADY HAMANA 23 (D)**
(8) K Burke 9-0 Shane Foley 92
Runs: 2 Wins: 1 (A) Places: 1 £4,686
Looked the part when hammering a fair yardstick at Wolves, interesting
- 6** 211233 **MALRESCIA 6 (T★:D)**
(2) G Boughay 9-0 William Buick 90
Runs: 6 Wins: 2 (A,G) Places: 4 £34,696
Speedy, set blistering fractions in a Grp 3 at Kempton on Saturday, e-w
- 7** 10112 **THE PLATINUM QUEEN 21 (D)**
(7) R Fahey 9-0 Oisin Orr 99
Runs: 5 Wins: 3 (2F,G) Places: 1 £152,946
Flying machine, ran a huge race in the Nunthorpe at York, one to beat
- 8** 211 **TRILLIUM 44 (D)**
(5) R Hannan 9-0 Pat Dobbs 96
Runs: 3 Wins: 2 (F,G) Places: 1 £50,746
Top-class, cruised home in the Molecomb at Goodwood, speed to burn

BETTING: 6-4 The Platinum Queen, 13-8 Trillium, 8 Crispy Cat, 12 Malrescia, 14 Prince Of Pillo, 22 Funny Money Honey, Lady Hamana
WHERE FAVOURITES FINISHED: 2 9 6 2 2
2021: Caturra 9-1, Adam Kirby 7-1 (C Cox), drawn 7, 11 ran.

Sunracing FORM

CRISPY CAT (9-2) 12-1 every chance, ridden 1f out, one pace, 4th of 8 (btt 3) to Royal Scotsman (9-0) (Goodwood 6f Grp 2 £285,065 good to firm).

FUNNY MONEY HONEY (9-0) 6-1 led until 1f out, kept on, 3rd of 7 (btt 2/4) to Mauielwio (9-0) **HARRY TIME** (9-5) 6-1 every chance, one pace, held, 5th (btt 5/4) (7 ran) (Curragh 5f Listed (1) £22,501 good).

PRINCE OF PILLO (9-4) 5-2 fav led 1f out, drifted, ran on strongly, 1st New Definition (9-4) 7/4 (6 ran) (Ripon 5f 2yo stakes (2) £7,860 good to firm).

FUNNY MONEY HONEY (9-2) 15-2 led until 1f out, 6th of 11 (btt 16) to Juliet Sierra (9-2) (Salisbury 6f Grp 3 (1) £25,520 good to firm).

LADY HAMANA (8-13) 9-4 led, pushed along and quickened clear 1f out, easily, bt Primrose (9-6) 3/4 (11 ran) (Winton 5f Nov (5) £3,672 AW).

MALRESCIA (9-0) 33-1 led, ridden and headed final furlong, 3rd of 10 (btt 3/4) to Mischief Magic (9-3) (Kempton 6f Grp 3 (1) £38,697 AW).

THE PLATINUM QUEEN (8-2) 9-2 led 4f out, headed final furlong, btt 2/4 by Highland Princess (9-12) (13 ran) (York 5f Grp 1 £302,690 firm).

TRILLIUM (9-0) 7-1 ridden 1f out, ran on, quickened, easily, bt Rocket Red (9-0) 1/4 (18 ran) (Goodwood 5f Grp 3 £42,532 good to firm).

TEMPLEGATE'S VERDICT

TRILLIUM (below) is progressing fast and stepped into Group 3 level to win with plenty in hand at Goodwood last time. She enjoyed dropping back to this trip for that Molecomb success and can improve again with a fast pace sure to suit. **The Platinum Queen** has loads of speed and landed a couple of hot contests at Goodwood and York before a fantastic second in the Group 1 Nunthorpe. She was getting weight from her elders there but it was still a fine effort and she is a big threat again. **Crispy Cat** was an unlucky third in the Norfolk at Royal Ascot and the drop back to this trip will suit. His experience is a big advantage **Malrescia** has an each-way shout. **Funny Money Honey** will like the soft ground but looks exposed after running below form at Salisbury.

Sun FORM

INTRINSIC BOND (8-7) 11-1 led 2f out, ran on well, bt **Earth** (8-2) 1 **JUSTANOTHERBOTTLE** (9-8) 9-1 close up, ridden 1f out, kept on one pace, 5th (btt 3/4) (4 ran) (Ripon 8f hcap (2) £51,540 good to firm).

BERGERAC (8-12) 22-1 led until 1f out, rallied, led again close home, bt King Of Stars (9-3) sh hd **NOMADIC EMPIRE** (9-0) 25-1 rear, headway and switched 1f out, kept on, 4th (btt 17/4) **MAKANAH** (9-6) 15-2 1f fav not clear run, kept on, 5th (btt 17/4) **GHATHANFAR** (8-11) 16-1 chased leaders, driven 2f out, kept on, 7th (btt 3/4) **SUNDAY SOVEREIGN** (8-13) 20-1 mid-distance, not clear race, 11th (btt 4/4) **PROJECT DANTE** (9-3) 33-1 slowly away, well beaten final 2f, 13th (btt 5/4) **DAKOTA GOLD** (9-7) 15-2 1f fav knashed (9-8)ders pushed along 2f out, 15th (btt 7/4) **SIGNIFICANTLY** (9-5) 25-1 not clear run 1f out, no show, 19th (btt 12) **COUNT D'ORSAY** (9-0) 20th (btt 13) **DUSKY LORD** (8-9) 11-1 last (btt 19) (22 ran) (York 5f hcap (2) £51,540 good).

WHENTHEDEALINSDONE (9-6) 7-2 led 1f out, quickened, easily, bt Mary A Star (8-10) 3/4 (10 ran) (Ascot 5f hcap (2) £16,200 good to soft).

BURNING CASH (9-4) 33-1 kept on, 7th of 13 (btt 3/4) to Te Mavelous (9-4) **MOTAGALLY** (9-4) 40-1 ridden 2f out, 12th (btt 6/4) (Beverly 5f Listed (1) £28,355 good).

INTRINSIC BOND (10-0) 10-3 fav handy, outpaced 2f out, 10th of 11 (btt 8/4) to Runninhill (8-9) (Thirsk 6f (3) £3,000 good).

NIGHT ON EARTH (9-1) 4-1 made all, ran on well to assert final 100 yards, bt **WHENTHEDEALINSDONE** (9-2) 11-2 chased leaders, ridden and hung back 1f out, kept on, no pace of winner, 7/4 **BURNING CASH** (9-4) 9-1 ridden 1f out, every chance, last (btt 4/4) (4 ran) (Nottingham 5f cond 9f £7,389 good to firm).

NOMADIC EMPIRE (9-1) 6-1 rear, not clear one pace, 5th of 8 (btt 2/4) to Look Out Louis (9-2) **CALL ME GINGER** (8-12) 6-1 7th (btt 6/4) (Haydock 5f hcap (2) £37,800 firm).

CHIPSTEAD (8-6) 7-1 ran on, btt 1/4 by Cuban Breeze (9-0) **LEQUINTO** (8-9) 1-1 fav one pace, 6th (btt 2/4) (15 ran) (Windsor 6f hcap (2) £38,655 good to firm).

GHATHANFAR (9-7) 10-3 kept on, 3rd of 6 (btt 4/4) to Khanjar (9-2) (Haydock 5f hcap (2) £13,500 good).

CHIPSTEAD (9-0) 7-4 fav led 1f out, drew clear, won going away, bt 1st of 12 Lishore (9-2) 3/4 (10 ran) (Sandown 5f hcap (4) £5,156 good).

DUSKY LORD (9-7) 1-4 kept on, 3rd of 5 (btt 2/4) to Fivehundredandone (9-5) **ATLANTA'S BOY** (9-0) 14-1 last (btt 8/4) (Goodwood 6f hcap (2) £13,085 good to soft).

LORD RIDDIFFORD (8-12) 10-1 rear, headway 1f out, led close home, bt **DUSKY LORD** (9-0) 13-2 ridden 2f out, ran on, 1/4 **NIGHT ON EARTH** (8-9) 17-2 led until headed close home, 3rd (btt 7/4) (15 ran) (Goodwood 5f hcap (2) £33,600 good).

MAKANAH (9-0) 33-1 led until final 100 yards, 7th of 28 (btt 21/4) to Commanche Falls (9-5) **ZARGUN** (8-8) 125-1 prominent, ridden 3f out, no threat, 18th of 28 (btt 11) to **WHENTHEDEALINSDONE** (9-0) 16-1 chased leaders, ridden 2f out, not clear run 1f out, weakened, 21st (btt 12) **JUSTANOTHERBOTTLE** (9-8) 40-1 ridden 2f out, faded, 22nd (btt 15) (28 ran) (Goodwood 6f hcap (2) £28,850 good to firm).

TEMPLEGATE

WHENTHEDEALINSDONE was fifth in this last year but has improved since as his impressive Ascot victory last time shows. He's off a similar weight and won't be far away for a yard that he won this race in 2019. He can go close under in-form rider Danny Tudhope (below). **Makanah** had no luck when fifth at York latest. He was full of running after getting squeezed along the rail. He's

back from the same mark with a big say. **Lord Riddford** won well at Goodwood and is a Listed winner at best. He has solid claims. **Chipstead** went from the front to win at Sandown and likes six furlongs too, so should have no issue with this trip. He is up 8lb but has a mare to offer. **Ghathanfar** is in good heart and is shortlisted.

2.10 CORAL PORTLAND HANDICAP (2) value to the winner

£51,540; 6f (22 runners)

- 1** 401505 **JUSTANOTHERBOTTLE 28 (B:CD)**
(16) K Ryan 8-9-12 O M McSweeney (5) 97
Runs: 53 Wins: 10 (S,3F,GS,G) Places: 12 £239,424
Track and trip winner, would need a career best off current mark, dismiss
- 2** 010220 **DAKOTA GOLD 24 (BF,CD)**
(8) M Dods 8-9-11 Connor Beasley 95
Runs: 52 Wins: 14 (7S,2F,2GS,3G) Places: 15 £428,016
High-class handicapper, boasting 7 hcap wins, 5 Lists and a Grp 3, fancied
- 3** 223475 **MAKANAH 24 (BF,C,D)**
(13) J Camacho 7-9-10 Paul Hanagan 96
Runs: 39 Wins: 6 (S,3F,GS,G) Places: 10 £114,761
No win in almost two years, but has been knocking on the door, place claims
- 4** -07021 **WHENTHEDEALINSDONE 7 (P:CD)**
(20) R Teal 4-9-9 Daniel Tudhope 93
Runs: 15 Wins: 4 (F,2GS,G) Places: 1 £49,460
Fifth last year, only 1lb higher now after winning at Ascot latest, go well
- 5** 803211 **BERGERAC 24 (B;D)**
(22) K Ryan 4-9-6 Tom Eaves 92
Runs: 21 Wins: 4 (3F,G) Places: 10 £99,094
Front-runner, gutsy performance to win at York, big threat in that form
- 6** 45-770 **SIGNIFICANTLY 24 (D)**
(2) K Burke 4-9-5 Clifford Lee 92
Runs: 21 Wins: 3 (S,A,G) Places: 8 £116,159
Well beaten last time, but now races off his last winning mark, do better
- 7** 811047 **BURNING CASH 14 (C)**
(15) P Midgley 4-9-5 R Sexton (5) 96
Runs: 15 Wins: 3 (F,2G) Places: 3 £39,807
Speedy, won twice here earlier this season, should be in the thick of it
- 8** 257110 **INTRINSIC BOND 15 (BF,CD)**
(19) T Waggett 5-9-4 Ben Curtis 93
Runs: 31 Wins: 6 (S,2F,A,2GS) Places: 8 £98,813
Only midfield last year, won the Great St Wilfrid easily two runs ago, e-w
- 9** 085301 **NIGHT ON EARTH 32 (H,P)**
(1) I Williams 4-9-4 David Probert 96
Runs: 36 Wins: 8 (F,A,3G) Places: 6 £84,772
Pacey, made all at Nottingham last time, debuts for a new yard now
- 10** 300-80 **PROJECT DANTE 24**
(7) B Smart 3-9-3 Harrison Shaw 87
Runs: 6 Wins: 1 (GS) Places: 1 £17,052
Showed more at York, but could only finish midfield, similar expected
- 11** 540045 **NOMADIC EMPIRE 7 (V;D)**
(26) D O'Meara 4-9-2 Neil Callan 92
Runs: 26 Wins: 3 (2F,G) Places: 9 £68,712
Gritty handicapper, but can be slowly away, others make more appeal
- 12** 294116 **LEQUINTO 40 (BF,D)**
(11) A Carroll 5-9-1 Andrea Atzeni 91
Runs: 27 Wins: 7 (2F,5A) Places: 5 £53,158
Enjoying spring trips, shaped as though shorter would suit last time, player
- 13** 143743 **GHATHANFAR 8 (V;D)**
(9) T Waggett 6-9-1 Dale Swift 95
Runs: 51 Wins: 7 (4F,2A,G) Places: 18 £89,657
Steady improver, every chance if reproducing his York form, go close
- 14** 867621 **CHIPSTEAD 21 (D)**
(14) R Teal 4-9-1 Richard Kingscote 93
Runs: 16 Wins: 4 (2F,2G) Places: 4 £47,869
Impressive at Sandown, unbeaten over shorter than six, strongly fancied
- 15** 4445-0 **MOTAGALLY 14 (B;D)**
(12) S Dixon 6-9-1 Phil Dennis 85
Runs: 24 Wins: 5 (2A,3F) Places: 4 £56,232
Solid handicapper, should step forward from his recent return, others preferred
- 16** 852050 **SUNDAY SOVEREIGN 24 (T;D)**
(15) T Easterby 5-9-1 Jim Crowley 98
Runs: 22 Wins: 3 (S,G) Places: 3 £69,529
Exposed, only win since juvenile season came at Chester, best watched
- 17** 10-875 **ATLANTA'S BOY 13 (H:CD)**
(18) M Smith 7-8-13 Jacob Clark (7) 91
Runs: 24 Wins: 7 (S,F,A,GS,G) Places: 2 £54,843
Loves Goodwood, has a bit to prove after a poor stable debut, avoid
- 18** 366761 **LORD RIDDIFFORD 46**
(17) J Quinn 7-8-13 Billy Garrity 95
Runs: 46 Wins: 11 (S,F,6A,3G) Places: 6 £174,455
Listed winner, last seen winning at Goodwood, should make an impact
- 19** 104203 **DUSKY LORD 13 (D)**
(21) R Varian 4-8-12 David Egan 96
Runs: 11 Wins: 3 (2F,A) Places: 1 £29,892
Talented, but not the most reliable, others have far stronger claims
- 20** 267770 **ZARGUN 42 (P)**
(10) S Dixon 7-8-12 Kieran Shoemark 81
Runs: 48 Wins: 3 (GS,G) Places: 11 £87,059
Poor strike-rate and out of form, easily ruled out
- 21** 136147 **CALL ME GINGER 7 (CD)**
(3) J Goldie 6-8-12 Amie Waugh (5) 96
Runs: 21 Wins: 6 (4F,2G) Places: 8 £101,196
Disappointing at Haydock, better judged on his prior efforts, bit to find
- 22** 365470 **COUNT D'ORSAY 24**
(5) T Easterby 6-8-11 David Allan 99
Runs: 49 Wins: 5 (2S,2GS,G) Places: 11 £134,853
Third last year, returns this time off a 9lb lower mark, better expected

BETTING: 5 Whenthedealinsdone, 7 Makanah, 8 Chipstead, 11 Burning Cash, Dakota Gold, 12 Bergerac, Count D'Orsay
WHERE FAVOURITES FINISHED: 2 8 0 2 1
2021: Hurricane Ivor 4-9-10, T Marquand 11-2 Fav (Waggas), dr 5, 16 ran.

2.45 CORAL DONCASTER CUP STAKES (GROUP 2)

winner £73,723; 2m 2f (8 runners)

- 1** 221142 **COLTRANE 21 (BF)**
(6) A Bolding 5-9-7 Rob Hornby 90
Runs: 15 Wins: 5 (3F,GS,G) Places: 5 £262,095
Strong stayer, disappointing when well held at York latest, do better
- 2** 121115 **GET SHIRTY 20**
(4) D O'Meara 6-9-7 Daniel Tudhope 90
Runs: 23 Wins: 7 (S,F,GS,G) Places: 6 £249,155
Rapid improver, given average ride in the Ebor at York, more to come
- 3** 700841 **ISLAND BRAVE 6**
(7) H Main 8-9-7 P J McDonald 83
Runs: 58 Wins: 12 (3F,7A,2G) Places: 3 £265,243
Tough, but this hepper may find things a struggle at this lofty level
- 4** 552153 **RESHOUN 21 (P;C)**
(1) I Williams 8-9-7 Jim Crowley 89
Runs: 40 Wins: 7 (2F,S,A,GS,G) Places: 6 £248,552
Stout stayer, solid effort when second at York latest, place claims
- 5** 140-01 **STRATUM 83 (D)**
(3) W Mullins (Ire) 9-9-7 William Buick 91
Runs: 26 Wins: 7 (3S,F) Places: 7 £433,927
Stout stayer, tough win at R Ascot in June, goes well fresh, dangerous

2.10, 2.45, 3.20 & 3.55

GOING: SOFT (GOOD TO SOFT IN PLACES)

6	11-113 TRUESHAN 45	
(5)	A King 6-9-7.....Hollie Doyle ●99	
Runs: 19	Wins: 12 (4S,2A,GS,2B) Places: 3	£1246,749
Top-class, best stayer around on soft ground, impossible to oppose		
7	344592 HAZOOM 16	
(1)	K Dalgleish 4-9-4.....Sam James 71	
Runs: 18	Wins: 4 (GS,3G) Places: 5	£57,524
Huge outsider, only rated in the 70s and a mountain to climb on form		
8	8214-8 LISMORE 128 (P)	
(2)	H Bromhead (ire) 5-9-4.....Jamie Spencer 88	
Runs: 17	Wins: 5 (S,2A,F,G) Places: 4	£63,723
Fragile type, but smart performer at her best, more rain the better		

BETTING: 1-3 Trueshan, 6 Coltrane, 13-2 Get Shirty, 18 Stratum, 28 Lismore, 28 Reshoun, 66 Island Brave, 200 Hazyoom
WHERE FAVOURITES FINISHED: 1 1 1 1 1
2021: Stradivarius 7-9-8, L Dettori 4-11 Fav (J & T Gosden), dr 5, 6, ran.

Sunracing FORM

COLTRANE (9-5) 5-4 fav chased leaders, went 2nd 10f out behind clear winner, ridden 3f out, never closed, just held on to 2nd, b/n 14f by Quickthorn (9-5) **RESHOUN** (9-5) 25-1 towards rear, outpaced over 3f out, stayed on final furlong, no chance with winner, 3rd (b/n 14f) (6 ran) (York 2m Grp 2 £24,775 good).
GET SHIRTY (9-12) 16-1 towards rear, pushed along and headway 2f out, stayed on one pace, 5th of 20 (b/n 3/4) to Traveller (9-4) (York 1/4 m heap (2) £300,000 good to firm).
ISLAND BRAVE (8-11) 15-2 led, headed after 5f, pushed along 3f out, led again 1f out, stayed on, chugging Thunder (9-5) 1/4 (6 ran) (Haydock 1/4 m heap (2) £51,540 good to firm).
STRATUM (9-7) 10-1 rear, pushed along 3f out, headway 2f out, chased leaders 1f out, went 2nd final 100 yards, stayed on, bt **RESHOUN** (9-4) 20-1 pushed along 3f out, disputing lead until 1f out, stayed on well but headed finish, 1f (12 ran) (Ascot 2/4 m heap (2) £54,000 good to firm).
TRUESHAN (9-11) 21-1 keen in midfield, rapid headway 3f out, ridden to press leader 1f out, 3rd of 9 (b/n 1/4) to Kypros (9-11) **COLTRANE** (9-11) 8-1 rear, headway 3f out, ridden to chase leaders 2f out, kept on final furlong, 4th (b/n 4/4) (Goodwood 2nd Grp 1/4 m £283,500 good).
HAZOOM (9-3) 7-2 prominent, ridden 2f out, kept on but always held by facie winner, b/n 1/4 by Wise Eagle (9-9) (8 ran) (Musselburgh 2/4 m heap (2) £10,476 good to soft).
LISMORE (9-12) 12-1 pushed along, tracked leaders, ridden, 8th of 11 (b/n 16) to Yavani (9-2) (Gowran Park 1/4 m Listed (1) £28,500 yielding).

TEMPLEGATE'S VERDICT

TRUESHAN is on a different level to these, especially with some cut in the ground. Alan King has been a little more adventurous with his star this season and let him run on fast going last time when he was a decent third in the Goodwood Cup. He was just over a length behind Kypros and Stradivarius on the Downs and this is a lot easier. The galloping track will be ideal and more rain would only help his chances. It should be a good battle for second between **Coltrane** and **Get Shirty**. The former's best effort came when winning a Listed contest at Sandown over two miles in July. He was then fourth in the Goodwood Cup, before a distant second when well backed in the Lonsdale Cup at York. He stays strongly and won't mind if it gets testing. **Get Shirty** won Haydock's Old Newton Cup over a mile and a half before a good fifth in the Ebor under a big weight. Stamina shouldn't be an issue. **Stratum** is respected. He won the Queen Alexandra Stakes again at Royal Ascot and won't be stopping at the line.

3.20 CAZOO PARK STAKES (GROUP 2); value to the winner £68,052; 7f (9 runners)

1	633019 JUMBY 21 (D)	
(5)	E Houghton 4-9-9.....Doubtful 88	
Runs: 17	Wins: 5 (2F,3G) Places: 5	£156,232
Improving, struggled at York but earlier win in the Hungerford is solid form		
2	9-3821 KINROSS 21 (D)	
(2)	R Beckett 5-9-9.....Frankie Dettori 98	
Runs: 18	Wins: 5 (S,F,A,GS) Places: 2	£478,929
Classy, won a Grp 2 at York with plenty in hand, more rain the better		
3	131-05 AL SUHAIL 21 (H;D)	
(1)	C Appleby 5-9-6.....William Buick 73	
Runs: 15	Wins: 4 (2F,2GS) Places: 5	£165,304
Quirky but talented, needed the run at York latest, will be sharper		
4	424013 GARRUS 34	
(6)	C Hills 6-9-6.....Jim Crowley ●99	
Runs: 25	Wins: 7 (3F,2A,GS,G) Places: 6	£256,337
Difficult race, but talented, caught the eye in a Grp 1 latest, big chance		
5	532102 MISTY GREY 13 (D)	
(9)	T Dascombe 5-9-9.....Richard Kingscote 89	
Runs: 28	Wins: 6 (5A,G) Places: 7	£154,433
Real trier, never knows when he's beat and likely to show up well		
6	8-1051 DOUBLE OR BUBBLE 13 (D)	
(8)	C Wall 5-9-9.....Jack Mitchell 92	
Runs: 14	Wins: 6 (F,GS,G) Places: 4	£205,705
Useful mare, tough win in the Supreme at Goodwood, respected		
7	71-556 SACRED 21 (T,B,F,D)	
(4)	W Haggas 4-9-3.....Doubtful 95	
Runs: 11	Wins: 3 (F,2G) Places: 3	£163,732
Touch of class, disappointing since smart effort at Royal Ascot, do better		
8	-33287 NEW ENERGY 62 (D)	
(3)	S Lavery (ire) 3-9-2.....Robbie Colgan 94	
Runs: 7	Wins: 1 (G) Places: 2	£100,846
Highly tried, ran a cracker when runner-up in the Irish Guineas, e-w		
9	-75052 THE WIZARD OF EYE 43	
(3)	J Moore 3-9-2.....David Egan 89	
Runs: 10	Wins: 1 (GS) Places: 3	£35,843
Huge career best when runner-up in a Grp 3 at Goodwood, e-w claims		

BETTING: 5-4 Kinross, 9-2 Garrus, 5 Al Suhail, 8 Double Or Bubble, New Energy, 22 Misty Grey, 25 The Wizard Of Eye
WHERE FAVOURITES FINISHED: 3 1 4 1 3-6
2021: Glorious Journey 6-9-4, W Buick 5-2 (C Appleby), dr 3, 6, ran.

Sunracing FORM

KINROSS (9-8) 5-1 close up, headway over 1f out, led inside final furlong, pushed out, bt Pogo (9-8) 1/4 AL SUHAIL (9-8) 12-1 towards rear, pushed along 2f out, never nearer, 5th (b/n 6) **SACRED** (9-5) 10-3 fav weakened final furlong, 6th (b/n 6/7) **JUMBY** (9-8) 7-1 pushed along, never on terms, last (b/n 13) (York 7/4 Grp 2) (£228,840 good to firm).
GARRUS (9-4) 20-1 held up in touch, outpaced 2f out, backed up and finished well, 3rd of 14 (b/n 11) to Highland Princess (9-1) (Dunblair 6f Grp 1) (£182,464 good to soft).
DOUBLE OR BUBBLE (9-5) 5-2 held up, challenged over 1f out, ridden to lead narrowly final 110 yards, held on gamely, all but **MISTY GREY** (9-8) 14-1 led, strongly pressed 1f out, headed final 110 yards, rallied gamely, held, 6th (6 ran) (Goodwood 7/4 Grp 3) (£45,368 good).
NEW ENERGY (9-2) 14-1 held up in rear, outpaced 2f out, never dangerous, 7th of 11 (b/n 4) to Enigma (8-12) (Deauville 7/4 Grp 1 £292,067 good to firm).
THE WIZARD OF EYE (9-3) 40-1 held up, ridden and headway 2f out, bumped over 1f out, ran on but always held, b/n 7/4 by Rocchigiani (9-3) (7 ran) (Goodwood 7/4 Grp 3) (£56,710 good to firm).

BETTING: 10-11 New London, 5 Haskoy, 6 Eldar Eldarov, 13-2 Hoo Ya Mal, 12 French Claim, 16 Emily Dickinson, 25 Giallollo 2f out, kept on one pace, 3rd of 8 (b/n 9) to Westover (9-2) (Curragh 1/4 m Grp 1) (£68,000 good).
GIALLOLOTTA (9-2) 5-4 headway to lead 1f out, switched, ran on, bt Pralaino (9-2) 5/4 (4 ran) (Newmarket 1/4 m) (£213,500 good to firm).
HOO YA MAL (9-7) 10-1 fav led 1f out, stayed on, pushed out, led Perfect Alibi (9-1) 2/1 (4 ran) (Goodwood 1/4 m Grp 3) (£56,710 good to soft).

HAZOOM (9-3) 2-1 close up, headway over 1f out, led inside final furlong, pushed out, bt Pogo (9-8) 1/4 AL SUHAIL (9-8) 12-1 towards rear, pushed along 2f out, never nearer, 5th (b/n 6) **SACRED** (9-5) 10-3 fav weakened final furlong, 6th (b/n 6/7) **JUMBY** (9-8) 7-1 pushed along, never on terms, last (b/n 13) (York 7/4 Grp 2) (£228,840 good to firm).
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NEW ENERGY (9-2) 14-1 held up in rear, outpaced 2f out, never dangerous, 7th of 11 (b/n 4) to Enigma (8-12) (Deauville 7/4 Grp 1 £292,067 good to firm).
THE WIZARD OF EYE (9-3) 40-1 held up, ridden and headway 2f out, bumped over 1f out, ran on but always held, b/n 7/4 by Rocchigiani (9-3) (7 ran) (Goodwood 7/4 Grp 3) (£56,710 good to firm).

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GIALLOLOTTA (9-2) 5-4 headway to lead 1f out, switched, ran on, bt Pralaino (9-2) 5/4 (4 ran) (Newmarket 1/4 m) (£213,500 good to firm).
HOO YA MAL (9-7) 10-1 fav led 1f out, stayed on, pushed out, led Perfect Alibi (9-1) 2/1 (4 ran) (Goodwood 1/4 m Grp 3) (£56,710 good to soft).

HAZOOM (9-3) 2-1 close up, headway over 1f out, led inside final furlong, pushed out, bt Pogo (9-8) 1/4 AL SUHAIL (9-8) 12-1 towards rear, pushed along 2f out, never nearer, 5th (b/n 6) **SACRED** (9-5) 10-3 fav weakened final furlong, 6th (b/n 6/7) **JUMBY** (9-8) 7-1 pushed along, never on terms, last (b/n 13) (York 7/4 Grp 2) (£228,840 good to firm).
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By STEVE MULLEN

NEW LONDON looks a capital bet in the St Leger (3.55 Doncaster).

William Buick's mount is perfect for this after his impressive win in the Gordon Stakes at Goodwood.

He cruised along over a mile and a half and powered home in the manner of a stayer.

Charlie Appleby continues in fine form and he can bag the season's final Classic.

Haskoy keeps improving. She gets a 3lb allowance as a filly and won nicely at York last time.

Eldar Eldarov looks a big threat too if repeating the form of his Queen's Vase win.

EL DAR EL DAROV ★★★★★

EL of a chance. Progressed rapidly through the ranks, going from Nottingham maiden win to take the Group 2 Queen's Vase at Royal Ascot. He relished every yard of the mile and three-quarters and got up on the line to win. It was a surprise to see him dropped in trip in France last time but he was far from disgraced and will be much happier with this test of stamina.

EL HABEEB ★

EL of a task. Optimistic owners put him in a Listed race on debut before he was sent off at 250-1 for the Derby where he finished a respectable tenth. He then dropped to a maiden for a surprise defeat before getting off the mark in minor company at Wolverhampton. Surely has little chance on any known form.

FRENCH CLAIM ★★

PLACE Claim. Showed promise at two and has improved this season to finish third in a Leopardstown Group 3 before filling the same spot in the Irish Derby, nine lengths off winner Westover. He has already repaid his small purchase price but needs this step up in distance to bring plenty of improvement.

GIAVELLOTTO ★★

NEEDS a Lotto. Honest handicapper who kicked off this season with an all-weather win at Newcastle before a solid effort over this course and distance in June when fourth. He then went close at Haydock before a decent success in a staying contest at Newmarket last time. He takes a big hike in class so needs to pull out a lot more but he has proven staying power.

GREATER LONDON



Templegate's horse-by-horse guide to the St Leger

**STAR RATINGS**

Job Don
Don'n dusted
Don deal
Hard Don by
Don your money

HOO YA MAL ★★★
HOO and cry. Came close to a 150-1 shock when second in the Derby before a solid third in the Gordon Stakes behind **New London**. He seemed to enjoy stepping up from a mile and a half to this sort of distance when seeing off three rivals to win back at Goodwood two weeks ago. Given it didn't look a great Derby, he will need to raise his game again to win a Leger.

NEW LONDON ★★★★★

LONDON pride. He looked a nice prospect as a juvenile and created a good impression when winning at Newmarket on comeback in April. Charlie Appleby fancied him for the Derby but had to change those plans after he hated the track when second

in the Chester Vase in May. Back on a more galloping surface, he was a good handicap winner on Newmarket's July course before leaving that form way behind at Glorious Goodwood. Tailor-made for this longer distance and could have a lot more to offer with few miles on the clock.

EMILY DICKINSON ★★★

SON to watch. Has shown her best form this season over staying trips including when beaten just over a length in the Lillie Langtry at Goodwood last time out in July. Aidan O'Brien is ending the season well and it

would be no shock if she hit the frame.

HASKOY ★★★★★

HAS a chance. She has done well on both starts, winning a Wolverhampton maiden on debut in good style before a solid

Listed win at York last time. Moves up in distance here, which should suit on breeding, and there's clearly a lot more to come.

LIZZIE JEAN ★

JEAN no machine. Easy handicap winner at Southwell last time where she scored in a decent time for the grade. This is a massive leap in class and likely to find it heavy going.



NEW BEAUTY...
New London looked a superstar when winning at Goodwood

3.55	CAZOO ST LEGER STAKES (GROUP 1): 3-Y-O-E445,741; 1m 6f 115yds (9 runners)
1-114	EL DAROV 58 (BF) R Varian 9-3 Classey stayer, not short of pace but he's a real galloper, big chance
5021	EL HABEEB 25 Runs: 4 Wins: 1 (A) Got off the mark in Wolverhampton, handicapper, not up to the class
14-133	FRENCH CLAIM 77 Runs: 5 Wins: 2 P Twomey (Ire) 9-3 Powerful galloper, looks all about starting, more than the better, e-w
14-131	GIAVELLOTTO 36 (H) Runs: 6 Wins: 3 (F, 2A) Improving, trusted clear in a hop at Newmarket, this much tougher
3221	HOO YA MAL 14 (T) Runs: 8 Wins: 2 (F, GS) A O'Brien (Ire) 9-0 Powerful, bounded clear in his first at Goodwood, wouldn't want to see him
1121	NEW LONDON 44 Runs: 5 Wins: 4 (3, 2F, GS) Powerful, bounded clear in his first at Goodwood, wouldn't want to see him
515243	EMILY DICKINSON 42 (BF) Runs: 7 Wins: 1 (G) Dour stayer, well held in lesser company, lacks a gear, hard to race
11	HASKOY 23 Runs: 2 Wins: 2 (A, G) Unbeaten filly, won despite running green at York, fenced, dangerous
37141	LIZZIE JEAN 43 (H) Runs: 5 Wins: 2 (2A) Hollie Doyle 7-2 Yal Mal, 12 French Claim, 15 Emily Dickinson, 25 Gavelotto

BETTING: 10-11 New London, 5 Haskoy, 6 Eldar Eldarov, 13-2 Hoo Ya Mal, 12 French Claim, 15 Emily Dickinson, 25 Gavelotto
WHERE FAVOURITES FINISHED: 1-2-1-4-1
2021: Hurricane Lane 94, Wullick 8-11 Fav (C Appleby), dr 4, 10 ran.

Nijinsky and Lester led them merry dance



RYAN doesn't drop many clangers.

So it was a rare error when he dropped his whip two furlongs out on Hoo Ya Mal in the Gordon Stakes at Goodwood before finishing a close third to New London, today's Cazoo St Leger favourite.

Hoo Ya Mal looks terrific each-way value. He was with Andrew Balding and ridden by largely unsung David Probert when second in the Derby.

Hoo Ya Mal was sold for a staggering £1.2 million after that run and is now with rookie George Boughey, Newmarket's brightest young training star.

Probert is back on Hoo Ya Mal today, a colt who has the two-mile Melbourne Cup as a target for new Aussie owners.

An excited Boughey said: "Ryan is adamant he would get closer to New London at Goodwood had he not dropped his whip."

"David gave him a great ride in the Derby and deserves his chance again."

"The horse missed the break in his last two races but is officially the top-rated horse in the St Leger."

"He has two lengths to find on New London but was finishing best of all at Goodwood. I'm thrilled at his chances."

New London would be popular for Godolphin trainer Charlie Appleby.

He won the race last year with Hurricane Lane and victory today would boost morale following the tragic fall and death of 2,000 Guineas hero Coroeub at Longchamp last Sunday.

In 1970 I covered my first St Leger



for The Sun – the year Nijinsky completed the first Triple Crown for 35 years. It was peerless Lester Piggott at his cunning best.

Nijinsky never really stayed the Leger trip. But Lester kidded all his out-classed, whip-flaying rival jockeys and went smoothly from seventh of nine in the long straight to win as he liked on the 2-7 favourite.

As we left Doncaster that autumn evening who would have guessed Nijinsky would never win another race.

He retired after being beaten in both the Champion Stakes and the Arc.

Later Piggott told me: "Nijinsky was still the best horse I ever rode." But he also claimed the same about Sir Ivor!

Another great jockey Kieren Fallon, who rode in last week's Leger Legends race, was many things to many people.

But I can vouch that as well as

being a superb horseman with nerves of steel, he was also a first-class judge of form and ability. Two days before the 2002 St Leger I chatted with Fallon in Doncaster's old weighing room.

"Bollin Eric is a cert in the Classic," he told me. "Pity I won't be riding it."

"I'm suspended. I rode him last time and should have won the Great Voltigeur by a minute."

"Trust me, he'll win the Leger."

I dived in and had a hefty bet at 10-1. Imagine my glee when local hero Bollin Eric – trained by Tim Easterby and ridden by Kevin Darley – trotted up at 7-1. The Yorkshire crowd raised the roof. Even now, 20 years on, I still curse that I should have listened to the fiery little Irishman more often!

Meanwhile, I've raised a glass this week to Charlie Wilson who passed away at the age of 87.

Raised in Glasgow's infamous Gorbals area, he started working as a copy boy and rose to become editor of The Times and The Sporting Life.

Through his great love of racing he was invited to become an unlikely member of the elitist Jockey Club.

Together with The Sun's colourful editor Kelvin MacKenzie, another absolute Fleet Street legend, they put a horse in training with likeable Irishman Terry Casey, who asked me:

"What will they be like as owners?"

I warned him: "If the horse doesn't win the Derby and the Grand National, you will cop a terrible ear-bashing."

The horse was not a success and furious Wilson roared at Casey: "If we had wanted something so motionless we would have bought a f***** statue!"

CROWNING GLORY...
Nijinsky and Piggott after St Leger win secured Triple Crown

CHEPSTOW RUNNERS

1.25 DOWNLOAD THE VICKERS BET APP APPRENTICE HANDICAP (Class 6) winner £3,726; 5f. (5 runners)

1 (4) 54680-AUTUMN ANGEL 321 A Carroll 3-9-9..... Mollie Phillips (3) -
 2 (2) 2723467-CORONATION COTTAGE 12 (CD) M Saunders 8-4-1..... Callum Hutchinson (3) 099
 3 (5) 5514042-NACHO 30 (P,T,D) D McCain 4-8-1..... Harry Russell 85
 4 (1) 0882133-FOSSOS 3 (B,T,CD) D Faulkner 4-8-13..... Taylor Fisher (7) 98
 5 (3) 9200308-KASWARAH 3 (P) J O'Shea 4-8-9..... Gina Mangan (3) 97
BETTING: 11-5 Nacho, 9-4 Fossos, 9-2 Coronation Cottage, 6 Autumn Angel
WHERE FAVOURITES FINISHED AND 2021: No corresponding meeting

Sunracing FORM

AUTUMN ANGEL (8-13) 80-1 in touch, ridden and weakened 2f out, 12th of 14 (b/n 9/4) to Galice (9-7) Newcastle 71hcap (5) £3,240 AW.

FOSSOS (9-10) 5-1 prominent, challenged 1f out, one pace, 3rd of 9 (b/n 1/4) to Glamorous Force (9-1) Coronation Cottage (9-7) 9-2 prominent, ridden 1f out, no extra close home, 7th (b/n 3/4) (9 ran)

NACHO (9-1) 8-1 rear, ridden 2f out, headway 1f out, kept on, b/n 1/4 by Next Second (9-1) (10 ran) (Whampton 5f hcap (6) £3,726 AW).

FOSSOS (9-1) 7-2 went 2nd 1f out until no extra, 3rd of 10 (b/n 1/4) to Shesadabier (9-1) KASWARAH (8-9) 22-1 no show, 8th (b/n 8/4) (Chepstow 5f hcap (6) £3,726 soft).

2.00 BEST ODDS AT VICKERS BET EVERYDAY MAIDEN STAKES (2); 2-y-o; winner £3,672; 5f. (7 runners)

1 (4) 2736225-BETWEENSTICKS 13 M Channon 9-7..... George Bass (3) 099
 2 (3) 7 MISSION 9 M Trenging 9-7..... Charles Bennett 84
 3 (7) CONGRESS C Cox 9-7..... John Fahy -
 4 (6) 74 CLUEDO 12 H Candy 9-2..... Dane O'Neill 73
 5 (1) 465283 COMEDIAN LEADER 33 (P*) G Kellaway 9-2..... Luke Morris 84
 6 (2) 33 FURNICE 75 G Kellaway 9-2..... Benoit Sayette (3) 89
 7 (3) 073 OUR FLORENTINE 11 (P*) G Boughey 9-2..... Benoit Sayette (3) 89
BETTING: 5-2 Betweensticks, 3 Our Florentine, Commission, 6 Comedian Leader

Sunracing FORM

BETWEENSTICKS (9-4) 7-2 held up in touch, pushed along 2f out, ridden 1f out, kept on final 150yds, 5th of 6 (b/n 4/4) to Thankuappreciate (9-4) (Ripon 6f nov (5) £3,780 good).

COMMISSION (3-1) 65-1 prominent, pushed along and challenged 2f out, well there until faded quickly final furlong, 7th of 13 (b/n 4/4) to Revenite (9-5) (Ascot 8f nov (5) £3,800 good).

CLUEDO (9-8) 18-1 edged right start and bumped, chased leaders, ridden 2f out, no extra inside final 100 yards, 4th of 10 (b/n 6/4) to Manitou (9-2)

OUR FLORENTINE (9-2) 66-1 led 2f out, headed runners, soon faced strong challenge, kept on, headed narrowly towards finish, rallied and beaten on nod, b/n 5 by Masterclass (9-7) (Doncaster 5f hcap (6) £3,726 AW).

COMEDIAN LEADER (9-7) 11-8 fav handy, pushed along 2f out, every chance 1f out, 3rd of 14 (b/n 3/4) to Senor Pock (9-8) (Chelmsford 5f hcap (6) £3,996 AW).

FURNICE (9-2) 12-1 keen, pushed 2f out, eased down late of 12 (b/n 4/4) to Confederation (9-7) (Brighton 5f mdn (6) £2,754 good to firm).

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CONGRESS Washington DC colt.

2.35 GO RACING WITH VICKERS BET MAIDEN (5); value to the winner £4,320; 5f. (7 runners)

1 (4) 65 ANGUS DE BULL 24 J O'Shea 6-8-8..... Gina Mangan (5) -
 2 (5) 5 CLOUD CUCKOO 18 H Candy 3-9-7..... Dane O'Neill -
 3 (7) 0637 MY GENGHIS 34 A Carroll 3-9-7..... Luke Morris 93
 4 (1) 85 OASIS GIFT 309 C Cox 3-9-7..... John Fahy -
 5 (6) 08 DUBBIE'S BEAUTY 127 (H*) J Gallagher 3-9-2..... Finley Marsh -
 6 (2) 08-2442 ISCHIA 20 (BF) J Fanshawe 3-9-2..... Benoit Sayette (3) 099
 7 (3) 523 LA EQUINATA 20 M Murphy & M Keary 3-9-2..... Taylor Fisher (7) 87
BETTING: 5-4 Ischia, 10-3 My Genghis, 1-4 Equinata, 6 Oasis Gift, 14 Cloud Cuckoo

Sunracing FORM

ANGUS DE BULL (9-4) 125-1 rear, soon pushed along and outpaced, kept on, b/n 3f out, necked, 5th of 9 (b/n 18) to Flyawaydream (9-7) (Chepstow 7f mdn (5) £4,320 good).

CLOUD CUCKOO (9-7) 14-1 dived in effort 1f out, 4th of 10 (b/n 4/4) to Heartbreak Star (9-2) (Lingfield 5f mdn (5) £4,320 AW).

MY GENGHIS (9-7) 5-1 tracked leaders, ridden final furlong, last of 7 (b/n 8/4) to Rich Rhythm (Windsor 5f nov stk (5) £4,320 good to firm).

OASIS GIFT (9-5) 15-2 led until 1f out, 5th of 8 (b/n 8/4) to Hebrides (9-5)

ISCHIA (9-2) 6-4 fav pressed leader, ridden 1f out, soon faced strong challenge, kept on, headed narrowly towards finish, rallied and beaten on nod, b/n 5 by Masterclass (9-7) (Doncaster 5f hcap (6) £3,726 AW).

DUBBIE'S BEAUTY (12-7) 11-8 fav, pushed along 2f out, faced challenge 1f out, headed 10 yards out, no extra, 3rd (b/n 2/4) (4 ran) (Brighton 6f mdn (5) £4,320 good to firm).

3.10 VICKERS BET BATH SUMMER SPRINT SERIES FINAL HANDICAP (2); £12,885; 6f. (13 runners)

1 (10) 4408-24 CHURCHILL BAY 29 (T) C Cox 4-12..... John Fahy 94
 2 (9) 58-1565 BLUEBELL TIME 3 (C,D) M Saunders 6-9-6..... Trevor Whelan 98
 3 (1) 4364249 UNDER CUREW 16 (C,D) A Carroll 6-9-5..... Mollie Phillips (3) 93
 4 (8) 4823121 BONITA 8 B (P,D) M Channon 3-9-3..... George Bass (3) 91
 5 (11) 44-261 CABA DE LIAVE 21 M Atwater 6-9-5..... Luke Morris 99
 6 (13) 633434 SYMBOL OF HOPE 25 (P) G Harris 4-8-13..... Luke Morris 99
 7 (6) 529243 HANDY TALK 13 (C,D) B Millman 9-8-13..... Oliver Seale (7) 94
 8 (3) 3432255 VAPE 16 (P,D) J Flint 5-8-12..... William Cox 96
 9 (2) 8336274 DELAGATE THIS LORD 32 (D) S Hodgson 8-8-12..... Theodore Ladd 97
 10 (7) 876331 WADE'S MAGIC 11 (P,D) T Estrany 5-8-10..... Brandon Wilkie (7) 95
 11 (7) 2423433 SOI DAO 11 (P) B Millman 3-8-10..... Gina Mangan (5) 96
 12 (4) 5615478 MORE THAN LIKELY 59 (D) N Evans 6-8-5..... George Rooke 94
 13 (2) 5061446 SAPHIRE'S MOON 6 A Carroll 3-8-2..... Rhian Ingram (3) 85
BETTING: 10-3 Bonita B, 11-2 Wade's Magic, 8 Churchill Bay, Caba De Llave, 10 Handytalk, Symbol of Hope, Soi Dao, Delegate This Lord

Sunracing FORM

UNDER CUREW (8-9) 25-1 led 3f out, headed running, 3rd of 10 (b/n 2) to True Mission (8-11) CHURCHILL BAY (9-10) 8-1 not clear run and switched 1f out, kept on, 4th (b/n 1/4) (10 ran) (Whampton 6f hcap (5) £4,536 AW).

BLUEBELL TIME (9-12) 6-1 chased leaders, pushed along halfway, soon outpaced, never dangerous, kept on, last of 5 (b/n 2) to Willingly (6-11) (Chepstow 5f hcap (5) £4,536 soft).

VAPE (9-1) 9-1 held up in mid-division, driven along 2f out, kept on, 5th of 10 (b/n 4/4) to Firenze Rosa (8-4) UNDER CUREW (9-10) 8-1 held up off the pace in rear, ridden 2f out, no impression, 9th (b/n 6/4) (11 ran) Goodwood 6f hcap (5) £4,536 soft).

BONITA B (8-13) 8-1 led 1f out, driven out, 4th of 10 (b/n 1/4) to Firenze Rosa (8-4) UNDER CUREW (9-10) 8-1 held up off the pace in rear, ridden 2f out, no impression, 9th (b/n 6/4) (11 ran) Goodwood 6f hcap (5) £4,536 soft).

SYMBOL OF HOPE (9-12) 12-1 handy, pushed along 2f out, one pace, 4th of 7 (b/n 2/4) to Street Life (9-5)

BLUEBELL TIME (9-11) 22-1 pushed along, driven 2f out, 6th (b/n 4/4) to True Mission (8-11) CHURCHILL BAY (9-10) 8-1 not clear run and switched 1f out, kept on, 4th (b/n 1/4) (10 ran) (Whampton 6f hcap (5) £4,536 AW).

HANDY TALK (9-12) 11-2 led until 2f out, plugged on, 3rd of 10 (b/n 1/4) to Haggia Sappho (8-4) (Chepstow 6f hcap (6) £3,726 good).

SYMBOL OF HOPE (9-12) 12-1 handy, headway under pressure 1f out, kept on, 3rd of 6 (b/n 2/4) to Glamorous Force (9-1) Coronation Cottage (9-7) 9-2 prominent, ridden 1f out, no extra close home, 7th (b/n 3/4) (9 ran)

VAPE (9-1) 9-1 held up in mid-division, driven along 2f out, kept on, 5th of 10 (b/n 4/4) to Firenze Rosa (8-4) UNDER CUREW (9-10) 8-1 held up off the pace in rear, ridden 2f out, no impression, 9th (b/n 6/4) (11 ran) Goodwood 6f hcap (5) £4,536 soft).

BONITA B (8-13) 8-1 led 1f out, driven out, 4th of 10 (b/n 1/4) to Firenze Rosa (8-4) UNDER CUREW (9-10) 8-1 held up off the pace in rear, ridden 2f out, no impression, 9th (b/n 6/4) (11 ran) Goodwood 6f hcap (5) £4,536 soft).

SYMBOL OF HOPE (9-12) 12-1 handy, pushed along 2f out, one pace, 4th of 7 (b/n 2/4) to Street Life (9-5)

YESTERDAY'S RACING RESULTS

BOOM! Top tipster Templegate and our Irish ace Eamonn Hames BOTH napped 9-4 Jadoomi, who took Leopardstown's Group 2 Boomerang Mile.

LEOPARDSTOWN
 Going: Soft

1.30: 1 ZARINKS (C) T Keane (9-2); 2 Library (2-1 fav); 3 Highly Desirable (125-1); 11 ran; 2nd, 6k; 4 M W Evans; £55.00; £1.50; £13.65; £5; £20.80; Tricast: £988.93; Trifecta: £720.70; CF: £14.09

2.05: 1 I'M A GAMBLER T Merquand (19-1); 2 Safe Vain (9-1); 3 Cent Option (9-1); 4 Emporio (12-1); 18 ran

(That's Just Dandy 4-1 fav); 1/4; 3/4; nk; C & M Johnston (UK); T: €19; €3.95; €3.40, €4.90; Ex: €192.80; Tricast: €1107.47; Trifecta: €282.92; CF: €163.68

4.01: 1 AUGUSTE RODIN R L Moore (11-10 fav); 2 Caroline Street (18-1); 3 Alder (12-1); 5 ran; 1/4; 1/4; A P O'Brien; T: €210; €1.50; €1.45; Ex: €133.50; Tricast: €48.70; CF: €18.98

3.10: 1 DUKE DE SESSA C D Hayes (8-1); 2 Thunder Kiss (9-1); 3 Beemish (8-5); 9 ran (Point King 7-2 fav); shd; hd; K D Weld; T: €28; €4.60; €4.60, €2.05; Ex: €38.70; Tricast: €98.87; Trifecta: €174.80; CF: €30.06

3.45: 1 LUXEMBOURG R L Moore (19-1); 2 Onesto (12-1); 3 Vaden (7-4 fav); 7 ran; 1/4; 1/4; A P O'Brien; T: €5.05;

GOING: SOFT

TEMPLEGATE
 1.25.....Fossos
 2.00.....Congress
 2.35.....Ischia
 3.10.....Churchill Bay
 3.40.....Grey Gallion
 4.20.....Zakram
 4.55.....Zealot

TOM PEPPER
 1.25.....Nach
 2.00.....Commission
 2.35.....My Genghis
 3.10.....Bonita B
 3.40.....Connie's Rose
 4.20.....Moondial
 4.55.....James Jude

TIC-TAC: Left-handed, undulating, oval track of 2m, which joins the straight course 5f from home. All races up to a mile run on the straight course. **DRAW:** High best up to a mile. **LEADING TRAINERS WITH RUNNERS** (2017-2022): J G O'Shea 20-142; A Carroll 15-160; E Houghton 15-76; B Millman 14-122; THIS SEASON: J G O'Shea 6, A Carroll 5, M Saunders 4. **TOP JOCKEYS WITH RIDES** (2017-2022): L Morris 17-110; G Mangan 12-75; W Cox 12-143; F Marsh 8-63; THIS SEASON: G Mangan 7, W Cox 5, Georgia Dobie 5. **LONGEST TRAVELLER:** Zakram (4.20) trained at Upper Helmshurst, Round trip of 470 miles. **FIRST RUN SINCE WIND OP:** None. **LIVE ON SKY SPORTS RACING**

3.40 JOIN VICKERS BET FREE BET CLUB HANDICAP (5); value to the winner £4,536; 6f. (7 runners)

1 (6) 5-03311 HIROMICHI 22 M Channon 4-9-12..... George Bass (3) 94
 2 (2) 7314355 WINNETKA 46 (D) A Carroll 5-9-11..... Mollie Phillips (5) 99
 3 (4) 6-6982 DANAH STAR 108 H Evans 3-9-9..... Dougie Costello 89
 4 (3) 3261333 CONNIE'S ROSE 12 (CD) G Harris 3-9-5..... Callum Hutchinson (5) 98
 5 (1) 7-55140 GLEON 16 (P,D) R Teal 3-9-3..... Saffie Osbourne (3) 97
 6 (5) 260/564 PROPHECY 29 (P*) S Durack 3-8-12..... Luke Morris 97
 7 (7) 7665-97 THE EMBEZZLER 164 J O'Shea 3-8-10..... Gina Mangan (5) 85
BETTING: 6-4 Hiromichi, 11-4 Connie's Rose, 6 Winnetka, 13-2 Prophecy, 10 Danah Star, 14 Grey Gallion, 20 The Embezzler

Sunracing FORM

HIROMICHI (10-2) 13-8 fav made all, kicked two lengths clear 2f out, ran on gamey close home, bt Epic Express (10-0) 1/4 (6 ran) (Chelmsford 7f hcap (6) £3,996 AW).

WINNETKA (9-3) 7-1 pulled hard, prominent, led 4f out, headed 1f out, weakened final furlong, 5th of 7 (b/n 4/4) to Helluvaboy (9-11) (Leicester 7f hcap (5) £5,076 good to firm).

DANAH STAR (8-8) tracked leader, ridden from 2f out, ran on, just failed, b/n nk by Millie Lou (8-9) (5 ran) (Angoulême 5f hcap (6) £3,816 AW).

CONNIE'S ROSE (8-11) 11-4 prominent, ridden 1f out, one pace, 3rd of 7 (b/n 2/4) to Autumn Festival (10-5) (Chepstow 7f hcap (5) £4,536 good).

GREY GALLION (9-9) 18-1 faded, 10th of 11 (b/n 11) to Firenze Rosa (8-4) (Goodwood 6f hcap (5) £4,536 soft).

PROPHECY (9-5) 5-1 led until 4f out, 4th of 7 (b/n 1/4) to Stealriver (9-7) (Whampton 6f hcap (6) £3,726 AW).

THE EMBEZZLER (9-4) 25-1 pushed along halfway, never on terms, 7th of 9 (b/n 16) to Jungle Run (9-7) (Chelmsford 5f hcap (6) £3,816 AW).

4.20 FOLLOW VICKERS BET ON FACEBOOK NURSERY (6); 2-y-o; value to the winner £3,726; 1m. (7 runners)

1 (6) 9512652 ZAKRAM 8 (BF) D O'Meara 9-3-9..... M Winn (7) 099
 2 (5) 0054313 AMARILLO GOLD 8 (D) J Osborne 9-11..... Saffie Osbourne (3) 88
 3 (6) 655341 MOONIAL 9 D & C..... Luke Morris 85
 4 (7) 05673 PEDRO AND THE BEAR 22 (P) T Dacombe 9-9..... Pierre Jamain (3) 97
 5 (1) 009 FULLFORWARD 66 R Hughes 9-4..... George Rooke 89
 6 (3) 076 SPIRITUE BOY 24 (P*) G Kellaway 9-2..... Dane O'Neill 93
 7 (4) 074 SOLITARY TREES 9 (P) G Boughey 9-2..... Benoit Sayette (3) 89
BETTING: 9-4 Moondial, 5-2 Zakram, 3 Amarillo Gold, 8 Solitary Trees, 10 Fullforward, 14 Pedro And The Bear, 25 Spiritue Boy

Sunracing FORM

ZAKRAM (8-13) 9-4 fav in touch in mid-division, effort 2f out, edged left 1f out, led finish, headed close home, bt by Centred (8-7) AMARILLO GOLD (8-16) 16-5 led, ridden 1f out, headed towards finish, 3rd (b/n 1/4) SOLITARY TREES (8-8) 18-1 handy, ridden 1f out, 4th (b/n 2/4) to Helluvaboy (9-11) (Leicester 7f hcap (5) £5,076 good to firm).

MOONIAL (9-6) 11-4 fav prominent, took it up 2f out, pressed inside final furlong, led on well, always holding on, bt Becca Kopella (8-2) 1/4 (11 ran)

PEDRO AND THE BEAR (8-13) 22-1 chased leaders, never on terms, extra, 3rd of 5 (b/n 8/4) to Frankness (9-5) (Chester 7f out (4) £5,153 good).

FULLFORWARD (9-2) 150-1 held up in mid-division, no impression final 2f, 3th of 14 (b/n 11) to Priory Dell (8-9) (Newbury 6f nov (5) £3,510 good).

SPIRITUE BOY (9-2) 125-1 mid-division, ridden along 2f out, one pace, 6th of 7 (b/n 11) to Tom's Popsy (9-2) (Leicester 7f nov (5) £3,872 good).

4.55 FOLLOW VICKERS BET ON TWITTER HANDICAP (6); value to the winner £3,726; 1m. (14 runners)

1 (6) 999-91 ZEALOT 8 (D) E Houghton 4-9-13..... George Downing 85
 2 (3) 351472 ACCURATION STANLEY 31 (H,T,D) P George 4-9-11..... Rhian Ingram (3) 83
 3 (6) 3036902 LUXY LOU 51 A White 4-9-9..... Tyler Heard (3) 93
 4 (1) 8-31190 FOUR FEET 39 (D) H Candy 6-9-8..... Dane O'Neill 88
 5 (10) 424562 MOUNTAIN ASH 17 (V,D) B Millman 4-9-7..... Trevor Whelan 97
 6 (4) 25-555 JASS JUDGE 90 A West 3-9-3..... Charlie Bennett 90
 7 (12) 224633 DEFILADE 26 (T) S Leach 6-8-8..... Luke Morris 99
 8 (9) 0-09601 DANNY BLEU 20 (P,C) J Spearing 4-9-5..... Georgia Dobie (3) 91
 9 (3) 515873 LETTER OF THE LAW 13 (V*) J O'Shea 3-9-4..... Gina Mangan (5) 85
 10 (2) 920-538 ALBUS ANNE 18 F Cox 3-9-3..... Luke Cotton (5) 82
 11 (5) 833638 LILANDRA 17 (P,D) J Flint 3-9-3..... Alice Kenley (5) 86
 12 (1) 909878 MAYSON MOUNT 31 (CD) A White 5-9-2..... Finley Marsh 92
 13 (2) 6-00699 NICK VEDDER 110 (D) R Brisland 9-9-2..... William Cox 88
 14 (7) 08-0643 CAILIN SAOIRE 51 (BF) A Dunn 3-8-11..... Benoit Sayette (3) 83
BETTING: 11-4 Zealot, 16 Mountain Ash, 13 Accurition Stanley, 6 Defilade, 10 Danny Bleu, Luxy Lou, 12 Cailin Saoire, James Jude, Lilandra

Sunracing FORM

ZEALOT (9-1) 10-3 led over 7f out, ridden 1f out, eased close home, bt Costa Adele (9-1) 5f (12 ran) (Kempton 1m hcap (6) £2,916 AW).

ACCURITION STANLEY (9-7) 11-2 took keen hold, held up rear, pushed along and headway 2f out, kept on without troubling winner, b/n 5f by Sly Madam (9-8) (11 ran) (Salisbury 1m hcap (6) £3,591 good to firm).

LUXY LOU (9-1) 11-2 chased leader, effort 2f out, held by winner final 100 yards, kept on, b/n 1/4 by Iconic Knight (9-8) LILANDRA (8-10) 10-3 chased leaders, outpaced 2f out, rallied, 3rd (b/n 2) (7 ran) (Chepstow 7f hcap (6) £3,726 good to firm).

FOUR FEET (8-13) 20-1 never better than midfield, one pace, 11th of 14 (b/n 15) to Sandy Paradise (9-6) (Kempton 1m hcap (6) £2,916 AW).

MOUNTAIN ASH (9-4) 10-1 raced wide, in touch, ridden and headway over 2f out, headway 1f out, pushed along final furlong, ran on, b/n 3/4 by Larkin (9-4) LILANDRA (8-12) 13-2 tracked leaders, ridden 2f out, kept on same pace, 4th (b/n 4) to Flos Las (8-9) Las m hcap (6) £3,726 good to soft).

JAMES JUDE (9-1) 9-1 rear, ridden and headway 2f out, no impression final furlong, 5th of 10 (b/n 5/4) to Codswallop (9-6) (Nottingham 7f m hcap (6) £3,186 good to firm).

DEFILADE (9-9) 10-1 tracked leaders, pushed along 2f out, kept on from 1f out, not pace to challenge, 3rd of 12 (b/n 2) to Dawahy (9-9) (Whampton 1m hcap (6) £3,726 AW).

DANNY BLEU (9-2) 25-1 led, headed 5f out, led 1f out, ran on well, bt Fact Or Fable (9-4) 1/4 (12 ran) (Chepstow 7f class stks (6) £3,726 AW).

LETTER OF THE LAW (8-1) 40-1 outpaced in rear, ridden and hung left 2f out, never involved, 7th of 10 (b/n 11) to Redredrobin (9-4) (Chepstow 7f hcap (6) £3,726 good).

ALBUS ANNE (8-9) 28-1 slowly away, in rear, kept on, 5th of 9 (b/n 4/4) to Cookies And Creme (9-8) (Kempton 1m hcap (5) £3,996 AW).

MAYSON MOUNT (9-7) 16-1 slowly away, in rear, one pace, last of 8 (b/n 16) to Cordey Dancer (9-1) (Ffos Las) (Chepstow 7f hcap (6) £3,726 good).

NICK VEDDER (8-13) 28-1 rear, always behind, no threat, 9th of 12 (b/n 8) to Hurricane Helen (9-1) LUXY LOU (9-2) 7f tracked leaders, ridden 2f out, kept on, 5th of 10 (b/n 9) to Chita (8-9) (Ffos Las) 1m hcap (6) £2,970 good to soft).

CAILIN SAOIRE (9-1) 3-1 fav headway 2f out, ridden 1f out, stayed on, 3rd (b/n 3) to Chita (8-9) (Ffos Las) 7f class stks (6) £3,024 good to firm).

STRATUM (2.45)
 Doncaster has won the past two runnings of the Queen Alexandra at Royal Ascot and that stamina will be a major asset for the Willie Mullins runner.

£150, £2.95, £1.10, Ex: £60.20. Trifecta: £171.70; CF: £37.76

4.20: 1 JADOOMI C Soumillon (9-4 jfav); 2 Glountheau (40-1); 3 Boundless Ocean (3-1). 8 ran Just

Beautiful 9-4 jfav); 4; hd. S & E Crisford (UK); T: €325; €1.40, €1.45, €1.40; Ex: €33.70; Tricast: €274.09; Trifecta: €131.50; CF: €94.68

4.55: 1 PEARLS GALORE W J Lee (16-1); 2 Saffron Beach (2-1); 3 Tenbrism (15-2); 9 ran (Homeless Snags 5-4 fav); 3; 1f. P. Womey; T: €17; €2.55; €1.35, €1.80; Ex: €58; Tricast: €257.60; Trifecta: €257.60; CF: €47.32; NR: Agatha, Panama Red

5.20: 1 MORRA R P P Cleary (14-1); 2 Golden Twitly (33-1); 3 Jesse Evans (12-4); 4 My Mate Mozzie (1-4); 23 ran; 1/4; 1/4; S. Lavery; T: €18.60; €4.05, €9.60, €3.85, €1.75; Ex: €912.40; Tricast: €569.07; Trifecta: €1558.30; CF: €49.45; NR: Yashin

PLACEPO: €91.30



LUX SHARP

Arc next for reborn Bourg

GOOD things come to those who wait . . .

Aidan O'Brien has shown the patience of a saint with Luxembourg this year - and he was rewarded with a huge win in the Irish Champion Stakes. The upwardly-mobile colt could now head to France for his biggest test against superstar Baaed in the Arc.

Not even maestro O'Brien would have imagined such lofty targets a few months ago.

The trainer has spent most of the summer pulling his hair out as he struggled to get the one-time Derby favourite back from injury.

The colt, who was third in the 2,000 Guineas back in April, finally returned at The Curragh last month.

But a workmanlike win at odds of 2-9 in the Group 3 Royal Whip Stakes left more questions than answers.

If there were any lingering doubts heading into the race, there are no doubts about his class now after his half-length win from Onesto under a perfectly-judged Ryan Moore ride.

Coral-Eclipse hero Vadani was back in third, having got stuck in traffic on the ground that would not have been ideal.

Incredibly, Luxembourg is the first Group 1 winning three-year-old colt for Ballydoyle this year.

It has not been a stellar year for O'Brien by any means, but the all-conquering trainer appears to have turned a corner.

He said: "Any time you win these big races it is a relief. They are so difficult to win and we don't take any Group 1 for granted."

"Ryan gave him an incredible ride and I was very impressed with the horse, he was only really ready for a racecourse gallop when he ran at the

TOWN FLYER . . .
 Luxembourg (centre) swoops to take Leopardstown race ahead of Onesto (right) and unlucky Vadani

By JACK KEENE

Curragh. We really had to push him to get him back in time for the Royal Whip. We set him a stiff enough task but he is obviously a very good horse."

"We saw what he did as a two-year-old and he did run a great race in the Guineas, when he nearly fell coming out of the stalls."

"We never doubted him."

Luxembourg's Arc odds were slashed from 14-1 to 6s with Coral for the October 2 clash. William Haggas ace Baaed is the 2-1 favourite.

O'Brien continued: "The dream and the plan was to give him three runs before the end of the year."

"He has won the first two and the idea after that was to go to the Arc, so as long as he comes out of the race fine then that is where we will go."

"I don't see the extra trip in the Arc being a problem. There is every chance he could be better. He wasn't surrendering today, his head was in the cooker for a long way up the straight and he didn't stop."



RY GUY . . .
 O'Brien and Moore enjoy Champion victory

LONGCHAMP'S ARC TRIALS

GOING: GOOD TO SOFT; LIVE ON SKY SPORTS RACING

ALBA BECK COMEBACK

TRAINER Ralph Beckett will be aiming for a Long-distance double in top-class races.

He has Haskoy in action at Doncaster in the St Leger and Albaflora represents the stable in the Group 1 Prix Vermeille at Longchamp.

The five-year-old returns from a long break having suffered a setback following his fifth-place finish in the Ormonde Stakes at Chester in May.

Beckett said: "She had a problem after her run at Chester and has taken a long time to get back."

"She's fit and well and ready. The plan is Champions Day after this."

With Frankie Dettori on Haskoy at Doncaster, Christophe Soumillon takes the ride on Arc hope Verry Elleagant in the Prix Foy.

1.33 QATAR PRIX FOY STAKES (GROUP 2); value to the winner €68,824; 1m 4f. (6 runners)

1 (5) -1217 MUTABAH 98 (CD) H Pantall 4-9-2..... Oliver Peslier

ITALIAN GP

Game of

groans

PROBLEMS
DRAG ON
FOR LEW

From BEN
HUNT

LEWIS HAMILTON joked overtaking is so tough at Monza that he might as well watch Game of Thrones behind the wheel!

The seven-time world champ starts today's race down in 19th, despite qualifying fifth, as a penalty after taking a fourth power unit of the season.

Charles Leclerc claimed pole and is the **ONLY** man to start today's Italian GP in the position he qualified – due to a crazy amount of grid penalties for new engines and components.

It meant that race chiefs took nearly **FOUR HOURS** to work out final grid positions.

And Hamilton may turn to new Game of Thrones prequel House of the Dragon – as he fears being stuck behind a string of cars at the so-called Temple of Speed.

He said: "I was behind Valtteri Bottas in practice and couldn't catch him or pass him. So I hope I don't get stuck tomorrow."

"But I imagine I will

be in a DRS train, sitting there and hoping for chances through strategy and tyre degradation from other drivers."

"I was thinking of taking my iPad with me in the race and, when I am in a DRS line, I will just watch Game of Thrones."

Leclerc set the quickest lap to clinch pole for Ferrari in their home race. But the Monaco man – who won here from pole in 2019 – will need to take full advantage in a bid to close down Max Verstappen's 109-point title lead.

Leclerc said: "It was not an easy qualifying session. I knew there was potential in the car but needed to put everything together in Q3 and I was happy to do it. I really hope we can do what we did in 2019. I just went for it and it worked out."

Verstappen had a five-place grid drop to seventh but is confident of working through the field as he did at the Belgian GP – where he won despite starting in 14th place. He said: "For tomorrow in the

POLE STAR ...
Charles Leclerc

FRONT OF GRID	
1	Charles Leclerc
2	George Russell
3	Lando Norris
4	Daniel Ricciardo
5	Pierre Gasly
6	Fernando Alonso



HAMILTON ... moan

race, I hope we will be strong. It will be an interesting battle. I will try to stay out of trouble and work my way forward."

George Russell lines up in second place and Lando Norris will start in third.

But Mercedes driver Russell cannot see past a Verstappen win and added: "You've got to be stupid to bet against it."

"He just needs to keep his nose clean in the first two laps and he'll cruise to victory."

London-born Williams driver Alex Albon pulled out due to appendicitis. He missed final practice, resulting in reserve driver Nyck de Vries being called up.

He qualified in 13th but will start in eighth, owing to the string of grid penalties.



LEGEND ... Tom's back

Brady is back for 23rd year

From ROB MAUL

TOM BRADY faces the "biggest challenge" of his remarkable NFL career – seven months after he quit. Quarterback legend Brady, 45, starts his 23rd season leading Tampa Bay Buccaneers against Dallas Cowboys tonight.

The seven-time Super Bowl winner dubbed the Goat – Greatest of All Time – retired in February only to change his mind 40 days later.

And, despite a new-look Tampa line-up, Brady says he would not be back if he had any doubts about being competitive.

He added: "I've always been very confident in our team from the day that I got here."

"That hasn't changed at all. But we still have got to go and do it."

"It doesn't matter, you have to execute under pressure, that's when the fans are watching. You have to go out there and do a good job."

Brady is the NFL's oldest active player.

He said: "We're all getting one day older at a time. That's the reality for every player."

"We should all take advantage of the opportunity that we have, which is the one we have in front of us now."

"It takes a lot of physical and mental preparation. Emotionally you've got to be in a good place."

Away from the sport, it has not been a perfect time with rumours of a split with his wife, super-model Gisele Bündchen.

Asked about how he deals with the intense spotlight, Brady added: "It has been like that for a long time for me."

"I know how to try to do my best, be professional, show up every day, do my job the best I can."

Robert's zlik ride

ROBERT LAMBERT finished runner-up in speedway's Grand Prix of Denmark – a third successive podium placing for Great Britain.

The Norwich-born star, 24, was edged out by series leader Bartosz Zmarzlik in the final in Vojens, Denmark, last night.

Lambert said: "It was very important for my place in the standings."

"I was going for first place but there was no room on the outside."

Cumbrian Dan Bewley, who had won the previous two GPs, finished on a lowly six points and was excluded in his final ride.

Tai Woffinden made the semi-finals after topping the qualifying heats.

US OPEN

Champ Swiatek



NERVE ...
Iga Swiatek

IGA SWIATEK produced a Perfect-ten performance as she won the US Open in straight sets.

Swiatek, 21, underlined her status as the world No1 on the women's circuit with a 6-2 7-6 triumph and her third Grand Slam.

This was her **TENTH** straight win in finals in a two-year period.

Holding your serve in this pressurised environment was always going to be key but Ons Jabeur, 28,

From ROB MAUL

was broken **THREE** times in the first eight games.

Swiatek, who claimed 12 of the first 14 points, clinched a one-sided first set thanks to 11 winners and outstanding returns.

Jabeur did well to force the second-set tie-break.

But Swiatek held her nerve to lift a seventh title in eight months and see her bank balance improve by a whopping \$2.2million in prize money.

MY ERLI WARNING

Ruud out to topple star

CASPER RUUD plans to replace Erling Haaland as Norway's top sports hero this weekend.

From ROB MAUL

is the biggest star we have in Norway. "A lot of people are watching him play."

"Everywhere I go, I represent Norway. I want to put Norwegian tennis a bit more on the map."

Oslo star Ruud appeared in the French Open final in June – but was beaten by his idol Rafa Nadal.

At 19, Alcaraz is the second teenager – after Pete Sampras in 1990 – to make the US Open men's singles final.

After two late finishes, he has spent more than 20 hours on court, competing in ten sets and four tie-breaks this past week alone.

Alcaraz, who beat home favourite Frances Tiafoe in five sets on Friday night, said: "It's a final of a Grand Slam, fighting for world No1, something I've dreamt of."



HAAL GOOD ... Haaland in (right) Ruud



Doubles bluff

JOE SALISBURY and Neal Skupski will patch up their US Open differences and don GB colours – against their normal partners.

From ROB MAUL

World No1 Salisbury won back-to-back men's doubles titles in New York with American pal Rajeev Ram as they overcame Skupski and Dutchman Wesley Koolhof.

The two Brits are set to play together in the Davis Cup in Glasgow this week – though the presence of home favourite Andy Murray adds an interesting dilemma to team selection.

Salisbury (above) and Skupski (left) could face Ram on Wednesday when GB battle the United States, then Holland's Koolhof on Friday.

It is rare that all four finalists should meet again so quickly after a Slam and

there is national pride and bragging rights at stake now. Salisbury, who won his fifth doubles Major, said: "It will be interesting if I play against Rajeev – in terms of what kind of tactics we come up with and how we approach the match."

"Definitely, it will be a little bit strange."

"He knows all the things we like to do. So, are we going to do the opposite or are we going to do a double bluff?"

"It's kind of whether you stick to your guns and do the same things or you change it up a little bit."

Ram added: "Will Joe and I speak beforehand? I don't know. Obviously we are pretty happy to communicate with each other at the moment, given what just happened."



GALLAGHER PREMIERSHIP



SCHICKERLING... try

Pat's late to party

Exeter.....24
Leicester.....20

EXETER needed a last-minute try by sub Patrick Schickerling to secure a thrilling win over the champions.

The Chiefs appeared in control when they led 17-6 after 50 minutes but then conceded 14 points before roaring back.

Solomone Kata went over in the first half for Exeter, who were also awarded a penalty try.

But tries from Hanno Liebenberg and Charlie Clare had put the Tigers into the lead.

Chiefs head coach Ali Hopper said: "We kept going at them and got our reward but it was a game we would have lost last year."

Leicester boss Steve Borthwick added: "The boys are gutted to lose in the last play but we gave them one too many opportunities."

Newcastle....31
Harlequins..40

ENGLAND duo Alex Dombard and Joe Marchant grabbed late tries to KO Newcastle hopes of a shock win.

Hooker George McGuigan scored twice as Falcons led by three at half-time and 31-28 with just 13 minutes left on the clock.

Quins boss Tabai Matson admitted: "We were on the ropes but this team is so positive and we did well to hit back."

Newcastle finished second from bottom last season but more than held their own against last year's semi-finalists.

Boss Dave Walder said: "It will take a while but it's a start today. It's a mindset change but the players' attitude has been outstanding."

Henry is two good

By ADAM HATHAWAY

WORCESTER boss Steve Diamond watched his side take a seven-try drubbing — then revealed his penniless club could be rescued next week.

Henry Arundell, Irish's England wing (right), 19, played like a millionaire against cash-strapped Warriors as he scored twice.

Warriors are £26million in debt and could be wound up next month if Colin Goldring and Jason Whittingham do not find a

Bristol.....31
Bath.....29

By STEFFAN THOMAS

ELLIS GENGE enjoyed a sensational return to Ashton Gate as he thundered over for two tries to earn his new team a delicious derby win.

The England front row was like the prodigal son for Bristol Bears as he gave Pat Lam's men a taste of the form he used to help steer Leicester Tigers to the Premiership title last season.

Genge's eagerly anticipated homecoming was originally scheduled for Friday night but was pushed back 24 hours due to the death of the Queen.

This meant there was no television match official.

Those two Genge tries looked to be in vain with Bath leading going into the closing stages before a late try from Will Capon, which was converted by AJ MacGinty, proved to be the difference.

Genge could not have hoped for a better start on his homecoming.

After two minutes he charged straight through a gap, dummied the final defender to finish a tremendous individual try.

Boss Lam admitted: "It was a great start with him scoring."

"We didn't get many chances after that and had to guts it out. There is a lot of learning."

Guts it out they did after Bath hit back through captain Ben Spencer. Piers Francis kicked the conversion to put Bath 10-7 ahead.

But late first-half pressure saw Bears' Magnus Bradbury squeeze over on his competitive debut.

Bath lost Will Butt to the sin bin and the hosts' turned the screw as Luke Mora-han scored.

A melee then ensued as Bath's replacements got

ELL & BACK

Genge stars in Bears thriller

involved and hooker Nial Annett, who had not even come on as a substitute, saw red.

Bath drew first blood in the second half with Tom Dunn powering his way over and, with the conversion, the visitors were 23-17 up. Francis made it a two-score game with another penalty.

Genge put Bristol within touching distance when he charged through to set up a grandstand finish.

And Capon soon scored from

a well-worked driving lineout with MacGinty's conversion putting Bristol into the lead.

Francis missed a late drop goal, sending Bristol fans home ecstatic.

Lam added: "I said to the players at half-time to not get caught up in that and to get the five points."

"There was a lot of niggles and off-the-ball stuff and that's what's going to happen when you don't have a TMO."

Bath head of rugby Johann van Graan said: "I'm gutted. We came here to win and if the drop goal at the end goes a metre the other way then it's a different story."



GRIN AND BEAR IT... Genge scores after just two minutes of his return to old club Bristol

London Irish.....45
Worcester.....14

buyer. But Diamond said: "In the next 72 hours there may be some news of a potential investor."

"The communication lines from the owners to me have been good but they are still in the mire of trying to find someone to buy this club and invest into it."

"It is a boost but we don't want a false dawn. I have been around rugby for a long time and there are

not too many people who want to buy rugby clubs."

Despite Arundell's brace, it was another winger, Ollie Hassell-Collins, who shone with a try, two assists and a try-saving tackle.

London Irish head coach Les Kiss said: "I feel with Ollie sometimes we're still scratching the surface. There's only upside to him."

Ben Donnell, Ben White, Will Joseph and Gus Creevy also crossed for the hosts. Warriors' Curtis Langdon and Jamie Shillcock replied.



DELIGHT... Salford glee at Ackers' fourth try

Row out to stun Saints

Huddersfield.....0
Salford.....28

By GARY CARTER

PAUL ROWLEY sees no reason why Salford cannot write a different story after taking apart former boss Ian Watson's Huddersfield side.

Salford will be 'massive underdogs' when they head to three-times defending champions St Helens on Saturday.

And Red Devils ace Brodie Croft must sit out with concussion as protocols mean he is unavailable for 11 days.

Team-mate Ryan Brierley also risks a ban after taking out Tui Lolohea.

But after keeping a side that had won 13 out of 14 home matches before this to zero points, Rowley feels they can overcome the challenge.

He said: "The Saints are the champions, they're the benchmark and we try and work to get near to what they do."

"We're massive underdogs but we won't be daunted by the challenge."

Salford outclassed their hosts with Joe Burgess, Kallum Watkins, Brierley and Andy Ackers all going over.

After also losing this year's cup final with the Giants, Watson cursed: "It's been a step forward but it's a really disappointing way to finish the season. We will be here again, though."

Liam eyeing Rhinos final

LIAM SUTCLIFFE admits he is aiming to bow out of Leeds on a high.

The centre's hat-trick helped the Rhinos to a 20-10 win at Catalans on Friday.

But before he heads to Hull FC, Sutcliffe wants to help his home-town club go all the way to the final after they finished fifth.

He said: "Going out on a high would be in the back of my mind."

"I don't really know where my aerial ability came from on Friday."

"I just saw the ball up in the air and thought I'd go for it. Luckily for me it came off."

Wigan will be Leeds' semi-final opponents on Friday and Sutcliffe added: "We know it's going to be a tough game."

Hard work's key for Tony

TONY SMITH has vowed to instil a work ethic that can bring the glory days back to Hull FC after crossing the city.

The former Hull KR head coach was yesterday confirmed as Brett Hodgson's replacement following yet another season of under-delivering.

And first thing on his list is to get the basics right in terms of attitude.

Former England chief Smith said: "Getting back to those glory days takes a lot of hard work and sacrifice."

"One would hope we can develop a team to be proud of — get people smiling."

"And even in those weeks where we don't succeed, we want everyone to see that we have given our best and left everything out on the field."

Wight will go black

By ROB MAUL

JAKE WIGHTMAN will wear a black ribbon for the Queen as he ends the best season of his life.

After winning World Championship gold and Commonwealth bronze in the 1500 metres and European silver over 800m, the 28-year-old (right) is in New York today for the 5th Avenue Mile.

The race will run alongside the eastern edge of Central Park in Manhattan and will start as the memorial takes place for the 9/11 terrorist attack.

Wightman, who was at the Diamond League finals meet in Zurich on Thursday, said: "The news of the Queen's death happened while we were in the warm-up area. I plan to wear a ribbon. We are already in New York on the weekend of something that was emotional for this city."



SPORTS ROUND-UP: RESULTS & FIXTURES

CRICKET

THIRD TEST

England v South Africa
The Kia Oval South Africa 118 (36.2 overs; O E Robinson 5-49, S C J Broad 4-41), England 154-7 (33.4 overs; O J D Pope 67, M Jansen 4-34).

WOMEN'S FIRST TWENTY20

England v India
Riverside: India 132-7 (20.0 overs; S R Glenn 4-23), England 134-1 (13.0 overs; S R Dunkley 61no). **England beat India by 9 wickets.**

CYCLING

VUELTA A ESPANA: Stage 20 (Moralzarzal to Puerto de Navacerrada, 175.5km) - 1 R Carapaz (Ecu) INEOS Grenadiers 4h 41m 34s, 2 T Aneirosman (Hol) Team DSM +08s, 3 J Ayuso (Spa) UAE Team Emirates +13, 4 J Hindley (Aus) BORA-hansgrohe, 5 E Mas (Spa) Movistar Team both at same time, 6 R Evenepoel (Bel) Quick-Step Alpha Vinyl Team +15.

Overall - 1 Evenepoel Team 78h 0m 12s, 2 Mas +2m 05s, 3 Ayuso +5:08, 4 M Angel Lopez (Col) Astana Qazaqstan Team +5:56.

FORMULA 1

ITALIAN GP (Monza): QUALIFYING - 1 C Leclerc (Mon) Ferrari 1min 20.165secs, 2 M Verstappen (Hol) Red Bull 1:20.306, 3 C Sainz Jr (Spa) Ferrari 1:20.429, 4 S Perez (Mex) Red Bull 1:21.206, 5 L Hamilton (GB) Mercedes 1:21.524, 6 G Russell (GB) Mercedes 1:21.542, 7 L Norris (GB) McLaren 1:21.584, 8 D Ricciardo (Aus) McLaren 1:21.925, 9 P Gasly (Fra) Scuderia AlphaTauri 1:22.648, 10 F Alonso (Spa) Alpine 1:21.829.

EUROPEAN FOOTBALL

GERMAN LEAGUE - Bayern Munich 2 Stuttgart 2, Eintracht Frankfurt 0 Wolfsburg 1, Hertha Berlin 2 Bayer Leverkusen 2, Hoffenheim 4 Mainz 1, RB Leipzig 3 Borussia Dortmund 0, Schalke 04 3 VfL Bochum 1.

DUTCH LEAGUE - Ajax 5 Heerenveen 0, Excelsior 2 Emmen 1, NEC 1 Fortuna Sittard 1.

FRENCH LEAGUE - Marseille 2 Lille 1, PSG 1 Brest 0.

SPANISH LEAGUE - Atletico Madrid 4 Celta Vigo 1, Cadiz 0 Barcelona 4, Espanyol 2 Sevilla 3, Rayo Vallecano 2 Valencia 1.

ITALIAN LEAGUE - Inter Milan 1 Torino 0, Napoli 1 Spezia 0, Sampdoria 1 AC Milan 2.

GOLF

BMW PGA CHAMPIONSHIP (Wentworth): **2nd Rnd** (GB & Irl unless stated, Par 72) - **132** V Hovland (Nor) 64 68, S Kjeldsen (Den) 68 64, **133** R McIlroy 68 65, R Cabrera (Spa) 68 65, T Detry (Bel) 68 65, **134** S Lowry 66 68, T Gooch (USA) 70 64, F Molinari (Ita) 69 65, A Ocasio (Spa) 69 65, M Jordan 65 69, **135** M Amritage 66 69, J Scrivenor (Aus) 66 69, M Kawamura (Jpn) 68 67, J Morrison 68 67, F Zanotti (Pry) 66 69, **136** M Fitzpatrick 69 67, B Horschel (USA) 68 68, P Larrazabal (Spa) 69 67, R Hojsgaard (Den) 67 65, J Campillo (Spa) 70 66, J Harding (Rsa) 69 67, G Forrest 69 67, E Pepperell 69 67, K Krogh Johannessen (Nor) 69 67, G Miglizzzi (Ita) 68 68, A Sullivan 64 72, G Coetzee (Rsa) 67 69.

VP BANK SWISS LADIES OPEN (Risch-Rotkreuz): **Final Rnd** (Gbr & Irl unless stated) - **204** E Young 68 67 69, **205** L Grant (Swe) 65 71 69, **206** R Davies 67 69 70, **207** A Forsterling (Ger) 68 69 70, M de Rooy (Bel) 69 68 70, U Wikstrom (Fin) 68 71 68, **208** A Dimmock 69 70 69, C Liautier (Fra) 68 68 72, A Drall (Ind) 67 71 70.

ICE HOCKEY

ELITE LEAGUE - Manchester Storm 4 Coventry Blaze 5 (OT), Nottingham Panthers 4 Guildford Flames 3 (OT), Sheffield Steelers 1 Cardiff Devils 3.

PREMIER SPORTS CHALLENGE CUP GROUP A - Fife Flyers 0 Dundee Stars 3.

MOTORCYCLING

WORLD SUPERBIKE CHAMPIONSHIP (Magny-Cours, France): **Race 1** - 1 A Baulista (Spa) Ducati 34mins 06.991secs, 2 S Redding (GB) BMW at 4.079secs, 3 A Bassani (Ita) Ducati at 6.751, 4 A Lowes (GB) Kawasaki at 8.531, 5 G Gerloff (USA) Yamaha at 9.022, 6 M Ruben Rinaldi (Ita) Ducati at 17.260, 7 A Locatelli (Ita) Yamaha at 20.044.

BRITISH SUPERBIKE CHAMPIONSHIP (Snetterton): **Race 1** - 1 B Ray (GB) Yamaha 22m 37.386s, 2 T Mackenzie (GB) Yamaha +2.457, 3 K Ryde (GB) Yamaha +4.474, 4 Ch Iddon (GB) Suzuki +4.894, 5 L Haslam (GB) Kawasaki +8.353, 6 L Jackson (GB) Kawasaki +9.264, 7 T Sykes (GB) Ducati +10.146.

RALLYING

RALLY GREECE (Lamia): **Stage 13** - 1 T Neuville (Bel) Hyundai 3h 6m 34.4s, 2 O Tanak (Est) Hyundai +27.9, 3 D Sordo (Spa) Hyundai +52.9, 4 E Evans (GB) Toyota +1:00.0.

PGA CHAMPIONSHIP

RORY: I WAS SURE MY BALL WAS LOST IN THE TREES BUT...

I'm out of the woods now

RORY McILROY took full advantage of an outrageous stroke of luck at the BMW PGA Championship – to give himself a great chance of conquering both sides of the Atlantic.

The Northern Irishman was sure he had carved his tee shot out of bounds on the 17th hole – only to be told his ball had hit the trees and rebounded into the fairway.

He went on to birdie that 610-yard par-five, and picked up another shot at the last to complete a seven-under-par 65.

At 11 under he is just a shot behind joint-leaders Viktor Hovland and Soren Kjeldsen heading into today's final round at Wentworth.

McIlroy turned to caddy tee shot at 17 and groaned: "It's gone – throw me another ball."

But when the spotters signalled the ball was safe, playing partner Billy Horschel quipped to McIlroy: "How much did you pay someone to throw it out of the trees?"

McIlroy admitted: "That was the luckiest break I've had all year."

"I told Harry I won't be complaining about luck for the rest of the year regardless of what happens after that."

"It must have hit at least two branches because there were two big, yellow marks on my ball."

"Making birdie there could be huge in the context of the tournament. It was basically a seven net four!"

"Just dropping one shot on such a tight leaderboard as this one can drop you eight or nine places."

"A double bogey at that stage would have been almost impossible to come back from."

McIlroy is one of three players on 11 under par, with five more on ten under, and a further five players just one shot back.

Last month he became the first player to win the PGA Tour Championship three times – picking up an \$18million FedEx Cup bonus in the process – and is now determined to finish top of the pile in Europe as well, for the first time since 2015.

He already tops the money list over here and the \$1.3m winner's prize in this event would give him an almost unassailable lead.

The four-time Major winner added: "As soon as I won the Tour Championship I set my sights on doing the double. Winning here would go a long way towards achieving that."

McIlroy also paid tribute

Harry Diamond after that

By DAVID FACEY

to the Queen, insisting it was right that Europe's flagship event should continue as a 54-hole event.

He said: "It was absolutely the correct decision to go ahead, after we had shown the right sort of respect by stopping play immediately on Thursday and taking Friday off to come to terms with the Queen's death."

"I was lucky enough to meet her, at a race meeting, and she could not have been nicer."

"The picture I had taken that day sits right next to my MBE, which I am equally proud of."

"To me, the Queen was dignity, dedication and grace personified."

McIlroy was cheered by a sell-out crowd, while LIV rebel Sergio Garcia was scorned.

Spectators could not believe he had pulled out of the event after a first-round 76 – without offering an explanation – and flown to his Texas home.

So much for his determination to remain a member of the DP World Tour.

The Ryder Cup's record points scorer faces a hefty fine – provided he does not turn his back on Europe completely.



LUCK ON MY SIDE . . . McIlroy watches his shot (above) off the 17th with horror



Dan King

OUR COLUMNISTS ARE THE TALK OF SPORT



WALSH... Barca move

WO-MAN CITY IN TROUBLE

MANCHESTER CITY are obviously not going to have it all their own way in Europe this season.

Forget the 4-0 romp of Erling Haaland and Co in Seville on Tuesday — I mean the women's team.

Barcelona found another £400,000 down the back of the sofa to make England and City hero Keira Walsh the world's most expensive female player last week.

With fellow Lioness Georgia Stanway leaving City to join Bayern Munich and Scotland international Caroline Weir exiting the club for Real Madrid during the summer, the balance of power in the women's club game is clearly not as lopsided as in the men's.

Which is another thing to admire about it.

HUMAN TUCH

THOMAS TUCHEL will be a big loss to the Premier League.

Whatever else you thought about him, the German (below) rarely ducked a question and almost always gave thoughtful, interesting answers in very good English.

There are overseas coaches who have spent more time in England — and even some native speakers — who could learn a lesson or two from the latest former Chelsea manager.



IT'S ALL A BIT OFF

FOOTBALL chiefs were damned if they did and damned if they didn't cancel the weekend's fixtures after the death of the Queen.

But it does feel a bit odd, given the different path taken by other sports and the fact that she was not much of a football fan anyway.

Elizabeth II had not attended an FA Cup final since 1976.

And if she really was an Arsenal fan, then you'd have expected her to have been at one of their 13 appearances since.



BALL'S IN HER COURT... will PM introduce new laws for football?

Game needs action now

FOOTBALL is the least of Liz Truss' worries.

What with the cost of living crisis, economic meltdown, war in Europe, the collapse of the NHS, the death of the Queen and the general sense of a country falling apart at the seams, reform of the English game is pretty near the bottom of the new Prime Minister's in-tray.

But football will ignore the potential impact of the current economic situation at its peril.

And what Ms Truss does — or doesn't do — about the deep-lying issues affecting the sport will have long-term implications.

The Covid crisis showed how fragile football's finances are, despite overall income being at an all-time high.

The biggest problem that the pandemic caused was the loss of matchday receipts, with more than a season's worth of games having to be played behind closed doors.

Although TV revenue fell in the short term, payments were mainly delayed rather than cancelled.

Things are different now. Regardless of the energy price freeze scheme that Ms Truss has announced, the vast majority of football fans are facing an autumn of difficult choices that could lead to a winter of discontent for broadcasters.

Utility bills, mortgage and rent charges, and food costs will all be jumping, while real-terms wages will fall.

Some things will have to give: will one of them be subscriptions to sports channels?

If someone in my line of work is considering it — and I am — it must be a possibility.

Broadcasters don't like sharing "churn" figures — statistics about how many customers

have cancelled their services. They would certainly make interesting reading later this year and well into 2023.

While some people will face the horrible choice between heating and eating, others may have to weigh up whether they prefer Sunday lunch or Super Sunday.

But perhaps the media companies — and therefore English football — are confident that sports packages costing hundreds of pounds a year are the modern equivalent of a packet of fags or a couple of pints in the past.

That is to say, they are among the very last things that people are willing to give up in order to balance the household budget.

During the pandemic, hospitality businesses went bust or had to be propped up as everyone stayed at home watching Netflix and/or football.

If the Premier League is now the opium of the people, the bit of pleasure that numbs you to the bad stuff in life, then maybe most addicts will find a way to keep paying for their fix.

One thing is for sure, though: Ms Truss will not be intervening to cap the price of Sky Sports.

But will her Government press ahead with turning the wide-ranging recommendations of the report by former Sports Minister Tracey Crouch into laws that transform English football?

In most areas, Ms Truss is setting out her stall as a right-wing zealot minimum state interference

and puts maximum trust in market capitalism.

Will a politician who is so anti-regulation be willing to impose an independent regulator on football? Will someone who seems so intent on protecting energy company profits want to force the Premier League to redistribute its riches more fairly?

The Fair Game campaign claimed Ms Truss could be the "saviour" of football. But to think she **WILL** be seems overly optimistic. It feels about as likely as her bowing to the demands of Gary Neville for a general election.

On the other hand, doing something — or appearing to do something — to help the game and to give fans more power could be a relatively easy win for her amid all the other difficulties.

This Tory administration has relied on populism to prop it up and Boris Johnson claimed credit for helping to see off the European Super League last year. And there is cross-party consensus that English football needs reform.

Ironically, if the Government pushed for measures that clip the wings of the Premier League significantly, then the Big Six would probably make new threats of a breakaway.

But with everything else going on, the Prime Minister and new Culture Secretary Michelle Donelan will probably kick the ball well down the road.

And as we know, in the past Ms Truss claimed back her Amazon Prime subscription on expenses. Football-loving voters don't have that luxury.

PM doing something would be a relatively easy win



ANTONY... popular

Antony's the Man for a joke

By RICHARD MORIARTY and KEN LAWRENCE

BRAZILIAN star Antony has got the Manchester United dressing room smiling — after taking over as the No1 joker.

The £85.5million man — who scored on debut last Sunday in a win over Arsenal — is an instant hit with his team-mates.

A source said: "The players all absolutely love Antony. He's like a Tasmanian devil. When he trains and plays, he's 100 per cent on it."

"But when it's time to relax he's one of the lads and loves a laugh and joke."

"He knows Fred from the Brazil national team so he's played a couple of pranks on him, which the lads have enjoyed."

New defender Lisandro Martinez, 24, is also popular following his £48.3m switch from Ajax.

The source added: "Martinez is a beast. He trains exactly how he plays."

"He and Antony have slotted in really well because they already know what boss Erik ten Hag expects because he managed them at Ajax."

And Antony, 22, has revealed he is inspired by Cristiano Ronaldo.

Antony, who is in Brazil's squad for their friendlies against Ghana and Tunisia this month, said: "He has an extraordinary mind and, whenever I talk to him, I take a lot from it."

RASH

From Back Page

always telling him to use his pace and skills when he gets a chance. He told Marcus he will easily score 20 this season.

"They have a great relationship and Marcus is really happy."

Ten Hag was proud of United's 3-1 win over Prem leaders Arsenal, with Rashford scoring.

The source said: "Ten Hag told them, 'This is the real United. We should be top, not Arsenal.'"

"It is felt their only title threat is City and if they slip up, then they believe they can capitalise."

Rashford's form comes amid claims some players feel pressured to pass to Ronaldo when he plays.

The source added: "As long as Ronaldo starts on the bench, the players have the confidence to express themselves."

"With Ronaldo on the pitch, the team feel pressured. All the players loved it when Ronaldo came back but they're frustrated he missed pre-season."

"Ronaldo's not up to speed and relies on instinct — but that doesn't work in Ten Hag's system."

OLD TRAFFORD SHOCKER

TANTRUM

Martial hammers former bosses for wrecking his Utd career

By JOSHUA MBU

ANTHONY MARTIAL has launched a blistering attack on his old Manchester United bosses for wrecking his Old Trafford career.

The Red Devils ace accused Ole Gunnar Solskjaer of "treachery" and has blasted Jose Mourinho for "lacking respect".

France forward Martial, 26, has worked under six United managers since his £57.6million move from Monaco in 2015.

But the star, who was signed by Louis van Gaal, has cut a frustrated figure at Old Trafford after continuously failing to live up to his potential.

He was loaned to Sevilla in January by interim boss Ralf Rangnick after falling

out of favour under Solskjaer before the Norwegian was sacked in November.

And it was the lack of backing from Solskjaer which has led Martial to turn on his former boss, accusing him of continually playing him with knocks.

Martial said: "I regularly played when injured."

"People don't know it, and I couldn't speed up during the four months following the Covid season."

"The coach tells me he needs me, so I play. But — given my game — if I can't accelerate it becomes very complicated all the same."

"And I got set on fire. The coach never bothered to tell the media."

"Obviously, I ended up getting injured for good and when I came back — finished — I did not play any more."

"I took it very badly and I had a feeling of injustice."

"You are asked to sacrifice yourself for the team and behind you are dismissed. It's almost treachery."

Martial was a regular for new United boss Erik ten Hag during pre-season this summer and looked set to start the season as the club's first-choice striker.

But with his Red Devils career looking to be back on track, an Achilles injury has restricted him to just 45 minutes this term.

Martial also hit out at Mourinho for demanding he give up the No9

shirt for the incoming Zlatan Ibrahimovic and instead sport the No11, famously worn by club legend Ryan Giggs.

Despite Martial declining, Mourinho handed the shirt to Sweden superstar Ibra anyway.

Martial explained: "It all started with the story of the jersey number."

"During the holidays, he sent me a message to ask me if I wanted to change to the No11, explaining to me that it is great because it is that of the legend Ryan Giggs."

"I told him that I have the greatest respect for Giggs — but I prefer to keep the No9."

"And when I returned to the club

I saw my jersey with the No11 — so he lacked respect for me."

The former Monaco star has also put some blame on Mourinho for him missing out on a World Cup 2018 place with France, who went on to win the tournament in Russia.

Martial said: "He talked about me in the press, little phrases, a bit like he had done with Karim Benzema at Real."

"It was the season of the World Cup and more — it cost me dearly on arrival, especially since the France team won. I should have been there."

Van Gaal (left) was the only United boss Martial has had time for.

The French star hailed the Dutch manager's hands-on

ON SOLSKJAER

I sacrificed myself for team and then didn't play any more. it was almost treachery



RED DEVILS... Martial says his failure to live up to expectations at United has much to do with managers

MARTIAL RECORD UNDER MAN UTD MANAGERS

(2015-present - all competitions)

	Games	Goals	Win rate
Michael Carrick	2	0	100%
Ralf Rangnick	1	0	100%
Erik ten Hag	1	0	100%
Jose Mourinho	106	27	57%
Ole Gunnar Solskjaer	111	35	56%
Louis van Gaal	49	17	47%

ON MOURINHO

He lacked direct respect for me.. his comments cost me a place in World Cup winning squad



approach and says Van Gaal was a great teacher.

Martial explained how Van Gaal would hold one-on-one sessions, reviewing footage of games to explain how players could look to improve.

He told the France Football magazine: "I had a great relationship with Louis van Gaal."

"I love to learn and when a gentleman like him takes the time to make me watch videos of my matches in his office to explain things to me, that's the best."

"A lot of people think you have to be a little comedian and I see players who show their rage so that the public and the media think they are motivated."

"All of that media circus does not interest me. I cannot change to please others."



Alan Nixon

BOSS OF GOSS

SUNSPORT'S MAN IN THE KNOW FOR RED-HOT TRANSFER NEWS

TYLER SMITH is wanted on loan by Motherwell in the winter transfer window. The Hull striker, 23, was a summer target for Barnsley — and now the Scottish club are keen on landing him.

BIRMINGHAM will take a look at Leandro Bacuna in training and he could join his younger brother Juninho at the Blues. Midfielder Leandro, 31, left Cardiff at the end of his contract.



RIGG... hot prospect

Toon to Rigg up a plan

NEWCASTLE are planning a £2.5million raid for Sunderland super teen midfielder Chris Rigg.

The England youth ace, 15, is starting for club and country and rated the best young prospect in the country. He is impressing for the Black Cats' Under-21s side and was the Young Lions' skipper for a recent game in Italy.

Sunderland are desperate to keep Rigg but the demand for him is so great that they may find that hard.

If he is tempted away, the fee demanded will inevitably be a record for a player his age.

Everton have been after Rigg for months but may not be willing to go high enough with their offer.

But the Geordies know that Rigg's family follow their club.

The Magpies are also heading the race for young Scottish strike sensation Lennon Miller.

The Motherwell starlet became their youngest ever player when he came on as a sub last month in a League Cup win over Inverness Caledonian Thistle just days after his 16th birthday.

The Toon have been camped at his games, with Scotland also calling him up to their national youth set-up.

Lennon is the son of much-travelled forward Lee, 39, who had spells in England in his career and is still playing in Scotland's fifth tier.

Tayo will try again

CRYSTAL PALACE want to find a League One home for left-back Tayo Adaramola in the new year.

The Eagles' Republic of Ireland Under-21 defender, 18, ended a loan spell at Coventry without playing a senior game. Adaramola (right) picked the Sky Blues as the club to join but it did not work out.

Oxford may try for him again as they look to fill a problem position.

JOR SOS

JORDAN PICKFORD'S thigh injury is causing some concern for Everton and England — but could be simply down to his KICKING.

The keeper (right), 28, was feeling pain in a thigh before breaking down in the Merseyside derby and he faces at least a month out.

Now the Toffees' medical team are planning to assess Pickford during rehab and fear his powerful striking of the ball is causing the issue.



★ **DERBY** are keen to tie down interim boss Liam Rosenior with a new contract.

The highly-rated coach, 38, stepped in after Wayne Rooney's MLS exit in June.

Rosenior almost left for Blackpool this summer and has admirers — so Rams chiefs want a quick solution.



BILLY BLUE

BILLY GILMOUR will be baffled by his switch to Brighton from Chelsea — just days before Graham Potter went the other way.

The 21-year-old midfielder (left) was cleared to go after talks with Thomas Tuchel and was persuaded to move by Potter.

Gilmour did not want to quit the Blues and told pals he only chose the Seagulls because of the way Potter plays.



FERNANDEZ... eyed

Wolves go back for Enzo

WOLVES are dreaming of signing Benfica's new Argentinian star Enzo Fernandez — at the second attempt.

The Premier League club tried and failed to land Fernandez when they were just too late to do a deal with River Plate at the start of the last window.

Wolves even sent one of their transfer teams to South America in a bid to land Fernandez in a key swoop, only to find out that the transfer was done.

Now the 21-year-old has gone to Benfica and is already involved in the Champions League, with Wolves watching him last week.

Wolves have strong ties and contacts in Portugal but Fernandez is NOT with their favoured Gestifute player agency camp.

So Wolves will have to work hard to land him either in the next window or — more likely — at the end of the season.

They are huge fans of Fernandez, who would add fresh legs and ideas to a midfield that will need to be revamped in time, with Joao Moutinho still key at 36.

★ **DANIEL JINADU** is an option for AFC Wimbledon after the keeper left Barnsley. The ex-West Ham prospect, 20, is a free agent and keen to join the League Two outfit.

Keeping Roberts

MIDDLESBROUGH boss Chris Wilder is set to continue with keeper Liam Roberts — even if it means shocking Manchester City.

Roberts, (left), 27, has excelled as a stand-in for on-loan Zack Steffen and Wilder may leave him in the team for an extended run.

City wanted American Steffen to play every week at Boro but he could now be struggling to get back in.

EGAN OPEN DAWNS

£12m man in 'n Craig out at Irons?



WEST HAM will make a £12million move to sign Sheffield United's John Egan in January.

Republic of Ireland centre-back Egan was a top target for Irons boss David Moyes before the last window shut but the Championship club refused to deal. Moyes tried and failed to land other central defenders at the 11th hour and eventually missed out. He still has that need, however, and will revisit the Egan deal in January.

Blades are sure to hold out for a big fee for Egan — who will be 30 next month — but the Bramall Lane money men may consider selling despite being on course for a return to the Prem.

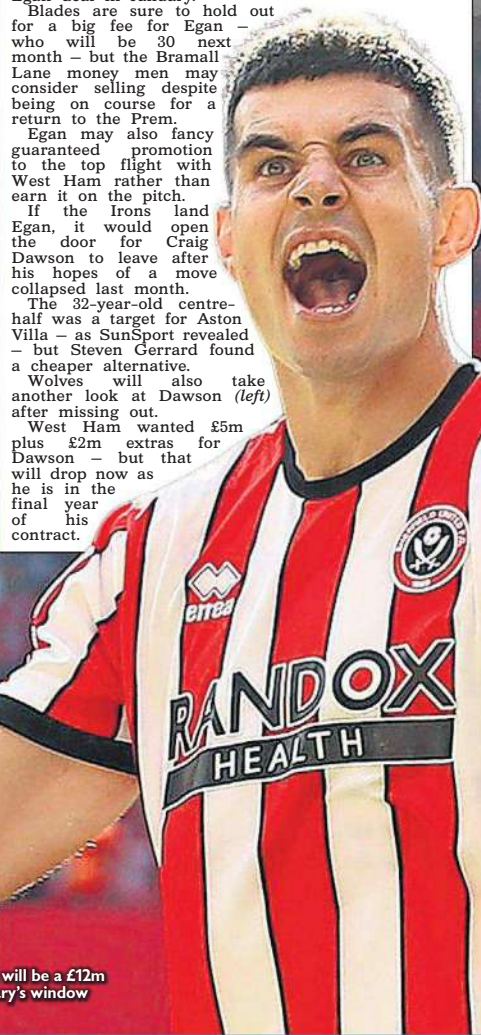
Egan may also fancy guaranteed promotion to the top flight with West Ham rather than earn it on the pitch.

If the Irons land Egan, it would open the door for Craig Dawson to leave after his hopes of a move collapsed last month.

The 32-year-old centre-half was a target for Aston Villa — as SunSport revealed — but Steven Gerrard found a cheaper alternative.

Wolves will also take another look at Dawson (left) after missing out.

West Ham wanted £5m plus £2m extras for Dawson — but that will drop now as he is in the final year of his contract.



BLADE RUNNER... John Egan will be a £12m target for West Ham in January's window



BIG AL'S Wicked whisper

WHICH foreign agent called a young EFL player and asked his family for £5,000 to be picked by his country?

The middle man shocked the talent when he contacted him to make the incredible request, claiming his influence would guarantee a cap for the player.

The youngster declined, partly because he did not have anyone to pay the money.

Now he is anxiously waiting to find out if he is selected.



STICK... Wharton

ADAM HOMES IN ON ROVERS DEAL

BLACKBURN kid Adam Wharton is ready to stick with his hometown club despite growing Premier League interest.

Wharton, 18, has caught the eye after breaking into the Rovers line-up this season. Yet the

midfield powerhouse is keen to sign a new deal before his current contract runs out in the summer.

Teenage team-mate Ashley Phillips, 17, is also set to sign on at the Championship club despite Tottenham's interest.





BOEHLY... big plans

Boehly's feed up

EXCLUSIVE
By ANDREW DILLON

CHELSEA want to set up a network of feeder clubs to rival Manchester City.

The club's new owners are looking into revamping the whole structure and that includes the development of young players.

Chairman Todd Boehly and his directors have been studying business models of other teams.

One area they want to improve is spreading Blues' scouting and development tentacles across Europe and beyond.

The plan is to buy stakes in Continental teams with a view to them becoming feeder clubs. They will cherry-pick the best young talent from abroad or those coming through the academy and pack them off to their subsidiary to put their skills to the test.

Champs City have led the way on this and the City Football Group has invested in clubs globally.

Boehly is keen to copy that and improve upon it.

Chelsea have already been linked with a move for ex-Liverpool sporting director Michael Edwards.



CAICEDO... new deal

Raise for Moises

By DAN KING

BRIGHTON are set for contract talks with Moises Caicedo amid fears he could follow Graham Potter to Chelsea.

The Ecuador midfielder was on Chelsea's radar even before Potter left to replace Thomas Tuchel.

Caicedo, 20, has nearly three years left on his current contract but is among the lowest-paid players in the first-team squad.

The Seagulls are unlikely to put him in the same bracket as top earners like player-coach Adam Lallana and Danny Welbeck, who are on £60,000-plus per week.

Sources claim he is on less than £10,000 a week.

Liverpool, Arsenal and Manchester United were linked with Caicedo in the summer transfer window.

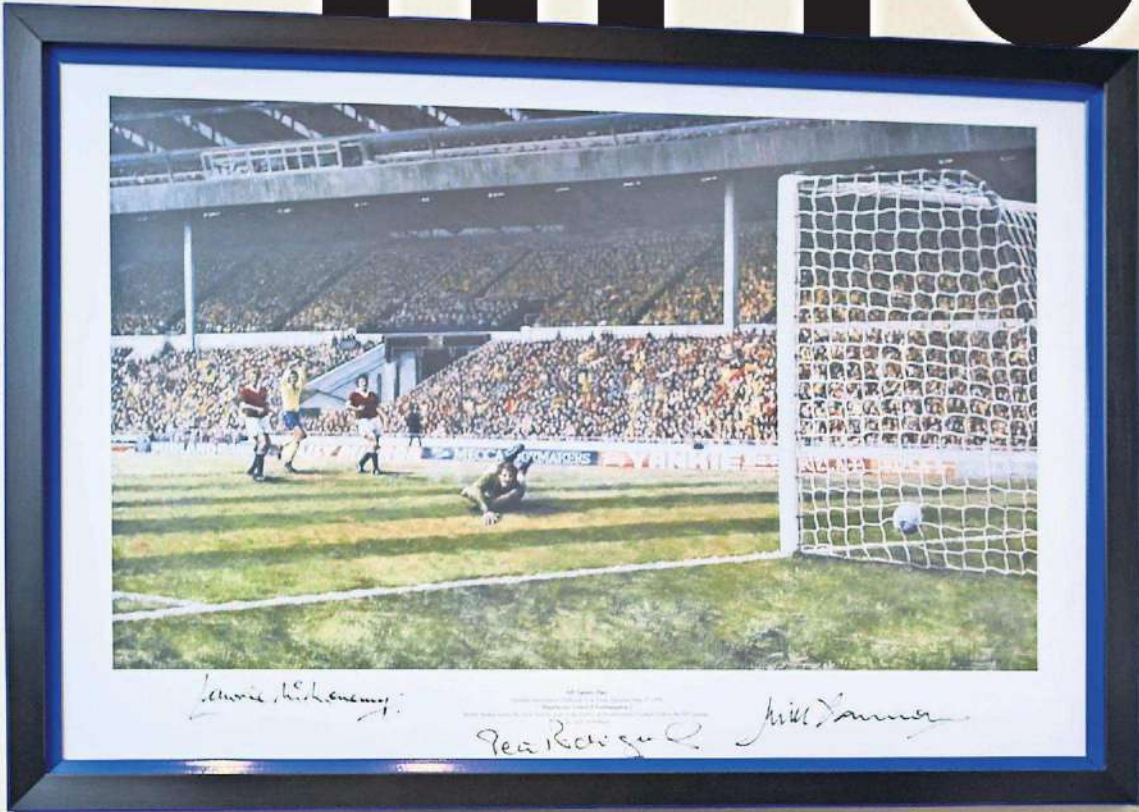
Amid talk of a bid from Anfield, Potter joked that a £42m fee would only buy "his boots".

Albion paid £3.6million to bring in Caicedo from Ecuadorian side Independiente del Valle but he is worth more than ten times that now.



HONOUR... captain Rodrigues receives the trophy from the Queen

SAINTS SKIPPER FIT FOR



TREASURES... Rodrigues with pictures from the 1976 Cup final

FLASHBACK

MAY 1 1976 FA CUP FINAL

Manchester United.....(0) 0
Southampton.....(0) 1

Stokes 83
(Wembley) Att: 99,115

SECOND DIVISION underdogs Southampton stunned Manchester United by winning the FA Cup for the first time.

Bobby Stokes was Saints' hero, picking up Jim McCalliog's sublime through-ball with seven minutes remaining.

The nippy striker hit a left-foot strike from nearly 25 yards past United keeper Alex Stepney.

McCalliog, 75, who provided the pass, said: "I heard Bobby yelling and I just lifted the ball into that area, like a golf shot. And Bobby hit it sweetly."

MAN UTD: Stepney, Forsyth, Houston, Greenhoff, Buchan, Coppell, Daly, Pearson, Macari, Hill (McCreery)

SOUTHAMPTON: Turner, Rodrigues, Peach, Blyth, Steele, Gilchrist, Holmes, McCalliog, Stokes, Osgood, Channon

Dentyne CHEWING GUM



ON CLUB'S FINEST HOUR

A QUEEN

'Our shock win in 1976 was the Queen's last Cup final...I didn't think the game was that bad'



WITH minutes to go before sealing the achievement of a lifetime, nerves finally struck for Peter Rodrigues.

Second Division Southampton had taken the lead against Manchester United with seven minutes to go in the 1976 FA Cup final, thanks to a Bobby Stokes goal.

No one really gave them a chance but Lawrie McMenemy's side held on to defy the Red Devils – who had finished third in the First Division – in one of the FA Cup's all-time great Final upsets.

It was a true underdog story, with the side led by a captain in Rodrigues who had been allowed to leave Sheffield Wednesday on a free transfer the year before.

As he climbed the Wembley steps, the commentator said: "Cast on the heap and nobody really wanted to know a year ago."

Just before the whistle, however, one glance up to the stands had the Saints defender's knees wobbling.

Rodrigues told SunSport: "I'm choking up a bit because now she has passed, the memory is going to double for me."

"I tell everybody that it was the last time the Queen was at a Cup final and I always joke that I didn't think the game was that bad!"

"We pinched the game with seven minutes to go and at one point I just looked up at the Royal Box."

"I thought, 'Oh, I could be up there in a couple of minutes.'"

The Wales international had played in one Cup final before as a youngster with Leicester in 1969, when they lost to Manchester City.

Princess Anne was in the Royal Box on that day, so things were stepped up for what was the Queen's 11th Cup final.

Rodrigues, now 78, said: "The night before we had instructions from Ted Croker [then FA Secretary]."

"He sort of ran us through what we had to say if the Queen spoke to you – 'Ma'am and Your Majesty' – which is when you think, 'This is a big event.'"

Before the game there were various royal duties to carry out, though the dos and don'ts rather slipped the then 31-year-old's mind at that point.

He remembered: "As a bonus I had to introduce the team to Prince Philip."

"The instruction was, 'Don't walk towards royalty' but, without thinking, I took a couple of steps towards him. No one pulled it

By **JACK ROSSER**
EXCLUSIVE



up thankfully but the instruction was not to."

Once the final whistle arrived to seal Southampton's triumph, Rodrigues climbed the famous steps, trying to ensure his hair was neat and tidy for Her Majesty.

He added: "We got mobbed by the supporters going up the steps and then you're on the same level as the Queen and you think, 'Oh my goodness, this is real.'"

"I think I stumbled about five paces away! I just clipped my studs and thought, 'Wow, get yourself together boy!'"

"Eventually I got to the Queen and shook her hand. She said, 'Well done' and asked if I enjoyed it. As everybody says, you don't really know what to say to the Queen."

Rodrigues, who retired the following year after 72 appearances for Southampton,

added: "I can remember everything. It was a dream come true."

"As a kid I used to watch the Cup finals and see the skippers pick the trophy up and thought, 'That must be awesome'."

"And here I am with the Queen and the next step is to show the trophy to the supporters."

"The combination of both was and is the best day of my life."

"Now she has passed away, it will stick in my mind for ever."

The Queen was certainly not a biased lady but she had a lovely blue outfit on, a coat and hat, which were the same colours we had in the final. So I don't know whether it was written in the stars."

Rodrigues still lives on the south coast, having run the King Rufus pub in nearby Eling for a decade after retiring.

He keeps across the progress at St Mary's and is encouraged by the arrivals of Belgian midfielder Romeo Lavia and German defender Armel Bella-Kotchap.

And there is the hope that another captain can join him in winning the FA Cup for the club.

His role in the history of Southampton will always be remembered by fans.

But the fact that the 1976 final was Queen Elizabeth II's last FA Cup presentation means Rodrigues holds an even more special place in the competition's history.

MEMORY ... leading out Saints at Wembley



MASTERS ... dilemma

GARY

From Back Page

scenes at The Oval, it feels a real shame that football is not taking place this weekend, therefore missing the opportunity to pay its respects."

FA, Premier League and EFL chiefs all called off fixtures following the death of Her Majesty.

Yet thousands sang the national anthem at cricket's Third Test against South Africa, while both rugby codes along with golf also paid moving tributes as they went ahead as planned.

But the FA are standing by the decision to cancel matches as a mark of respect to the Queen, who was their patron.

After the Premier League fell into line, the EFL was left with little choice but to follow suit.

The three organisations will have to co-operate over what to do next weekend ahead of Her Majesty's funeral on Monday.

The Metropolitan Police's current position is that it WILL arrange policing for all fixtures.

But that may well change when arrangements are confirmed for the Queen's coffin to lie in state in London.

A significant number of officers will be required to marshal the hundreds of thousands of people paying their respects.

That will put at risk the Prem games at Tottenham on Saturday and at Brentford and Chelsea on Sunday, as well as a number of EFL fixtures.

There is speculation Prem chief Richard Masters could ask some London clubs to reverse their home fixtures.

Fixture lists are already stretched to take into account November's World Cup break.

DAY

From Back Page

greatest supporter and meetings at Chelmsford and Southwell were abandoned on Thursday night following her death.

All fixtures on Friday and Saturday were also cancelled out of respect.

But racing chiefs decided to get the show back on the road today.

Tributes will be paid to the Queen, who won the St Leger in 1977 with Dunfermline, throughout the poignant day.

ITV Racing presenter Ed Chamberlin said: "It has been a very difficult week for racing – but we will do our best to pay tribute to Her Majesty."

"I hope the racecourse is flooded with families carrying Union Jacks to pay their respects."

"But also to say thank you and celebrate her most incredible life."

Hot favourite in the St Leger is New London.

Racing – Pages 52-56

ENGLAND v S AFRICA

FITTING OVAL



BROAD... special day

MEN

From Back Page

performance with the ball by skittling out South Africa for 118 and reaching 154-7 in reply — a lead of 36.

England bowler Stuart Broad said: "Every single player commented on how special it was."

"You could hear a pin drop when we walked down the steps on to the ground."

"Then to be able to sing the national anthem in front of a full house as you are about to represent your country was brilliant."

"I'm really glad it was decided to play the game. It felt like a celebration of the Queen's life and it felt good to be out there representing the badge."

Members of the military formed a guard of honour for the teams and match officials, who all wore black armbands.

The bell for the start of play was given a single chime by the highest-ranking officer present — Senior NCO Robert Brockelsby Miller of the Irish Guards.

Former skipper Joe Root puffed out his cheeks and other players looked moved, with the whole ground touched by an incredible shared display of respect for King Charles III and the life of Queen Elizabeth II.

Former England captain Mike Atherton commented on TV: "An extraordinary moment that was to reflect on a life of incredible service."

Kevin Pietersen added: "You could hear a pin drop. It was probably one of the most respected minutes of silence I have ever witnessed. I get goosebumps just thinking about the applause."

The sombre pre-match formalities were followed by an extraordinary day's cricket in which 17 wickets fell in 70 overs before bad light stopped play.

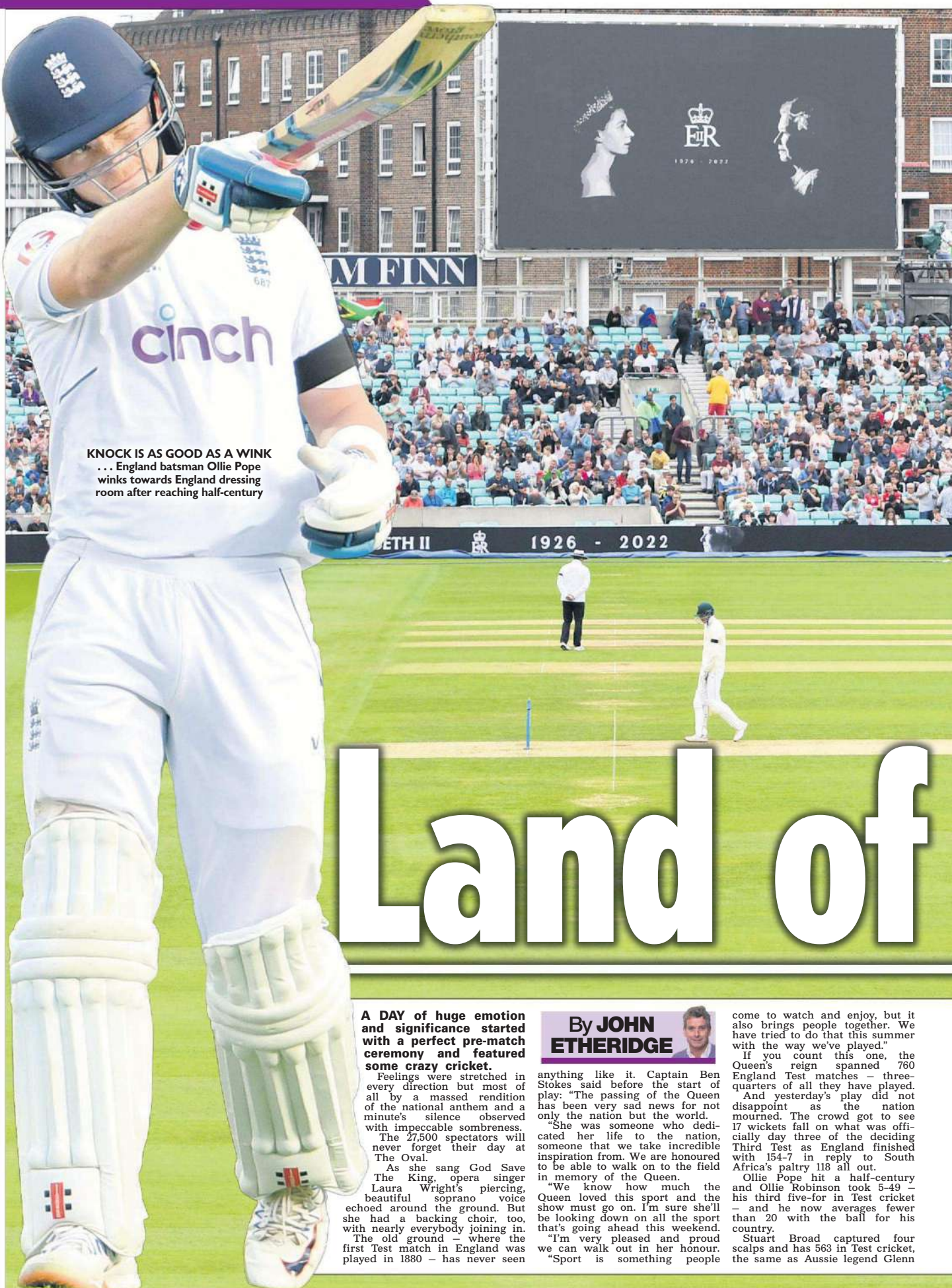
Ollie Robinson took five wickets and Broad four, and England finished with a lead of 36 runs with three wickets standing. Surrey's Ollie Pope scored 67 on his home ground.

Robinson, 28, added: "It felt like a moment of history. We had to remind ourselves what we were going to sing! There were a few nervy characters walking down the steps."

"It was a very special morning to be a part of. To show our respect like we did was a huge honour."

"The silence as we walked on to the field was nothing like anything we'd experienced before."

"The message from Ben was to be positive and try to force a result in the three days left. I think we did that."



KNOCK IS AS GOOD AS A WINK
... England batsman Ollie Pope
winks towards England dressing
room after reaching half-century

Land of

A DAY of huge emotion and significance started with a perfect pre-match ceremony and featured some crazy cricket.

Feelings were stretched in every direction but most of all by a massed rendition of the national anthem and a minute's silence observed with impeccable solemnity.

The 27,500 spectators will never forget their day at The Oval.

As she sang God Save The King, opera singer Laura Wright's piercing, beautiful soprano voice echoed around the ground. But she had a backing choir, too, with nearly everybody joining in. The old ground — where the first Test match in England was played in 1880 — has never seen

By JOHN ETHERIDGE



anything like it. Captain Ben Stokes said before the start of play: "The passing of the Queen has been very sad news for not only the nation but the world."

"She was someone who dedicated her life to the nation, someone that we take incredible inspiration from. We are honoured to be able to walk on to the field in memory of the Queen."

"We know how much the Queen loved this sport and the show must go on. I'm sure she'll be looking down on all the sport that's going ahead this weekend."

"I'm very pleased and proud we can walk out in her honour. "Sport is something people

come to watch and enjoy, but it also brings people together. We have tried to do that this summer with the way we've played."

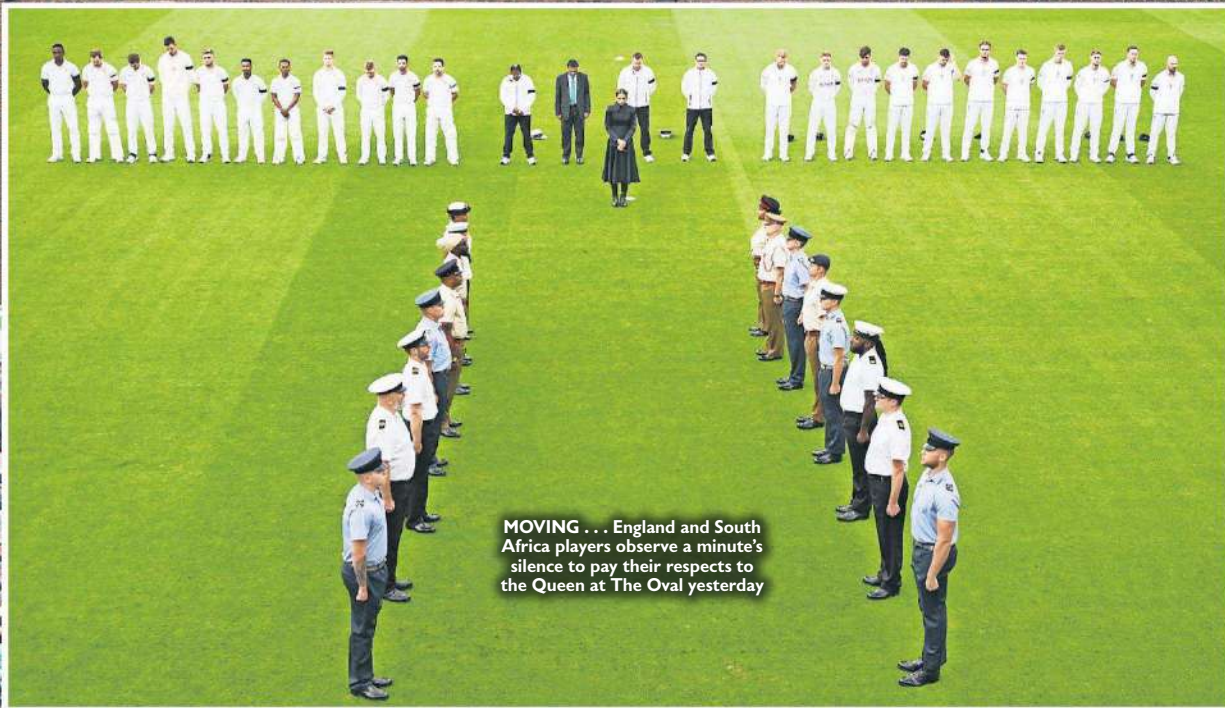
If you count this one, the Queen's reign spanned 760 England Test matches — three-quarters of all they have played.

And yesterday's play did not disappoint as the nation mourned. The crowd got to see 17 wickets fall on what was officially day three of the deciding Third Test as England finished with 154-7 in reply to South Africa's paltry 118 all out.

Ollie Pope hit a half-century and Ollie Robinson took 5-49 — his third five-for in Test cricket — and he now averages fewer than 20 with the ball for his country.

Stuart Broad captured four scalps and has 563 in Test cricket, the same as Aussie legend Glenn

TRIBUTE TO QUEEN & NEW KING



MOVING... England and South Africa players observe a minute's silence to pay their respects to the Queen at The Oval yesterday

SCOREBOARD

Third Test
England v South Africa
THE KIA OVAL: England lead South Africa by 36 runs with three first-innings wickets in hand

SOUTH AFRICA: First Inns

D Elgar b Robinson	1
S Erwee c Foakes b Anderson	0
K Petersen b Robinson	12
R Rickelton c Foakes b Broad	11
K Zondo c Lees b Broad	23
K Verreynne c Foakes b Robinson	0
P Mulder c Foakes b Robinson	3
M Jansen c Root b Robinson	30
K Maharaj b Broad	18
K Rabada not out	7
A Nortje c Stokes b Broad	7
Lb2 nb4	6

Total (36.2 overs) ... 118

Fall: 2, 7, 21, 31, 32, 36, 72, 99, 110.

Bowling: Anderson 8-2-16-1, Robinson 14-3-49-5, Broad 12-2-14-4, Leach 2-1-10-0.

ENGLAND: First Inns

A Lees b Jansen	13
Z Crawley lbw Jansen	5
O Pope c Verreynne b Rabada	67
J Root c Rabada b Jansen	23
H Brook c Rabada b Jansen	12
B Stokes c Erwee b Nortje	6
B Foakes not out	11
S Broad c Verreynne b Rabada	6
O Robinson not out	3
B1 lb1 nb6	8

Total (7 wkts., 33.4 overs) ... 154

Fall: 17, 43, 84, 107, 129, 133, 151.

Bowling: Rabada 11-4-1-78-2, Jansen 11-2-34-4, Mulder 2-0-11-0, Nortje 9-0-29-1.

Umpires: N Menon & R Kettleborough.

QUEEN ELIZABETH II



1926 - 2022

QUEEN ELIZABETH II

TWO OLLIES PUT ON SHOW TO CROWN DAY OF HUGE EMOTION

Pope 'n glory

McGrath. The toss was made exactly 48 hours before play started, with Thursday's action washed out and Friday's cancelled as the nation grieved.

And what an advantage it was for England to bowl first.

From the ninth ball of the match, Robinson rearranged South African captain Dean Elgar's stumps and then Sarel Erwee edged Jimmy Anderson,

who is playing his 175th Test. Keegan Petersen left one and was bowled, and Ryan Rickelton gave Ben Foakes the second of his four catches.

When Robinson dispatched Kyle Verreynne and Wiaan Mulder, the Proteas were 36-6 and in meltdown. The 6ft 8in Marco Jansen helped debutant Khaya Zondo double the score but it was not enough. Broad got

one to bounce to Zondo and he was caught at backward point via the shoulder of the bat.

Then Jansen was caught at slip by Joe Root and Robinson had his five-wicket haul. The bowler held up the ball in triumph.

After a winter in which his fitness and professionalism were questioned by England's management and an early summer disturbed by back and shoulder

injuries, dental problems and Covid, Robinson has bowled brilliantly in the last two Tests.

He is fitter and stronger and is beginning to fulfil his dream of being cheered like Anderson and Broad have been for years.

England batted as aggressively as they have all summer. Kagiso Rabada, one of the world's best fast bowlers, conceded runs at almost seven an over.

But wickets tumbled and England's most pressing problem was reiterated — openers Alex Lees and Zak Crawley are both struggling desperately in Test cricket.

Left-arm Jansen took the first four wickets and only Pope played an innings of any consequence before he nibbled outside off stump and was caught behind for 67.

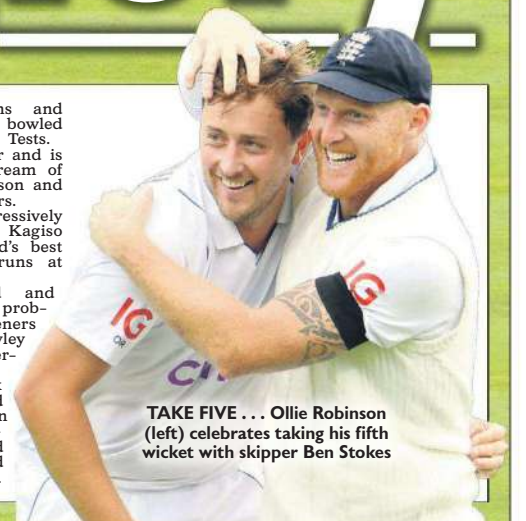
ON BOARD ... Robinson honour

Player	Wickets	Runs	Over
Robinson	5	118	36.2
Anderson	1	12	14.3
Broad	1	18	12.2
Leach	0	10	2.1
Root	1	23	11.4
Stokes	1	6	11.2
Brook	1	12	11.2
Foakes	0	11	11.2
Broad	1	6	11.2
Robinson	1	3	9.0
Nortje	1	7	9.0
Leach	0	10	2.1

FEWEST OVERS IN A TEST FIRST INNINGS AT THE OVAL

Date	Team	Runs	Overs
Sep 10, 2022	SOUTH AFRICA	118	36.2
Aug 14, 1948	England (v Australia)	52	42.1
Aug 12, 1912	South Africa	95	42.3
Aug 12, 1954	Pakistan	133	51.4
Aug 28, 1892	Australia	63	80

TAKE FIVE... Ollie Robinson (left) celebrates taking his fifth wicket with skipper Ben Stokes



Gary's FA rap

By DAN KING

GARY LINEKER accused football of missing a golden chance to celebrate the life of the Queen. Matches were called off while other sports including cricket went ahead, and Lineker (right) tweeted: "Given the wonderful and moving Turn to Page 65"



thesun.co.uk/sport
Sun Sport

Queen's day

By JACK KEENE

RACING is paying a fitting tribute to the Queen with a stunning St Leger card at Doncaster today. Flags will fly at half-mast, with jockeys in black armbands and a period of silence held before the extended nine-race card. Her Majesty was racing's Turn to Page 65



HISTORY AT THE OVAL



RASHFORD... in form

Erik goes for Rash over Ron

EXCLUSIVE
By RICHARD MORIARTY

ERIK TEN HAG has set Marcus Rashford a 20-goal target for the season to help push Manchester City all the way in the title race.

And it is claimed Manchester United's players think the team are better off with Rashford playing up front – and Cristiano Ronaldo (below) benched.

New Red Devils boss Ten Hag is a huge fan of the revitalised Rashford.

And the Dutchman has made him one of his main focuses as he bids to bring the good times back.

Rashford, 24, boasts three goals and two assists already – compared with five goals and two assists in total last season.

And Ten Hag has promised the forward he will do all he can to help him make England's Qatar World Cup squad.

A source said: "The manager wants Marcus to be United's No1 striker and lead the line up front."

"He believes Marcus has the ability to become one of the world's best and wants him to express himself in matches. He is Turn to Page 62"

Martial's boss rant
Page 62



PERFECT PITCH

Captain Ben Stokes and his team link arms to proudly sing the new national anthem, joined by an emotional crowd at The Oval

ALL THE KING'S MEN

Stokes & Co are first to belt out anthem

By JOHN ETHERIDGE

ENGLAND cricket stars were proud and emotional after becoming the FIRST national sports team to sing God Save The King since 1952.

A packed house at The Oval created a spine-tingling moment just before Charles III was proclaimed king at 11am.

After a minute's silence and the new national anthem, fans burst into applause that lasted until the first ball was bowled in the final Test of the summer against South Africa.

And Ben Stokes' England produced a fitting Turn to Page 66



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